

TeamBirth NJ Cohort 6 - Learning Session Handout #1, January, 28th 2026

Welcome to TeamBirth NJ Cohort 6! You will receive a handout after each collaborative learning session to provide a summary of key takeaways and action items that should guide your work until your TeamBirth Coaching Call. We look forward to getting to know your teams better and supporting you as you implement TeamBirth at your facilities.

Key Takeaways from the Learning Session

See session slide deck on the cohort resource page for more details.

Build your team	Ensure you have the right people, structures, and processes in place to carry out implementation activities. An Implementation Team, leaders, and role-based champions are essential.
Socialize culture change	Building familiarity and buy-in for TeamBirth across staff and clinicians starts now, first with the implementation team.

Action Items

Before our next coaching call, work on the following items:

General	<ul style="list-style-type: none"> Familiarize yourself with your TeamBirth Cohort 6 Resource Page: http://www.njhqcqi.org/teambirthnjcohorts Password: NJcohorts2022! Continue Baseline Patient Surveying in Postpartum Units
Build your team	<ul style="list-style-type: none"> Review if you need to add anyone to your Implementation Team and Champion list. Determine time and cadence for internal Implementation Team meetings Continue identifying TeamBirth champions
Socialize culture change	<ul style="list-style-type: none"> Utilize the TeamBirth resources (on the Cohort Resource Page or go.ariadnelabs.org/TeamBirth) to start socializing TeamBirth Ensure your Implementation Team watches the Why TeamBirth Video (go.ariadnelabs.org/Why_TeamBirth)
Assess your context	<ul style="list-style-type: none"> Submit your clinician and staff numbers per unit via the cohort resource page (scroll down to Resources > TeamBirth Data Submission Forms > Submit Clinician and Staff Numbers) <ul style="list-style-type: none"> We are looking for the number of nurses, residents, midwives, and physicians on your Antepartum, Triage / OB ED, L&D, and Postpartum units.

NEXT COACHING CALL: Please bring any questions or concerns. We will discuss site-specific details related to the above.

NEXT LEARNING SESSION

Wednesday, February 25th @ 1pm EST (every 4th Wednesday)