



A BI-WEEKLY LOOK AT THE BUSINESS & POLITICS OF HEALTH CARE IN NEW JERSEY

What's Included In This Edition:

<u>Schwimmer Script</u> - Navigating the Promise and Peril of AI in Health Care

<u>Take Five Interview</u> - Dan Holub, Director of Research and Economic Services, New

Jersey Education Association (NJEA)

<u>The Healthcare Foundation of New Jersey Interviews Our Chief of Quality, Adelisa Perez-Hudgins, MSN, RN</u>

Celebrating TeamBirth Cohort 4 Launches

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Navigating the Promise and Peril of AI in Health Care

From clinical decision-making to how insurers manage care and patients seek medical advice, AI is transforming every corner of the health care system. The challenge is to ensure these tools enhance — not endanger — patient safety, trust, and health outcomes.

Already, clinicians are using AI to interpret imaging, detect early signs of disease, and streamline administrative work. For example, AI-driven radiology tools can flag abnormalities faster than a human eye, allowing earlier intervention. Predictive algorithms help identify the patients who are at high risk for readmission or complications. And natural language processing tools are turning doctor-patient conversations into structured records, saving clinicians time and potentially improving accuracy.

But AI is only as good as the data it learns from. If training data reflects historic bias, algorithms can perpetuate disparities. A risk model that underestimates illness severity in certain populations or makes faulty assumptions can worsen inequities — not solve them...

TAKE FIVE INTERVIEW

Dan Holub, Director of Research & Economic Services, New Jersey Education Association



Interviews with members, influencers, and noteworthy people

The <u>New Jersey Education Association (NJEA)</u> is a member of the Quality Institute's Purchaser Council.

<u>Interview Sneak Peek:</u> When your members choose health care providers or facilities, what additional information or tools would help them select safe, high-quality care?

I don't believe there's a single tool that can fix this. What's really needed is a stronger primary care system. Families should be able to rely on their primary care providers, who must be empowered to guide patients to quality, cost-effective care. Right now, too often, business interests in the health system push patients toward higher-cost providers without patients even realizing it.

Along with strengthening primary care, we need real transparency in pricing. Many New Jersey hospitals are still not in full compliance with federal price transparency rules. That's why NJEA joined the <u>New Jersey Coalition for Affordable Hospitals</u>, which is promoting state legislation to address this problem. With better transparency, health plans can help direct members toward providers who deliver both quality and value. One piece of legislation, <u>Assembly Bill 5376</u>, is aimed squarely at this issue...

Read Full Interview

The Healthcare Foundation of New Jersey Interviews Our Chief of Quality, Adelisa Perez-Hudgins, MSN, RN

The Healthcare Foundation of New Jersey interviewed Adelisa Perez-Hudgins, Chief of Quality at The Quality Institute, focusing on our Perinatal Mental Health First Aid (PMHFA) training, which the Foundation has funded for the past three years. PMHFA training helps local providers identify maternal mental health symptoms earlier and



■ Interview Sneak Peek **■**

Tell us about the genesis of this project. What made NJHCQI interested in providing mental health training for the perinatal health workforce?

Maternal mental health conditions are among the leading causes of pregnancy-related deaths in New Jersey, and more than 90% of these deaths are preventable. One in five women—and an even greater proportion of women of color—experience postpartum depression, anxiety, or related conditions. As part of our broader maternal health work, we saw that perinatal community health workers, doulas, and others who support pregnancies are uniquely positioned to notice concerns early and connect people with care. That was the impetus: to close a critical gap by equipping the perinatal workforce with evidence-based skills taught through Mental Health First Aid...

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Celebrating TeamBirth Cohort 4 Launches



Cohort 4 <u>TeamBirth</u> launches were completed this year. During these launches, Quality Institute staff visited each site to observe their momentum and creativity surrounding TeamBirth. Some sites set up hot chocolate and dessert carts to share information with the staff on the units. Others engaged staff through TeamBirth-themed activities such as escape rooms and word searches. One site incorporated its launch activities into a baby fair, where it demonstrated the TeamBirth whiteboard to new and expecting parents.

Cohort 4 sites include:

- Penn Medicine Princeton Health
- Inspira Medical Center Mullica Hill
- <u>Inspira Medical Center Vineland</u>
- RWJBarnabas Trinitas Regional Medical Center
- Hackensack Meridian Health JFK University Medical Center
- Capital Health Medical Center Hopewell

Event Recap: Health Care Connections in the Capital

Thank you to everyone who joined us on September 18 at our new offices in Trenton for our *Health Care Connections in the Capital* open house. The Quality Institute proudly co-hosted the event with <u>Taft Communications</u>, <u>a division of RF|Binder</u>, and <u>Trenton Health Team</u>, for an evening filled with great conversations and connections. Special thanks to Amber Randolph from the <u>Robert Wood Johnson Foundation</u> for her inspiring remarks. We appreciate all the local leaders and health care decision-makers who joined us in celebration, and we look forward to continuing this important work together.





Watch Highlights













For information on how to join, please contact Virginia Tesser at vtesser@njhcqi.org.

To learn more about our current initiatives, please visit our website at www.njhcqi.org.

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Our mailing address is:

New Jersey Health Care Quality Institute P.O. Box 2246, Princeton, New Jersey 08543

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