



TEAMBIRTH



TeamBirth: Process Innovation for Clinical Safety, Effective Communication, and Dignity in Childbirth

NJ Cohort 6 Collaborative Learning Session #2

February 25th 2026



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Learning Session Agenda

Introductions

TeamBirth Core Knowledge & Skills

- Learn: Shared Planning Tool - PREFERENCES & PLAN

TeamBirth Implementation

- Implementation Roadmap & Timeline
- Current core activities:
 - DEVELOP YOUR STRATEGY
 - CUSTOMIZE TEAMBIRTH
 - ASSESS YOUR CONTEXT

Looking Ahead

- Takeaways From Today
- Action Items

NJ TeamBirth Websites

Access the **private** NJ Cohort Resource Page

www.njhcqi.org/teambirthnjcohorts

Password: NJcohorts2022!

Public TeamBirth NJ website

<https://www.njhcqi.org/shared-decision-making>

TEAMBIRTH NJ COHORT RESOURCE PAGE

TeamBirth is a shared decision-making program that aims to improve safe and respectful childbirth care. It involves a series of team huddles and other tools used during labor and delivery, to improve communication and ensure care that aligns with patient preferences.

Developed by Ariadne Labs, TeamBirth was designed to operationalize best practices in communication, teamwork, and clinical care, in collaboration with experts from the major professional organizations in obstetrics in the United States, including ACOG, SMFM, ACNM, and AWHONN. The goal is to ensure these practices are occurring reliably with all patients throughout every labor.



COLLABORATIVE LEARNING SESSION SLIDES

COHORT 2 SEE RESOURCES	COHORT 3 SEE RESOURCES	COHORT 4 SEE RESOURCES
COHORT 5 SEE RESOURCES	COHORT 6 SEE RESOURCES	

RESOURCES

- GENERAL TEAMBIRTH INFORMATION ○
- DISCUSSION GUIDES ○
- PATIENT SURVEYING ○
- PUBLICATIONS ABOUT TEAMBIRTH ○
- STAFF TRAINING ○
- TEAMBIRTH DATA SUBMISSION FORMS ○

TeamBirth Core Knowledge & Skills



TeamBirth **Core** Components

Critical to successful delivery of TeamBirth across the maternal health continuum

1.

STRUCTURED TEAM HUDDLES

Structured conversations that includes the birthing person and their support people



2.

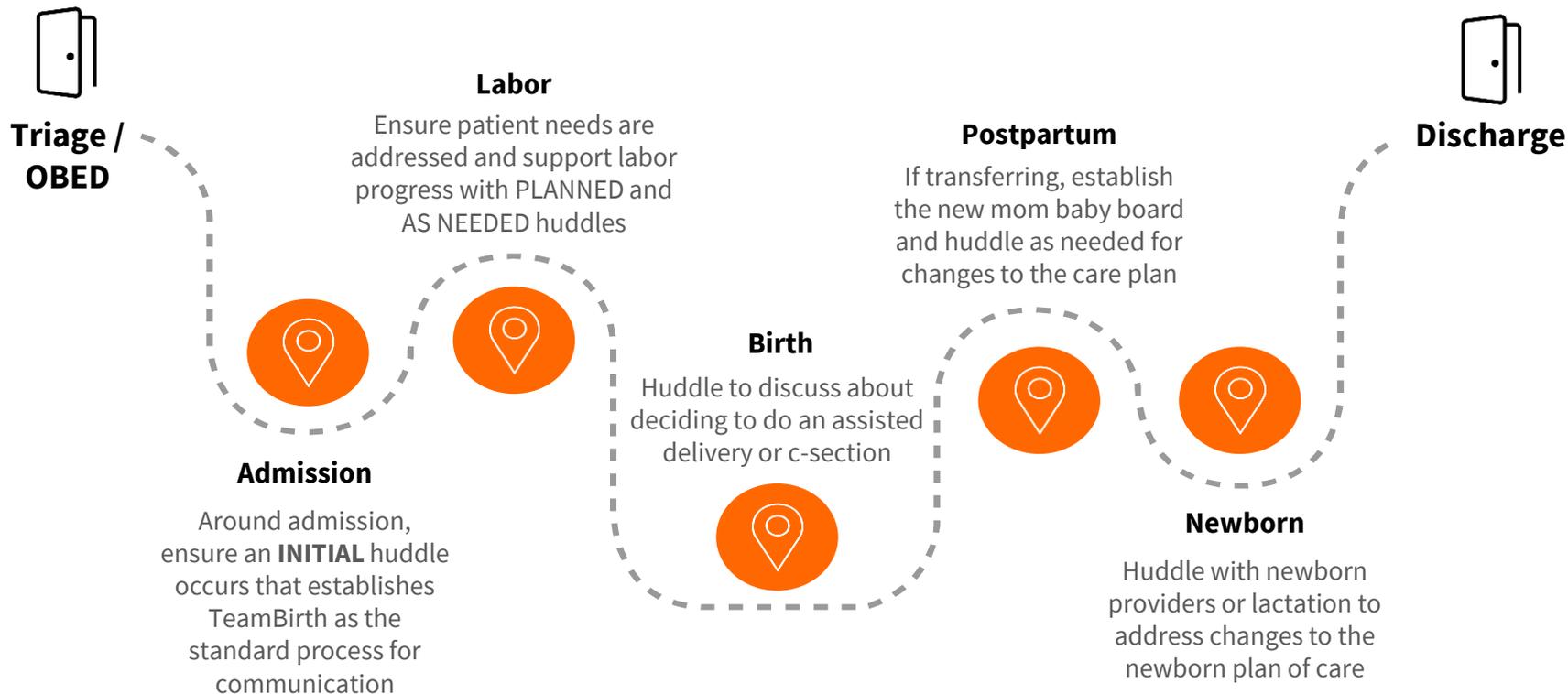
SHARED PLANNING TOOL

Visual tool that structures communication and provides space to document discussions during huddles



WHEN TO HUDDLE: Door to Door TeamBirth

There are **key moments** throughout each journey when it is essential to use TeamBirth.



Shared Planning Tool

TEAM

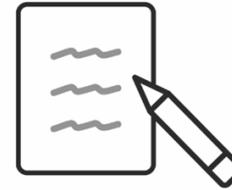


PLAN

Me

Baby

Progress



PREFERENCES



NEXT HUDDLE



TEAM

KEY BEHAVIOR: Promote the role of each team member



INTENT

To ensure all roles have valuable input in shared decision-making

To establish **psychological safety** by providing an invitation and ongoing opportunity to participate

DETAILS

- Verbalize that a TeamBirth huddle is occurring
- Start with the patient followed by their support people
- Ensure relevant team members are included
- May include additional information (e.g. here until 7 pm shift change)

Shared Planning Tool

TEAM

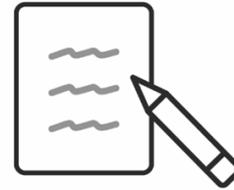


PLAN

Me

Baby

Progress



PREFERENCES



NEXT HUDDLE



TEAMBIRTH



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Shared Planning Tool
Version April 2024

PREFERENCES

KEY BEHAVIOR: Elicit patient preferences, thoughts, & concerns to inform the current plan



INTENT

To humanize the person giving birth & gain insight to what matters most now

To give customized clinical care

To facilitate **equitable care**

DETAILS

- May include referencing an already established birth plan
- Expect them to change over time
- They are opportunities to discuss expectations
- Encourage support people to help write in this section
- Should be written in the patient's word choice (ie. break water vs AROM)



Eliciting Preferences

Talking through preferences is a key component to providing safe, dignified care.

Open-ended questions asked during a huddle, elicit preferences

These **questions** can help clinicians:

- Identify what gives the patient a sense of safety and comfort
- Gauge how the plan is being understood by everyone on the care team

The **answers** can help clinicians identify opportunities to:

- Provide education
- Adjust expectations
- Minimize conflict or confusion



Eliciting Preferences

What are some examples of open-ended questions that can elicit preferences?

- ❖ What are you concerned or worried about right now?
- ❖ What are your hopes or wishes right now?
- ❖ What is bothering you or frustrating you right now?
- ❖ What is comforting you or reassuring you right now?



See the Training Resource: *Eliciting Preferences*



Equitable Care

The concept facilitated via the PREFERENCES section and key behavior

Birth equity refers to the principle and goal of ensuring that every individual, regardless of their background or circumstances, has access to safe, respectful, and high-quality maternity care throughout the childbirth process

It emphasizes **addressing and eliminating disparities, inequities, and systemic barriers** that contribute to unequal birth outcomes and experiences among different populations.

Inequality

Unequal access to opportunities



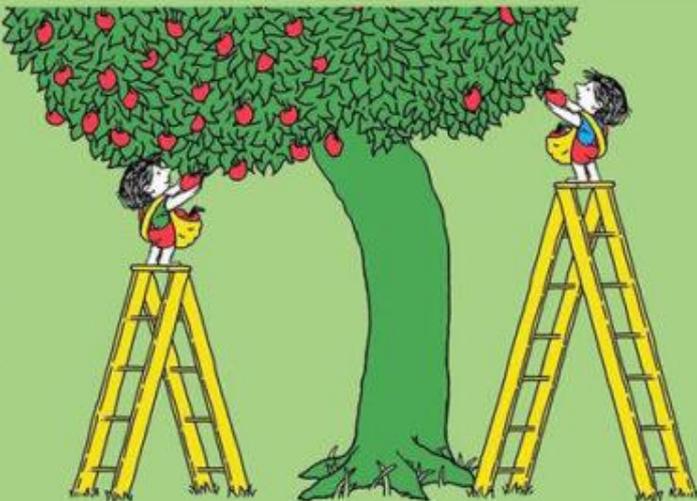
Equality?

Evenly distributed tools & resources



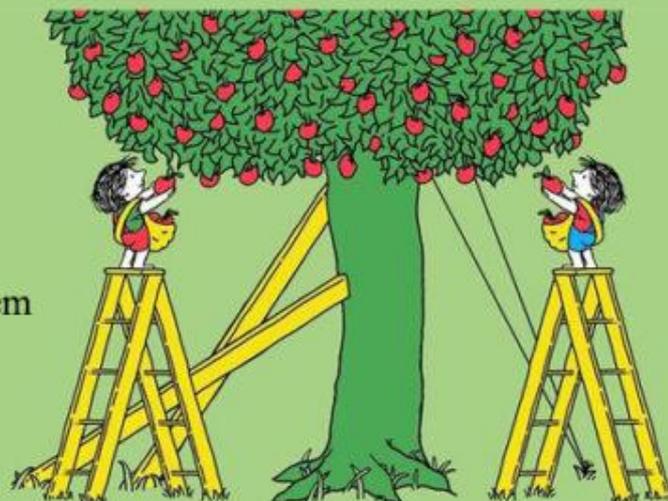
Equity

Custom tools that identify & address inequality



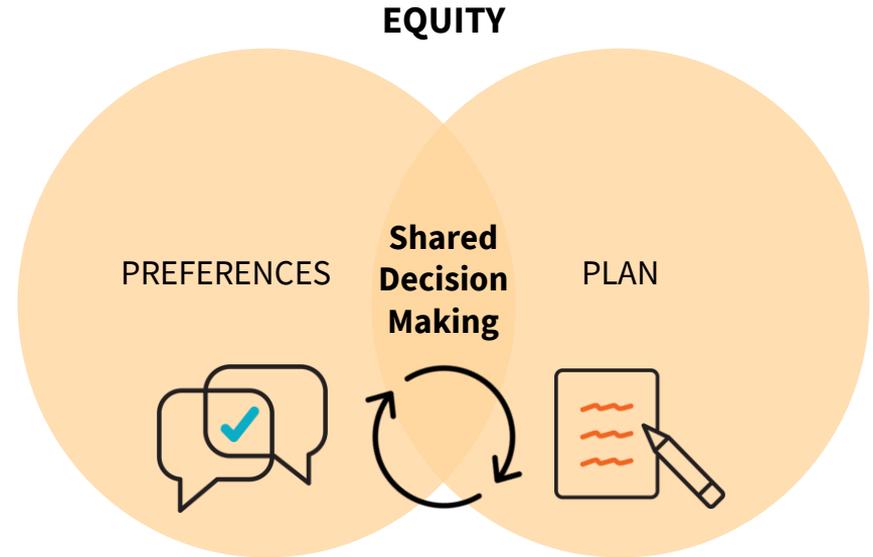
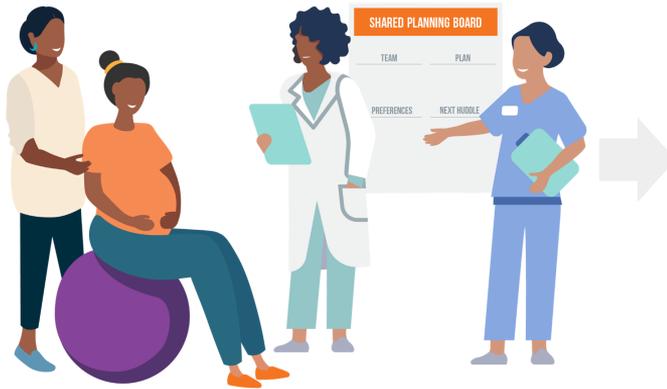
Justice

Fixing the system to offer equal access to both tools & opportunities



Equitable Care

Starting with TeamBirth's Core, the connection between the PREFERENCES and PLANS leads to equitable care via shared decision making





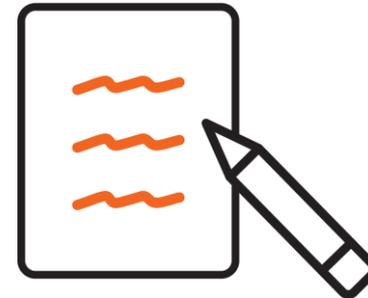
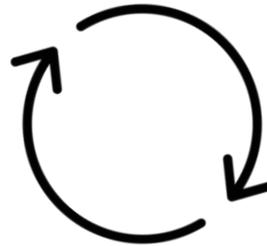
CONNECTION: **PREFERENCES AND PLANS**

Patient preferences discovered in the Preferences section of the Huddle directly inform what is prioritized in the Plan section.

Elicit patient preferences that inform care planning



Distinguish the different care plans for the birthing person, baby, and labor progress



Shared Planning Tool

TEAM

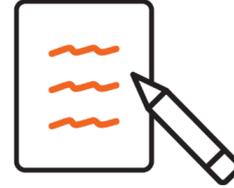


PLAN

Me

Baby

Progress



PREFERENCES



NEXT HUDDLE



PLAN

KEY BEHAVIOR: Distinguish the different care plans



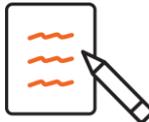
INTENT

To ensure transparency and precision during care planning

To facilitate clear communication and **shared-decision making**

DETAILS

- Plan content should be written in patient friendly language
- Each Huddle the Plan should be discussed even if no change is made
- Can be updated more frequently as needed by the nurse

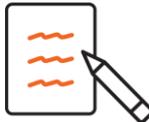


Shared decision-making

The concept facilitated via the PLAN section and key behavior

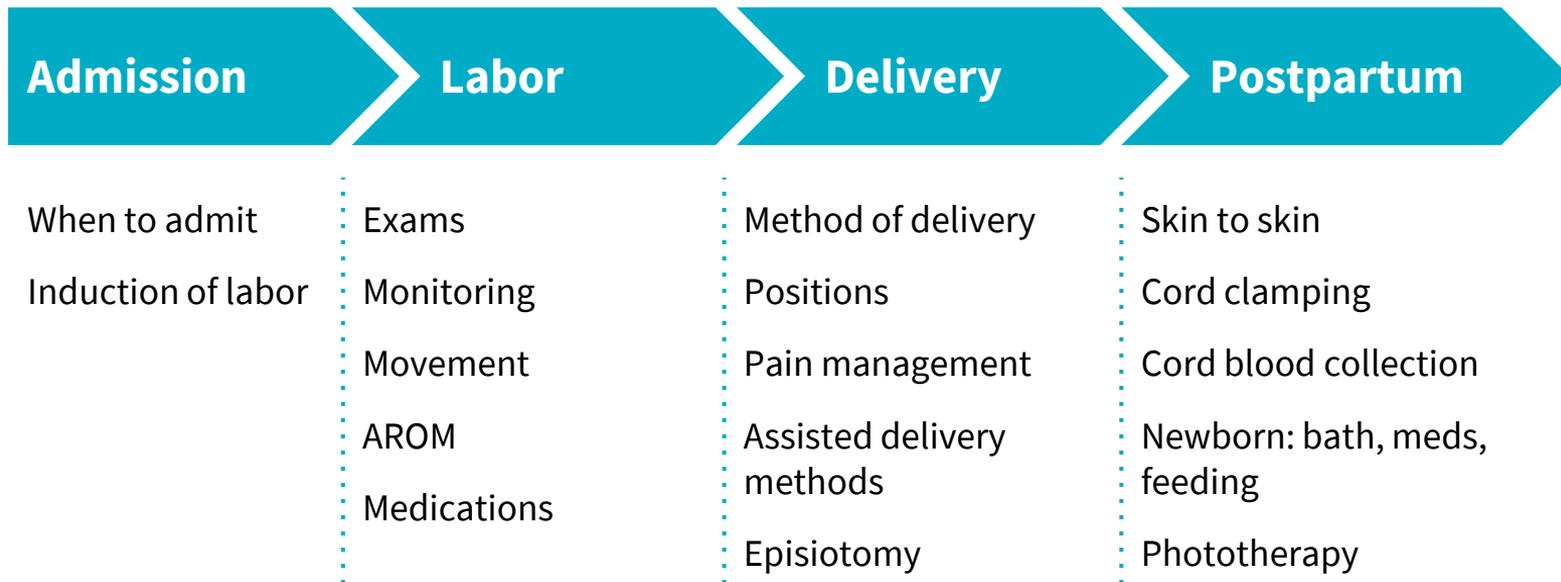
An approach where:

- Clinicians and patients discuss the best available evidence when faced with making decision about their care
- Patients are supported to share their preferences and to consider their options in order to make an informed decision about next steps



Shared Decision-Making Opportunities

Examples of moments when shared decision-making is used

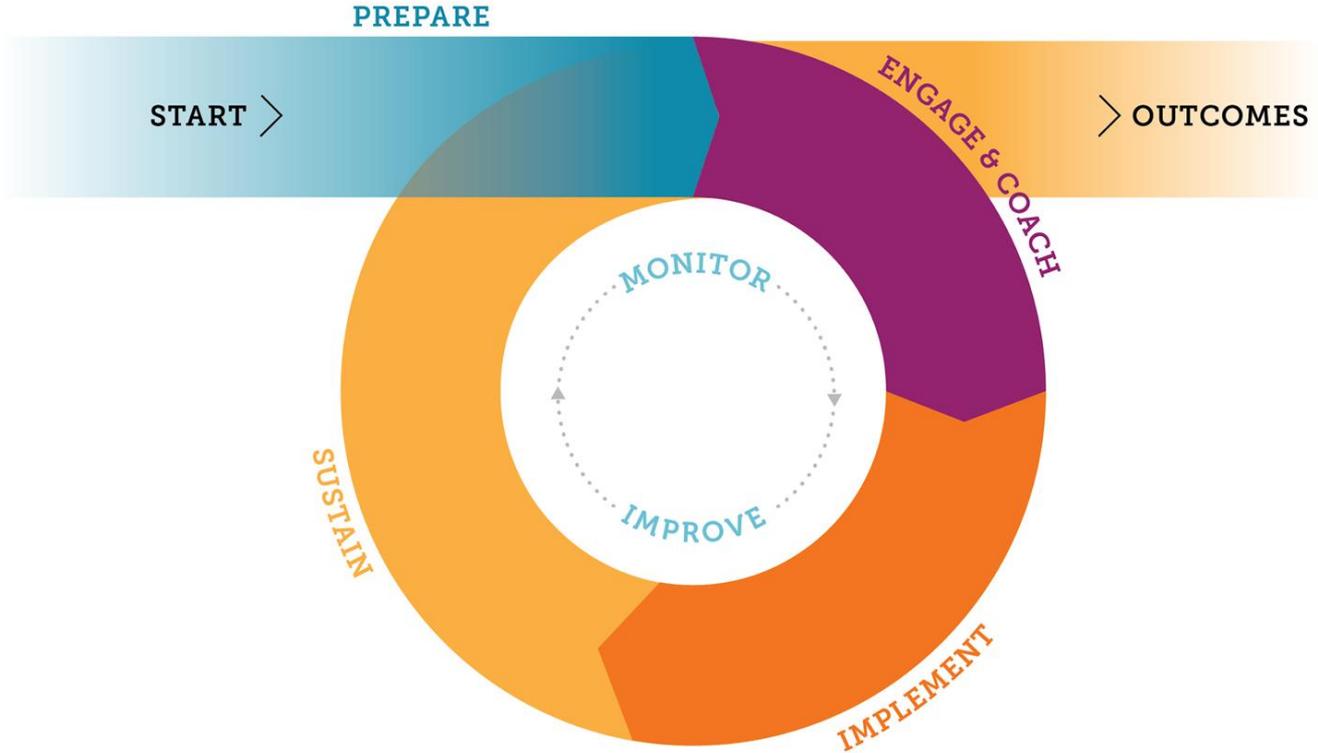


TeamBirth Implementation



TeamBirth Implementation Pathway

Guiding practice and culture change activities to ensure effective and sustainable implementation





TeamBirth Implementation Roadmap

Today's focus

PHASE	PREPARE	ENGAGE & COACH	IMPLEMENT	SUSTAIN
CORE MILESTONES	☐ Project Kick Off	☐ Boards Installed	☐ TeamBirth Go Live	☐ Showcase Results
CORE ACTIVITIES	<ul style="list-style-type: none"> ✓ Build your team ✓ Develop your strategy ✓ Assess your context ✓ Customize TeamBirth 	<ul style="list-style-type: none"> ✓ Socialize culture change ✓ Provide training ✓ Practice huddles ✓ Conduct patient surveys 	<ul style="list-style-type: none"> ✓ Monitor progress ✓ Celebrate wins ✓ Collect huddle & experience data ✓ Iterate & improve 	<ul style="list-style-type: none"> ✓ Onboarding & continuing education ✓ Systematic quality improvement ✓ Evaluate impact ✓ Identify areas for expansion

PREPARE

START >

> OUTCOMES

ENGAGE & COACH

MONITOR

Core Implementation Activity:
DEVELOP YOUR STRATEGY

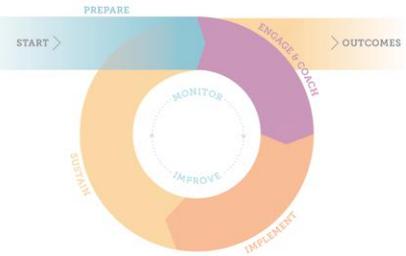
IMPROVE

USTAIN

IMPLEMENT

DEVELOP YOUR STRATEGY

Use the [HOW TO worksheets](#) to get started on your strategy



HOW TO | Develop Your Implementation Strategy

ARADINE LABS | TEAMBIRTH

HOW TO Develop Your Implementation Strategy

Successful implementation of any quality improvement project requires thorough planning and a specific project management strategy. Once you have built your team, it is essential to set a strong foundation for success by clearly aligning on project goals, the timeline, and a systematic implementation plan. Leverage your existing experience and frameworks for carrying out QI work and/or use this guide to support you in your journey.

With input from your teams, align on a shared understanding of:

GOALS	<input type="checkbox"/> What is your unique mission statement? <input type="checkbox"/> What specific goals do you have for your TeamBirth implementation?
RESOURCES	<input type="checkbox"/> What resources do you have available: staff, funding, time, internal systems, etc? <input type="checkbox"/> What is your implementation budget and implementation team allocations?
TIMELINE	<input type="checkbox"/> When do you expect key milestones to occur throughout the implementation?
GOVERNANCE STRUCTURE	<input type="checkbox"/> How will your leadership and implementation team members make decisions, resolve challenges, and share information throughout implementation and ongoing during sustainability? <input type="checkbox"/> Plans for executing each implementation activity (see Roadmap)
COMMUNICATION STRATEGY*	<input type="checkbox"/> Who across your system (leadership, staff, clinicians, etc) do you need to engage? <input type="checkbox"/> What do they need to know? When and how?
IMPLEMENTATION PLAN	<input type="checkbox"/> How will you execute each of the implementation activities (e.g. customizing your board, training staff, measuring experience, etc)? <input type="checkbox"/> How will you provide technical and clinical support to reach your goal? <input type="checkbox"/> How will you measure progress on your activities and goals? How will you measure impact? <input type="checkbox"/> How will you collect, analyze, and learn from data to inform improvement?

*See other HOW TO worksheets for additional details. Socialize and Build Support and Develop Your Measurement Strategy.

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How To | Develop Your Implementation Strategy | Page 1 of 1

HOW TO | Develop Your Measurement Strategy

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HOW TO Develop Your Measurement Strategy

A clear measurement strategy (part of the implementation strategy) describes the monitoring and evaluation goals for your project, key questions associated with those goals, the data needed to answer those questions, and the methods you'll use to collect and analyze the data. Developing and aligning on your measurement strategy ensures that you can systematically and continuously learn about what is going well and what opportunities there are for improvement.

Data informed decision-making and iteration is essential to reach your implementation goals, without systematically collected monitoring and evaluation data, you won't know what your strengths are, what needs to change, and whether you were successfully achieved impact.

With input from your teams, align on a shared understanding of:

GOALS & LEARNING QUESTION	<input type="checkbox"/> What specific monitoring & evaluation questions do you hope to answer in order to reach your goals (see Implementation Strategy in Step 2), in the short- and long-term?
DESIRED DATA	<input type="checkbox"/> What types of data do we need in order to answer our learning questions? (aka What indicators and metrics do we need?) <input type="checkbox"/> Which data are highest priority? <input type="checkbox"/> What are the possible sources of this data?
METHODS	<input type="checkbox"/> How, when, and for whom are you going to collect your priority data? <input type="checkbox"/> How will you analyze the data and how will you use your findings for decision making and improvement?
DATA COLLECTION TOOLS	<input type="checkbox"/> What data collection do you already have and what tools need tailoring or development?

TeamBirth implementation requires input from patients and care teams. At minimum, your strategy should include:

Context Assessment	Patient Survey	Continuous Feedback Opportunities
The implementation survey of readers and staff to identify strengths and opportunities in your organization	TeamBirth paper or digital survey to collect first hand experiences of patients throughout implementation	Staff progress surveys and other touch points to elicit input from staff about what is working and what needs to improve

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How To | Develop Your Measurement Strategy | Page 2 of 2

HOW TO | Develop Your Communication Strategy

ARADINE LABS | TEAMBIRTH

HOW TO Develop Your Communication Strategy

Socialize TeamBirth to build familiarity and buy-in across staff and clinicians. By engaging colleagues and inviting them to participate in the implementation of TeamBirth, you build a foundation of support that is necessary for successful and sustained change.

The Communication Strategy developed as part of the implementation strategy identifies your priority audiences so you can create key messages and materials to begin engaging colleagues across your system. Some key messages or points to engage in with colleagues include:

THE BASICS	What is TeamBirth and why is it important?
THE GOALS	How does this project align with your individual, team, or organizational priorities and values?
THEIR ROLE	What will be asked of them and how they benefit by participating (what's in it for them)?
WHAT TO EXPECT	How will everyone learn about the project and be supported throughout implementation? Where and when the opportunities will be to engage and provide feedback?

Everyone touched by TeamBirth should be included in TeamBirth socialization and engagement. People react differently to change and there will be different levels of enthusiasm for TeamBirth. It is important to use many different strategies to engage people and meet them where they are at.

Strategies for Socializing TeamBirth may include:

- Present at OB and Pediatric Department Meetings
- Screening the "What is TeamBirth" video (QR Code)
- Add TeamBirth presentations to staff meetings
- Add TeamBirth goals and strategies to weekly staff newsletters/emails or "Potty Note" in halls of staff bedrooms
- Share TeamBirth details with the Quality Department
- One-on-One conversations with colleagues

Scan or click for the [Why TeamBirth Video](#)

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How To | Develop Your Communication Strategy | Page 1 of 1

PREPARE

START >

> OUTCOMES

ENGAGE & COACH

MONITOR

Core Implementation Activity: **ADAPT TEAMBIRTH**

IMPROVE

USTAIN

IMPLEMENT



PREPARE PHASE

ADAPT TEAMBIRTH

CORE: Co-design your site's unique TeamBirth process and shared planning tool

OBJECTIVES

Design your unique shared planning tool design

Test, iterate, and finalize your design based on feedback from care team members

Determine when to huddle based on how your units work

Milestones:

- Board design finalized
- Boards ordered
- Boards installed

ADAPT

Who you involve in your design process

Your methods for co-design and small-scale testing

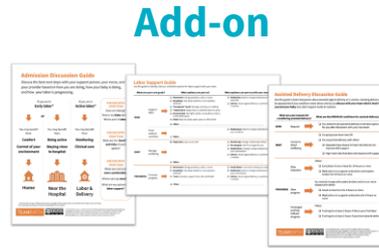
Your ording and installation process

Adapting TeamBirth

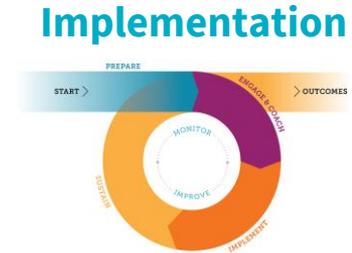
We will offer guidance, recommendations, and examples for how each TeamBirth component and activity can be adapted



Must be done



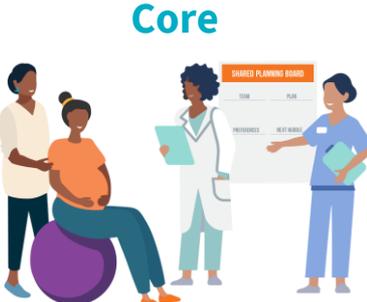
Recommended yet optional



Activities we focus on together

All should be adapted to fit your unique context needs

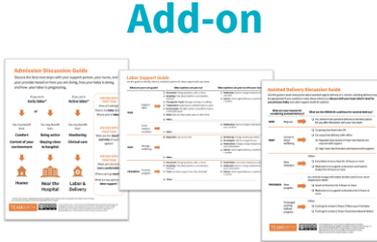
Examples of opportunities for adaptation



Visual tool
 Verbalizing the Huddle
 Having an initial Huddle



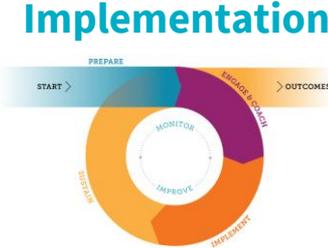
White board or printed inserts
 Naming “Huddles” something different
 Huddle in triage or when deciding to admit



Simple 1-pager
 Differentiated Plan structure
 Shared with patient



Include branding
 Using “birthing person” instead of “Me”
 Shared as printed paper or digital copy



Build your team
 Collect experience data
 Provide training



Different #s and roles on the team
 Gather experiences via surveys, conversations, or other methods
 Train in-person, via videos, or e-learning modules

Adapting TeamBirth

Review the **TeamBirth Components** resource for guidance on adapting the Core and Add-on Components of TeamBirth to your unique context

go.ariadnelabs.org/TBcomponents

The screenshot shows the 'TeamBirth Components' resource page. At the top, it features the 'TEAMBIRTH' logo and 'TEAMBIRTH CORE COMPONENTS' text, along with the 'ARIADNE LABS' logo. The main heading is 'TeamBirth Components', followed by an introductory paragraph explaining the document's purpose. Below this, there are two main sections: 'CORE COMPONENTS' and 'ADD-ON COMPONENTS'. The 'CORE COMPONENTS' section includes a list of four key behaviors and a list of four add-on components. The 'ADD-ON COMPONENTS' section explains that these are recommended tools that can be implemented in addition to the core components. At the bottom, there is an 'ADAPTABLE' section with a diagram and text explaining that core components must be done, while add-on components are optional but should be adapted to fit unique context needs. A 'USING THIS GUIDE' section provides further instructions on how to use the resource. The page is numbered '1' at the bottom right.

TEAMBIRTH TEAMBIRTH CORE COMPONENTS **ARIADNE LABS**

TeamBirth Components

This document will help you understand the Core Components and optional Add-On Components of TeamBirth. TeamBirth is a care process innovation involving several intervention components that work together to improve safety and dignity in childbirth. Some components are required for success; others can be added on as needed. In addition to defining the components, this resource offers guidance, recommendations, and examples for how each TeamBirth component can be adapted to best fit your context.

CORE COMPONENTS

Core components are critical to successful delivery of TeamBirth across the maternal health continuum. They are Structured Team Huddles and the Shared Planning Tool.

These core components ensure TeamBirth's Four Key Behaviors occur at every huddle:

1. Promoting each member of the team
2. Eliciting patient preferences
3. Distinguishing care plans
 - Labor and Delivery/Triage: patient, baby, and labor progress
 - Antepartum and Postpartum: patient and baby
4. Setting clear expectations for the next huddle

ADD-ON COMPONENTS

These shared-decision making tools are recommended components that can be implemented **in addition to the Core**. These tools can be used as needed in your context and are particularly encouraged if you are not already using other shared decision-making tools.

ADAPTABLE

Previously named "flexible" Core components must be done, and add-on components are optional, **but both should be adapted to fit your unique context needs.**

Guidelines describe how they can be delivered in different ways while maintaining fidelity to TeamBirth's Core components.

USING THIS GUIDE

In the following pages, each component is featured as a section header with its corresponding visual and details that include component definition, guidelines and recommendations for adaptation, and examples.

This evidence-based tool was developed and tested to take current national guidelines and word them in patient-friendly language. It can be adapted to match site branding and specific context needs, but content must be maintained to ensure fidelity to best practice guidelines.

- Add site logo or header
- Translate into relevant languages
- Incorporate standard review of this guide in all huddles called for Category 2 FHR tracings and labor progress concerns
- Track documentation of the use of the guide for instrumented births and unplanned c-sections

1

Examples



Welcome to Saint Peter's University Hospital

Thank you for choosing **SAINT PETER'S UNIVERSITY HOSPITAL**
A MEMBER OF SAINT PETER'S HEALTHCARE SYSTEM

Allergies: **Date:** **Room:** **Food #:**

Meet Your Care Team	We are having a...	Care Plan
Name: Support People: Doula: Nurse: Provider:	Boy Girl Surprise	For Me For Baby For My Labor Progress Next TeamBirth Pause
Preferences, Hopes, Desires		
Early Labor	Active Labor	Pushing

Welcome to Saint Peter's University Hospital

Allergies:



Date:



Room:



Food #:

Meet Your Care Team

Name:

Support People:

Doula:

Nurse:

Provider:

We are having a...



Surprise

Care Plan

For Me

For Baby

For My Labor Progress

Next TeamBirth Pause

Preferences, Hopes, Desires



1cm

2cm

3cm

4cm

5cm

6cm

7cm

8cm

9cm

10cm

Early Labor

Active Labor

Pushing

Examples



Welcome to Labor & Delivery



Date: / / Room # : Dining On Call: 13663 Housekeeping: 19400

Care Team:

Me: Baby:
Support Person: Neonatologist:
Nurse: Pediatrician:
Hospitalist / OB:
Midwife:
Others:

Care Plans:

Me:
Baby: We're having a _____

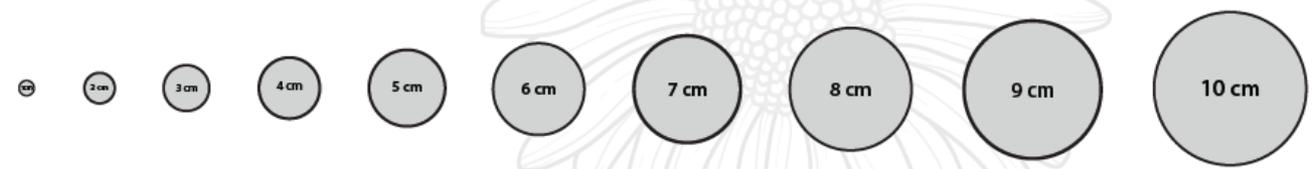
Labor Progress:

Birth Preferences:

Next Huddle:

Pain Management:

DILATION CHART



Welcome to Labor & Delivery

Date: / / Room # : Dining On Call: 13663 Housekeeping: 19400

Care Team:

Me: *Jade* Baby: *Simone*
Support Person: *Kyle - partner* Neonatologist:
Nurse: *Maria* Pediatrician: *Dr. Williams*
Hospitalist / OB: *Dr. George*
Midwife: *Amanda*
Others:

Birth Preferences:

I'm so hot! Lots of photos! *At birth: No vacuum,*
Pain Management: *Kyle wants skin to skin too*
epidural eventually, wait if possible

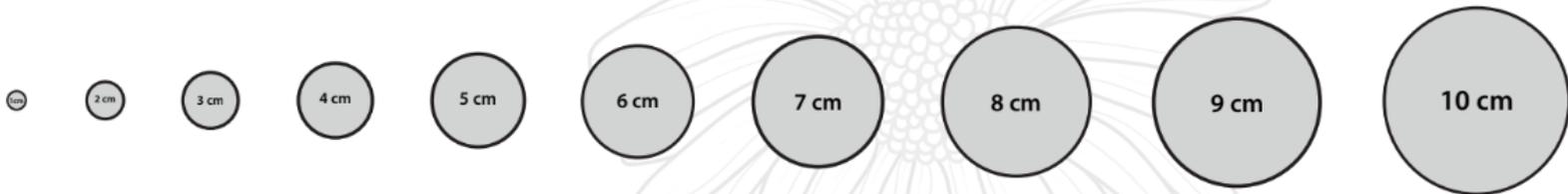
Care Plans:

Me: *Keep fan close*
Keep cool with ice and wet facecloths
Baby: We're having a _____
Listen to baby on and off
Labor Progress: *Keep moving!*
Ball, stand and sway

Next Huddle:

After next exam (in a couple hours)
By request

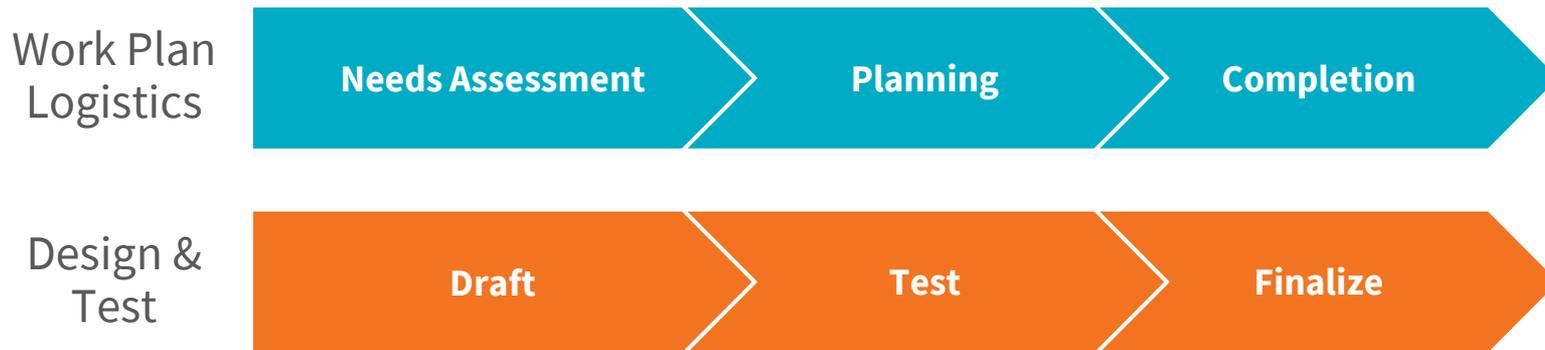
DILATION CHART





Design your tool

Get your team together and start designing your shared planning board





Design your tool

Create a work plan to ensure your team can manage the process efficiently

Work Plan
Logistics



- How many rooms?
- What type of boards for each room: triage, postpartum, L&D, etc?
- Are frames needed?
- Dry erase or inserts?
- Writing utensils for each board?
- Establish available budget & desired timeline
- Identify vendor
- Clarify regulatory and branding requirements
- Engage relevant stakeholders: marketing, patient experience, purchasing, facilities, etc
- Work plan design and test activities
- Set deadlines for purchasing and installation
- Order boards
- Install boards

Design your tool

Use the TeamBirth Components resource to guide your unique adaptations

Design & Test



Review examples

Edit the template

Get input from care team

Get input from patients / advocates

Make a prototype with paper or a dry erase board

Have champions try out the draft

Use different Huddle scenarios with the draft

Get feedback on what works and what doesn't

Update your draft based on feedback

Finalize design with appropriate approvals

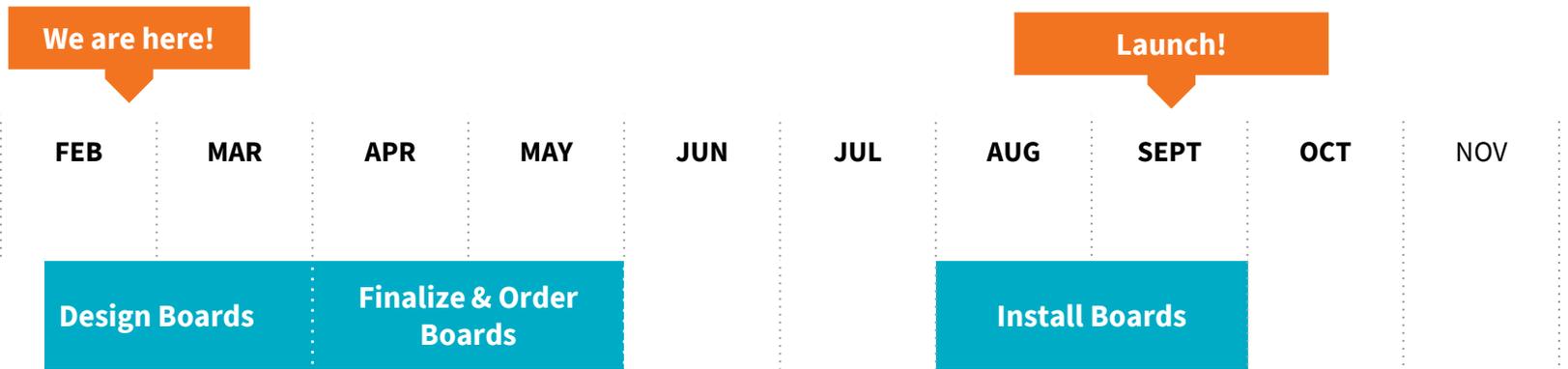
Send your final design to your TeamBirth Coach for review





Shared Planning Board Timeline

Start by training and practicing with your champions so they are ready to support staff training this fall through launch



Boards are installed before launch day

PREPARE

START >

> OUTCOMES

ENGAGE & COACH

MONITOR

Core Implementation Activity: **ASSESS YOUR CONTEXT**

IMPROVE

USTAIN

IMPLEMENT



PREPARE PHASE

ASSESS YOUR CONTEXT

CORE: Survey leaders, implementers, and frontline staff and review results to learn how implementation can leverage strengths and address opportunities for improvement

OBJECTIVES

Understand how and why we use Atlas for conducting a context assessment
Prepare for surveying your staff with the digital surveys

Milestones:

- Pre-implementation survey results shared (before go live)
- Progress survey results shared (after go live)

ADAPT

Your strategies for administering the surveys and how you apply results to your implementation effort

Atlas makes context assessment **easier**, **quicker**, and **actionable**



Saves time with quick early surveys



Makes the “invisible” visible



Shows site-specific patterns over time



Informs implementation strategies



Fosters conversations across teams at every level



Contributes to innovative research



The Atlas Context Assessment

Surveys leaders, implementers, and frontline staff to learn how implementation can leverage strengths and address pain points

Survey	Why	When	How Long	Who*		
				L	S	I
Pre-Implementation	To inform decisions about readiness to implement and the design of the implementation strategy	Before launch	5 - 10 mins.			
Progress	To assess if the implementation plan is working and inform modifications to the plan	3-6 months after launch	5 - 10 mins.			

* L = leaders
 S = staff (clinical frontline)
 I = implementation team

The following statements are about THIS IMPROVEMENT WORK.

Leadership is committed to this improvement.

Agree <input type="radio"/>	Somewhat Agree <input type="radio"/>	Somewhat Disagree <input type="radio"/>	Disagree <input type="radio"/>	Don't Know <input type="radio"/>
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There are people in each of the disciplines involved in this improvement who will promote this work.

Agree <input type="radio"/>	Somewhat Agree <input type="radio"/>	Somewhat Disagree <input type="radio"/>	Disagree <input type="radio"/>	Don't Know <input type="radio"/>	N/A <input type="radio"/>
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Surveys are **simple** and
shared with a **link or QR code**

The Atlas Context Assessment

Review of the reports during coaching calls will inform implementation planning



SITE CAPACITY

Areas for improvement

Strongest areas

ABILITY TO IMPLEMENT

INTERNAL CULTURE

COMMITMENT & MOTIVATION

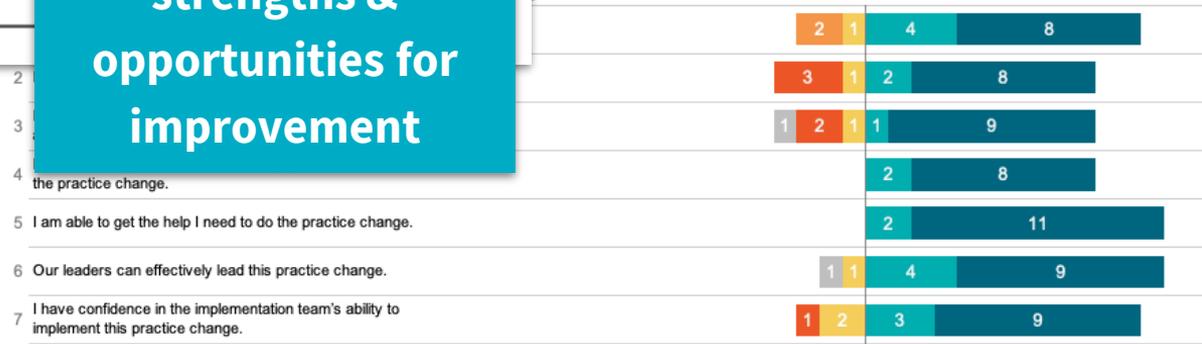
TEAM FUNCTIONALITY

Reports highlight strengths & opportunities for improvement



(Teacher/Staff Perspective)

■ Don't know
 ■ Don't agree
 ■ Slightly agree
 ■ Moderately agree
 ■ Mostly agree
 ■ Completely agree



Looking Ahead



Implementation Timeline



Go Live!

Today's Key Takeaways



Shared Planning Tool: PREFERENCES

- Opportunity to elicit what matters now - HEAR your patient here
- Can change over time

Shared Planning Tool: PLAN

- Written in patient friendly language
- Clearly distinguishes plans for: mom, baby, and labor progress
- Discussed at every Huddle even if no change is made

Develop Your Strategy

- Discuss project goals, timeline, and implementation strategies

Customize TeamBirth

- Plan for and start designing your site's shared planning tool

Assess Your Context

- Surveying staff to understand your strengths and opportunities for improvement



Action Items



*Implementation
Pathway*

Action Items

Details & Resources

General	Familiarize yourself with the NJ Cohort Resource Page and resources	http://www.njhcqi.org/teambirthnjcohorts Password: NJcohorts2022!
DEVELOP YOUR STRATEGY	Use HOW TO worksheets with your implementation team to start drafting your plans	HOW TO Develop Your Implementation, Communication, and Measurement Strategy
CUSTOMIZE TEAMBIRTH	Use this HOW TO resource to plan your process for tool design and testing; Start planning and drafting your boards	HOW TO Customize Your Shared Planning Tool
	Review the examples resource	On the cohort resource page: TeamBirth Board Examples and Board Evaluation Form
ASSESS YOUR CONTEXT	Send a list of the number of staff and members	
	Prepare for Atlas Survey with leaders, staff, and providers	

Next Steps

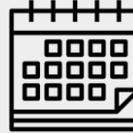
Learning Session 3

March 25, 2026

1:00 - 2:00 pm EST

Share your feedback!

- Anonymous
- Short survey
- Tell us what you like
- Tell us how to improve



Coaching Calls

See follow up email for Learning **Session Handout**



Email Armonie & Christine for

- Support and updates
- Resources
- Implementation Questions & Needs

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