



DELIVERY DECISIONS INITIATIV

### TeamBirth: Process Innovation for Clinical Safety, Effective Communication, and Dignity in Childbirth NJ Cohort 5 Collaborative Learning Session #6 June 25, 2025



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### **Learning Session Agenda**

### Introduction

TeamBirth Core Knowledge & Skills

TeamBirth Implementation

Recap: Core components Practice: Postpartum Scenario Practice: Doula Scenario

Current core activities: Conduct Patient Surveys Launch TeamBirth

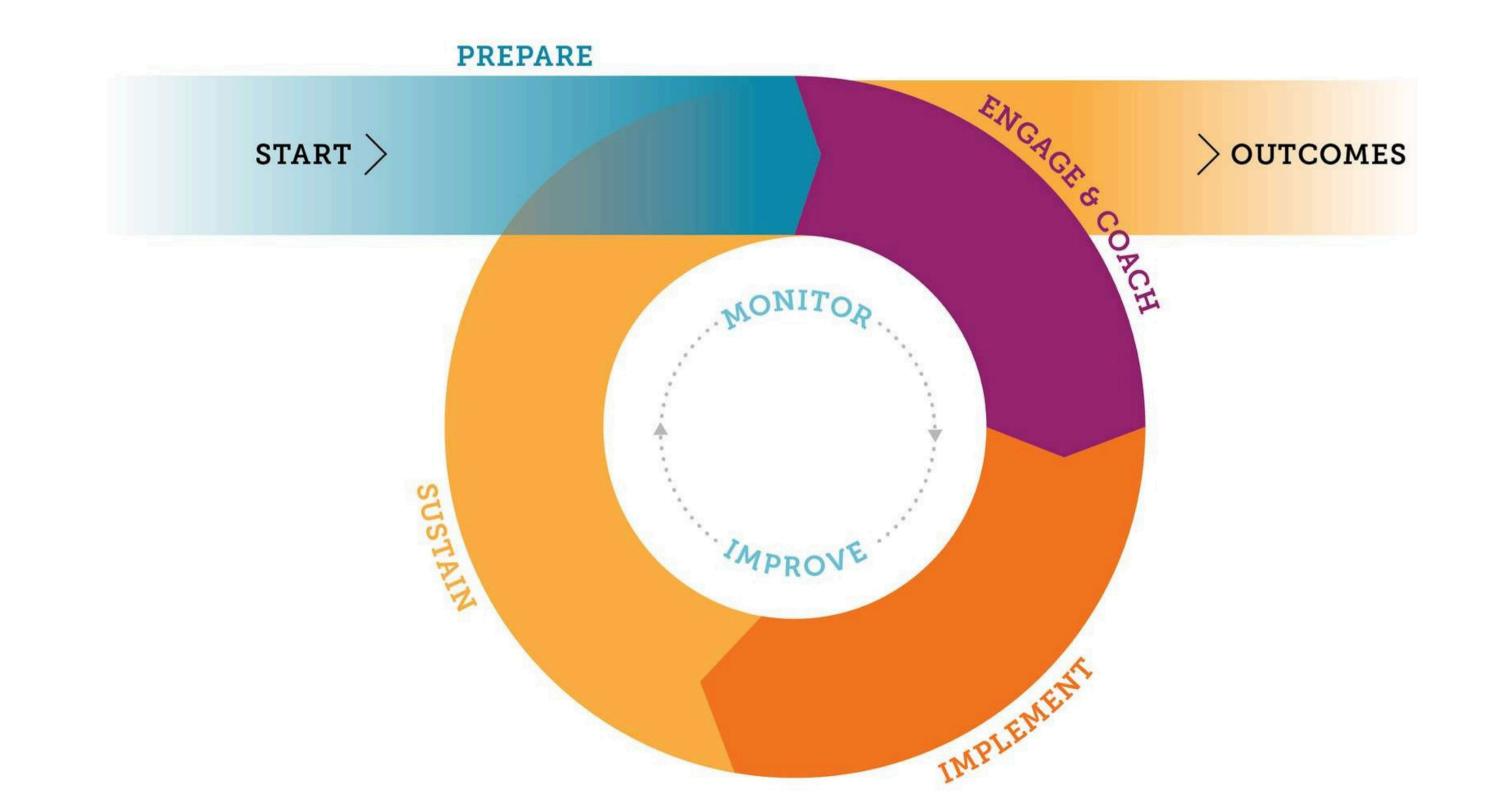
Looking Ahead

Takeaways From Today Action Items



# **TeamBirth Implementation Pathway**

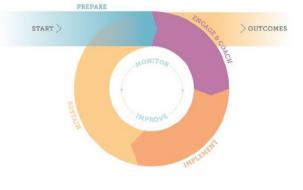
Guidingpracticeandculturechangeactivitiestoensureeffectiveandsustainable implementation



# TeamBirth Implementation Roadmap

Building on the priority implementation activities from the first session

_				
PHASE	PREPARE	ENGAGE & COACH	IMPLEMENT	SUSTAIN
CORE	<ul> <li>Build your team</li> <li>Develop your</li> <li>strategy</li> <li>Assess your context</li> <li>Customize TeamBirth</li> </ul>	<ul> <li>Socialize</li> <li>TeamBirth</li> <li>Provide training</li> <li>&amp; practice huddles</li> <li>Conduct patient surveys Test &amp; improve</li> </ul>	<ul> <li>Collect data &amp; feedback</li> <li>Launch TeamBirth</li> <li>Monitor &amp;</li> <li>celebrate progress</li> </ul>	<ul> <li>Embed for sustainability</li> <li>Evaluate impact &amp;</li> <li>continuously improve</li> </ul>



# Implementation Support

### **LEARNING SESSIONS**

WHAT	Monthly virtual multi-site group
	session (60-90 mins.)

### To provide TeamBirth

**WHY** implementation guidance and training

Led by DDI TeamBirth & Partners

**WHO** Attended by each site's implementation team members

Monthly virtual site support meeting (50 mins.)

To provide tailored site specific support (i.e. advising, answering questions, overcoming barriers) for executing the implementation pathway activities

Led by DDI TeamBirth & Site Lead Attended by site's implementation team and as necessary champions

### **COACHING CALLS**



# NJHCQI TeamBirth Websites

Access Cohort 5 resources at this **private website**:

www.njhcqi.org/teambirthnjcohorts Password: NJcohorts2022!

**Public** TeamBirth NJ website:

<u>www.njhcqi.org/shared-decision-making</u>



It involves a series of team huddles and other tools used during labor and delivery, to improve communication and ensure care that aligns with patient preferences.

Developed by Ariadne Labs, TeamBirth was designed to operationalize best practices in communication, teamwork, and clinical care, in collaboration with experts from the major professional organizations in obstetrics in the United States, including ACOG, SMFM, ACNM, and AWHONN. The goal is to ensure these practices are occurring reliably with all patients throughout every labor.



DISCUSSION GUIDES

### **TEAMBIRTH NJ COHORT RESOURCE PAGE**

TeamBirth is a shared decision-making program that aims to improve safe and respectful childbirth care.



#### **COLLABORATIVE LEARNING SESSION SLIDES**

SEE RESOURCES SEE RESOURCES SEE RESOURCES	COHORT 2	COHORT 3	COHORT 4
COHORT 5	SEE RESOURCES	SEE RESOURCES	SEE RESOURCES
	COHORT 5		

#### RESOURCES

#### **GENERAL TEAMBIRTH INFORMATION**

# TeamBirth Core Knowledge & Skills



# TeamBirth **Core** Components

CriticaltosuccessfuldeliveryofTeamBirthacross the maternal health continuum

# **STRUCTURED TEAM** HUDDLES

Structured conversations that includes the birthing person and their support people



### 2. **SHARED PLANNING TOOL**

Visual tool that structures communication and provides space to document discussions during huddles

# **Resource Spotlight**

### **TeamBirth Basics 1-pager**



#### **TEAMBIRTH BASICS**

Huddle Key Behaviors

PLAN

-

~

planning

language

decision making

INTENT

DETAILS

TeamBirth Huddles are structured team conversations that occur throughout birthing care. Huddles are prompted by the visual shared planning tool that structures communication and provides space to document.

#### TEAM 020 M

#### **KEY BEHAVIOR** Promote the role of

each team member: birthing person, support person, all relevant clinicians

#### INTENT

- · To ensure all roles have valuable input in shareddecision making
- To establish psychological safety by providing an invitation and ongoing opportunity to participate

#### DETAILS

- Verbalize that a huddle is occurring
- · Start introductions with the patient followed by their support person
- Ensure relevant clinicians members are included
- 7 pm shift change)

Elicit patient preferences, inform the current plan

**KEY BEHAVIOR** 

#### INTENT

- · To humanize the person giving birth & gain insight to what matters most now
- To give customized clinical care
- To facilitate equitable care

#### DETAILS

- May include referencing a birth plan
- Expect preferences to change over time
- Opportunity to discuss expectations
- Should be written in the patient's word choice (e.g. break water vs AROM)

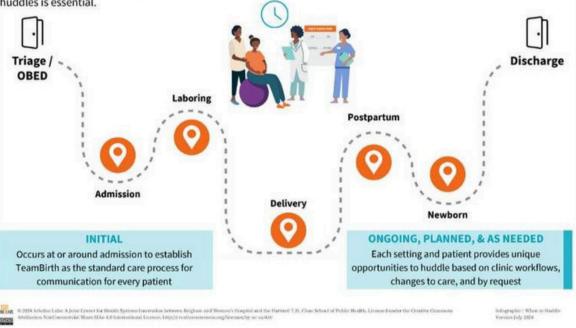
#### · May occur in-person or over the phone

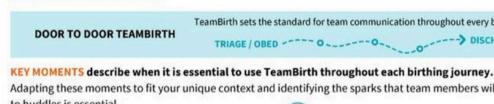
ASIAN LASS © 2024 Automot Labs: A Joint Center for Health Bysteins Innovation between Brigham and Women's Hospital and the Harvard .H. Chan School of Public Health. Licensed under the Creative Commons Attribution NonCommercial ShareAllite 4.6 spenational License. http://ereativeosmancos.org/licenses/by-nc-sa/4.0/ 0000

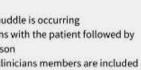
Infooraphic | TeamBirth Sasies Version April 2024



to huddles is essential.







• May include additional information (e.g. here until

#### PREFERENCES

thoughts, & concerns to

#### NEXT HUDDLE 222

#### **KEY BEHAVIOR**

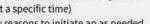
Set shared expectations for the timing of the next huddle

#### INTENT

- · To reduce uncertainty for the patient and support person
- To facilitate situational awareness

#### DETAILS

- Anyone can request a huddle at any time
- · Identify planned times for huddles (e.g. next labor evaluation, at a specific time)
- Identify likely reasons to initiate an as needed huddle (e.g. if pain increases, a decision needs to be made)





**KEY BEHAVIOR** 

Distinguish the care plans:

1. Me (birthing person)

3. Labor Progress

2.Baby

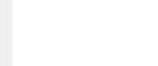
To ensure transparency and precision during care

· To facilitate clear communication and shared-

· Content should be written in patient friendly

· Can be updated more frequently as needed

· Discuss at every Huddle even if no change is made







### When To Huddle 2-pager

#### WHEN TO HUDDLE



TeamBirth sets the standard for team communication throughout every birthing journey. ----> DISCHARGE TRIAGE / OBED ----- 0----- 0----

Adapting these moments to fit your unique context and identifying the sparks that team members will use to identify when

 High risk / Antepartum Active labor care planning Scheduled C-section · Transfer from other facility · Postpartum readmission

· Pain management

#### Delivery:

- Internal monitoring
- Use of the Assisted Delivery Discussion Guide to guide discussions about doing an assisted delivery (i.e. vacuum, forceps) or c-section

#### Postpartum:

- Hemorrhage
- Blood pressure management
- Pain management

#### Newborn:

- Antibiotics
- Hypoglycemia / Supplemental feedings
- Hyperbilirubinemia / Phototherapy
- Procedures
- NICU observation or transfer

#### ARIADNE LABS ir support people one when needed all team member mBirth huddle?

- ROUTINE
- · Post-birth debrief
- Daily rounds
- Provider handoff
- Bedside handoff
- Lactation Discharge
- · Tuck-in (before bed to plan for night contingencies)

#### **Adapting When to Huddle**

TeamBirth will look different based on:

- Your specific unit structure
- Your patient's unique preferences and needs

Which of these key moments always sparks a huddle for your team?

# Practicing Core Knowledge & Skills



https://www.healthline.com/health/breastfeeding/the-most-comfortable-postpartum-pajamas-for-breastfeeding

# **Scenario Practice - Fiona**

Fiona delivered a baby boy vaginally today at 1343

Fiona Report	Ba
1 <sup>st</sup> degree laceration	Baby boy I
QBL 287 ml	Apgars 8/9
A positive blood type	Mom is pla
GBS negative	Vitamin K a
Hoping to avoid narcotics- ibuprofen for pain	Parents do
management	Desires He
Epidural removed at 1445	Baby latch
Has not yet stood, legs are still heavy	

# aby Isaac Report

- saac weighed 7lbs 6 ozs
- anning to breastfeed
- and Erythromycin was given
- o want circumcision
- patitis B vaccine
- ned at 1410 for 15 minutes

#### **Transfer to PP at 1600**

# **Postpartum Shared Planning Tool**



TEAM Fiona & baby Isaac Harini - sister Misha (nurse) - 20071 Abby - (nurse tech) - 20986 Dr. Sugar (Baby's Dr.) Dr. Chien (Fiona's Dr.)



### PREFERENCES

bath in room sleep! okay with visitors during the day hoping to avoid narcotics breastfeeding, needing help from lactation hoping to avoid pacifiers desires circumcision desires hepatitis B

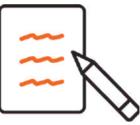
### PLAN

Me Call Misha when you need to pee - Don't get up without me! Call dietary @ 1-17192 to order dinner! Call with any questions about bleeding or pain Next Ibuprofen can be given at 11:00 pm

Baby breastfeed on demand

NEXT HUDDLE as needed on request





• next attempt by 5:00 pm or when baby wakes Mom and Harini, track wet & dirty's in PP handbook bath baby sometime tomorrow



#### Nurse hand off at 7pm

# **Postpartum Shared Planning Tool**



TEAM Fiona & baby Isaac Harini - sister Adelisa (nurse) - 20071 Dr. Sugar (Baby's Dr.) Dr. Chien (Fiona's Dr.)



### PREFERENCES

bath in room sleep! okay with visitors during the day hoping to avoid narcotics breastfeeding, needing help from lactation hoping to avoid pacifiers desires circumcision desires hepatitis B

### PLAN

Me Cluster Care (call when you're awake!) Sleep between feeds & shower in AM Next Ibuprofen at 11pm - with vitals Call with questions about bleeding or pain

Baby breastfeed - next attempt by 8:00 pm or when baby wakes No more than 3 hours Mom and Harini, track wet & dirty's in PP handbook bath baby sometime tomorrow

NEXT HUDDLE as needed on request







# Scenario practice - Fiona

There is a change in the newborn plan of care

# Baby Isaac

- Standard newborn screening shows an elevated bilirubin
- Last breastfeeding went well 2 hours ago
- 2 wet and dirty diapers today so far
- Hyperbilirubinemia protocol is to recheck bilirubin after 6 hours and ensure feedings are within 3 hours

### **Change in POC**

# **Postpartum Shared Planning Tool**



### TEAM Fiona & baby Isaac

Harini - sister Adelisa (nurse) - 20071 Dr. Sugar (Baby's Dr.) Dr. Chien (Fiona's Dr.)



### PREFERENCES

bath in room sleep! okay with visitors during the day hoping to avoid narcotics breastfeeding, needing help from lactation hoping to avoid pacifiers desires circumcision desires hepatitis B

### PLAN

Baby recheck labs in 6 hours breastfeed on demand (but wait no longer than 3 hrs) call in next hour for support with latch discuss possible need for phototherapy

NEXT HUDDLE as needed on request





Me Cluster Care (call when you're awake!) Sleep between feeds & shower in AM Next Ibuprofen at 11pm - with vitals Call with questions about bleeding or pain

With pediatrician when the labs come back



# Scenario practice - Fiona Huddle

There is achange in the newborn planof care

# Baby Isaac

- Bilirubin recheck at 32 hours of life: 12 umol/L
- Hyperbilirubinemia protocol indicates to notify pediatrician for updated orders

Adelisa (nurse) lets the Fiona know what the lab results are and calls Dr. Sugar (pediatrician) at the bedside to huddle about next steps for baby Isaac

### **Newborn Huddle**

# **Postpartum Shared Planning Tool**



TEAM Fiona & baby Isaac

Harini - sister Adelisa (nurse) - 20071 Dr. Sugar (Baby's Dr.) Dr. Chien (Fiona's Dr.)



### PREFERENCES

bath in room sleep! okay with visitors during the day hoping to avoid narcotics breastfeeding, needing help from lactation hoping to avoid pacifiers desires circumcision desires hepatitis B

PLAN

Baby begin phototherapy at bedside breastfeed on demand (but wait no longer than 3 hrs) supplement post feed with formula recheck labs in 6 hours

NEXT HUDDLE as needed on request





Me Cluster Care (call when you're awake!) Sleep between feeds & shower in AM Next Ibuprofen at 11pm - with vitals Call with questions about bleeding or pain

With pediatrician when the labs come back



# **TeamBirth Practice Scenario**



# Incorporating doulas into huddles



### **Support Person**

• Doula





### Clinicians

- Physician (OB hospitalist, Attending OB, Resident)
- Nurse

# DOULAS Scenarios and practice

### **DURING ADMISSION, BEFORE A HUDDLE**

While getting Kelseysettled, Nurse Trisha asked if she has abirthplan or wants to share any specific birth preferences. Kelsey shares that she started a birth plan with her doula Isabel but didn't end up finishing it since she knows so much can change.

**Doula**: "Yes! We started to talk about some of Kelsey's hopes for labor and birth, knowing of course that things can change. I'm here to support her in having a positive experience in any case."

**Nurse**: Yes, it's ok either way. You can tell us things that are important to you anytime throughout your stay. What's on your mind right now?

**Kelsey**: "Well, I'm interested in trying to go natural for as long as possible and trying some paincoping techniques with Isabel, like walking around, massage, and bouncing on the ball. I do know I want Niko to come up here (Kelsey pats her heart ) right after birth, and I want to try breastfeeding as soon as possible. And I want my aunt Yara to be with Niko if there's any time I can't be."



### **DURING ADMISSION BEFORE A HUDDLE**

# Labor & Delivery Shared Planning Tool

TEAM
Kelsey & Baby Niko
Isabel - Doula
Yara - Auntie
Trisha - Nurse
Whitney - Midwife
PREFERENCES
go natural as long as possible
pain coping with Isabel
Niko to Kelsey's chest right away
breastfeed ASAP
Kelsey or Yara with Niko all the time

PLAN

Me

Baby

Labor Progress

NEXT HUDDLE

when Whitney comes in

EARLY LABOR

ACTIVE LABOR

PUSHING

# DOULAS Scenarios and practice

### **ADMISSION HUDDLE**

**Midwife**: "Okay, let's huddle! Nurse Trisha let me know that your wateris broken. Lots of first-time mamas have their water break first before labor starts. We can discuss a few options to ensure your labor continues progressing. I see that you are hoping to go natural as long as possible, so a first step could be walking around and bouncing on the ball with support from your doula and sister. We will monitor you closely in case there's any indication for augmenting your labor medically with Pitocin."

**Kelsey**: "That sounds good. I remember hearing about Pitocin during a prenatal visit and from Isabel. I think my aunt had Pitocin too for her labor and found it to be really painful."

# DOULAS **SCENARIOS AND PRACTICE**

### **ADMISSION HUDDLE**

Midwife: "Right, so when your water breaks and you're not in labor, we often give Pitocin to get it going. [explains pitocin]"

**Kelsey**: "Oh-am I *not* in labor? I've been having contractions ever since my water broke."

**Nurse:** "The monitor shows you're having contractions every 3-5 minutes, but you don't seem to notice most of them. Does that sound right?"

Doula: "Kelsey was squeezing my hand and breathing really hard every 10 minutes, I've been timing it. Now she's doing that every 6 or 7 minutes, and she is squeezing my hand a lot harder. So I think Kelsey maybe is in labor.

### **ADMISSION HUDDLE**

# Labor & Delivery Shared Planning Tool

### TEAM

Kelsey & Baby Niko Isabel - Doula Yara - Auntie Trisha - Nurse Whitney - Midwife

### PREFERENCES

go natural as long as possible pain coping with Isabel Niko to Kelsey's chest right away breastfeed ASAP Kelsey or Yara with Niko all the time

### PLAN

Ме Eat a snack!

Baby listen on & off

Labor Progress

NEXT HUDDLE as needed in 2-3 hours

EARLY LABOR

Move around

try lots of moves now

start Pitocin later if needed

after the next exam, if we need to

PUSHING

What questions do you have about using the board?

Are there scenarios you are curious about or most want to practice with TeamBirth and/or the shared planning board?

# Questions?

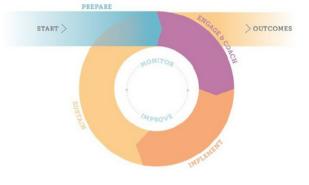
# **TeamBirth Implementation**

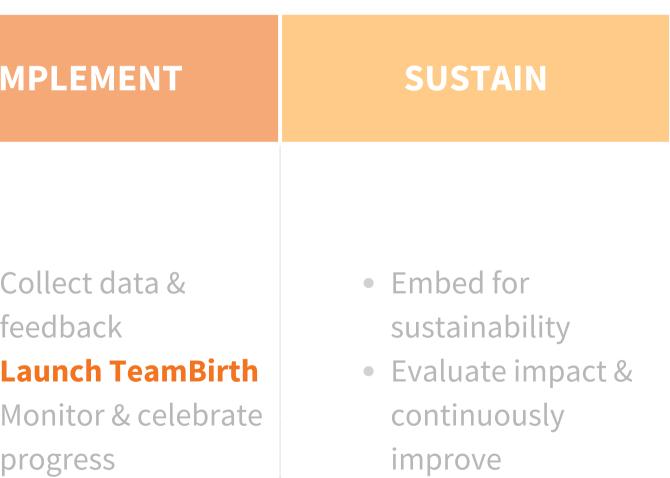


# TeamBirth Implementation Roadmap

Today's focus

PHASE	PREPARE	ENGAGE & COACH	IM
CORE	0, ,	<ul><li>Provide training &amp; practice huddles</li></ul>	<ul> <li>Confe</li> <li>La</li> <li>Monophic</li> </ul>





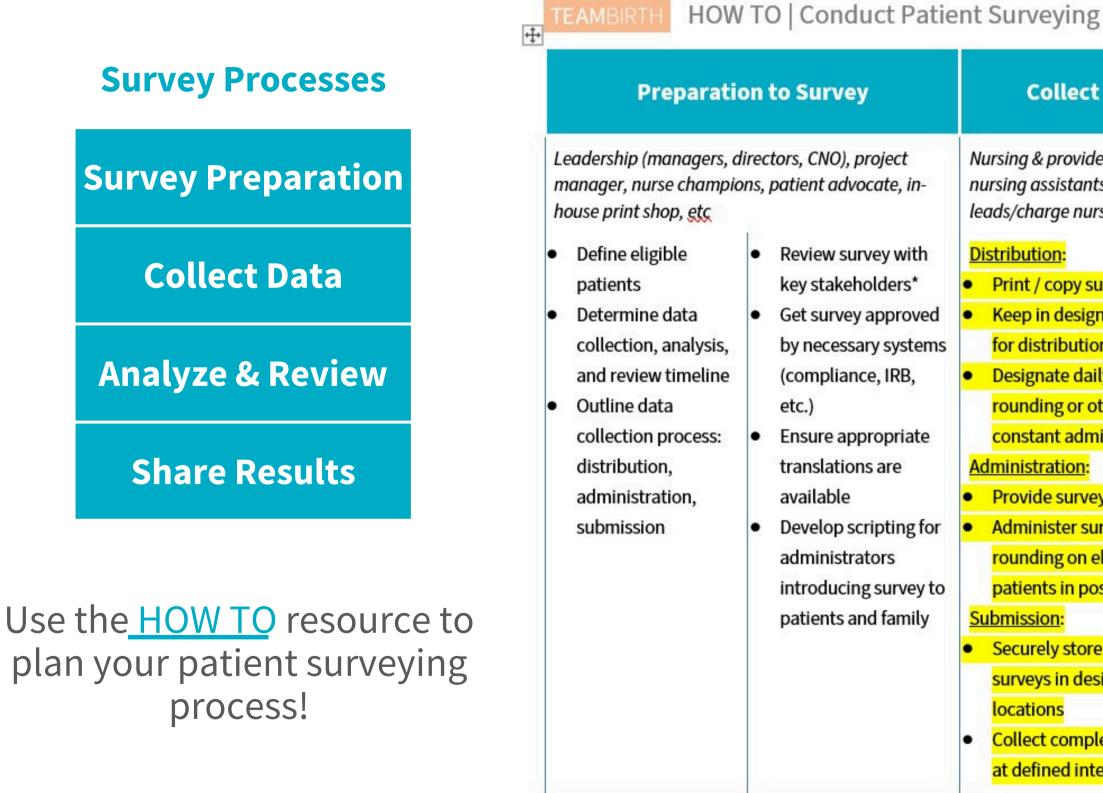




# Core Implementation Activity: CONDUCT PATIENT SURVEYS



# Patient Surveying Process



		BELIVERY SECONDAL BUTTATIVE
lect Data	Analyze & Review	Share Results
rovider/champions, stants, shift e nurses, techs, etc. py surveys weekly lesignated place oution e daily leads for or other care administration ion: survey scripting	<ul> <li>Implementation Team</li> <li>Assign team member to data entry (may change weekly)</li> <li>Weekly data entry from completed surveys into Qualtrics</li> <li>Synthesize results</li> <li>Review results with implementation team</li> </ul>	Results Implementation Team & Champions  Develop messaging to share results with leadership, staff, and clinicians Identify visible ways to share results and quotes back with staff Communicate wins
er surveys while on eligible in postpartum store completed n designated ompleted surveys d intervals		and opportunities for improvement at least monthly







# Core Implementation Milestone: LAUNCH TEAMBIRTH



### **IMPLEMENT PHASE TEAMBIRTH LAUNCH**

### **CORE**: Designate when Team Birth is officially live on your units.

### **OBJECTIVES**

Establishthe datewhen yoursite is first starting to doTeamBirth with patients to support accountability Notify your staff and leadership of when boards are installed and when huddles should start happening Celebrateyour staff for their hard work training and preparing Milestones:

- \_ Launch date set
- Launch event(s) complete

**ADAPT** 

You determine your go live date and how you will communicate your start with TeamBirth to staff and patients.



# How will you go live?

What will effectively help you communicate to your leaders, staff, patients, and community?

### **Consider:**

- Do you have a website or newsletters to include launch announcements in?
- Do you want a formal celebration or something more intimate on the units?
- Will you include different shifts, units, and provider groups? **Plan for:** 
  - Formal remarks at "kick-off" to engage staff and announce go-live.
  - Quality Institute staff will attend in-person; Ariadne Labs or NJDOH staff member may attend in-person.
  - Quality Institute staff to observe a huddle in L&D and postpartum.
  - How else can we be helpful day of?



# Formal Acknowledgement





## Launch Location



A MINALDINE ENDO





Hackensack Meridian Jersey Shore University Medical Center

### Advertise - Invite - Promote





#### INTEGRIS Health @integrishealth\_ · Oct 4, 2022

We are excited to announce that we are launching TeamBirth at five INTEGRIS Health Women's Centers this week! TeamBirth from Ariadne Labs is an evidence-based tool for improving communication and teamwork during childbirth.rdco.io/4Uw\_gBAYFAA



EvergreenHealth celebrates the revitalization of the TeamBirth program!

The goal of TeamBirth is to empower all members of the care team - including the patient themself - to play an active role in shared decision-making to improve the safety and quality of care. This ensures those in labor and the clinicians who are caring for them have shared input and understanding into decisions during labor and delivery.



RWJBarnabas 1d - 🕲

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difference.

Cooperman Barnabas Medical Center delive

we are excited to collaborate with the New Jersey Health Care Quality Institute, the New Jersey Department of Health, and Ariadne Labs to launch the #TeamBirthNJ model in New Jersey.

#TeamBirth was designed around best practices in communication, teamwork, and clinical care to ensure that people giving birth and the clinicians who are caring for them have shared input and understanding into decisions during labor and delivery. It was developed by Ariadne Labs, a joint center for health systems innovation at Brigham and Women's Hospital and the Harvard T.H. Chan School of Public Health in Boston.

#LetsBeHealthyTogether



#### EvergreenHealth

TeamBirth is rolling out state-wide in Washington over the next three years in a joint collaboration between Washington State Hospital Association and Ariadne Labs with funding from Ballmer Group.

prating TEAMBIRTH







PurplePassion

### TeamBirthdays are our Specialty | Purple Passion | "Deeply Rooted" in TeamBirth | I'm on (white)board! | Rise and Shine it's TeamBirth Time TeamBirth: It's All About You

### Launch Themes









# **#TEAM**BIRTH

### **TeamBirth Patient and Family Socialization**













Ask me about







### TeamBirth

Hackensack University Medical Center is proud to announce our sweet, new arrival!

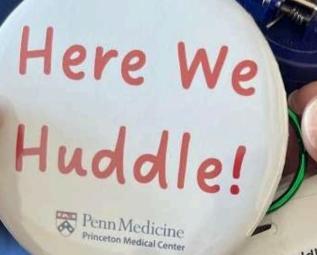
Ask us about our huddles!

Hackensack Meridian Hackensack University

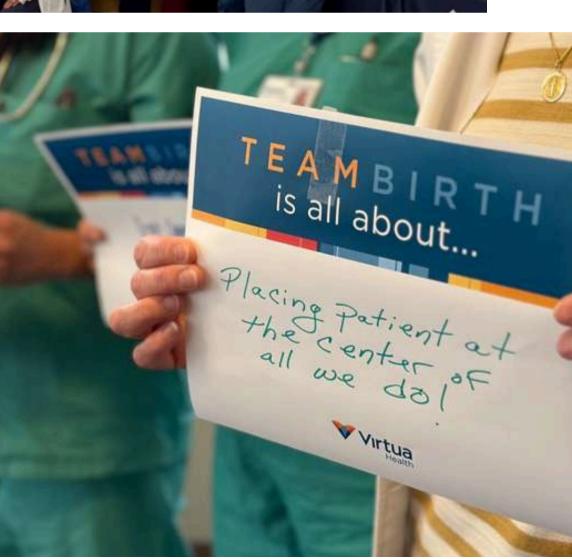
Team**Birth** 

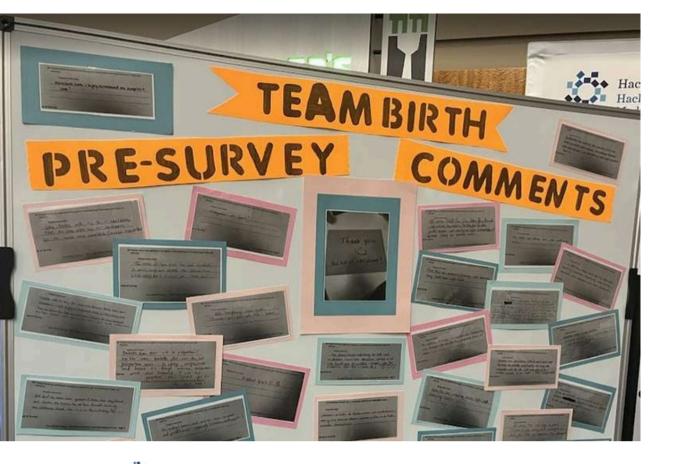
## Staff Engagement





TeamBirth-Huddles TeamBirth-Huddles Welcome to Labor & Delivery! Here at this Welcome to Labor & Delivery! Here at this hospital, we practice TeamBirth which means will be "Huddling" with you and your healthcare team all throughout your labor. We will be discussing your preferences, will be discussing your preferences, addressing your concerns and collaboration addressing your concerns and your baby.





### TEAM BIRTH LAUNCH PARTY!!!

#### When: March 18th, 2025

#### Food and Drinks

- o Lunch at 1:00 PM
- o Dinner at 8:15 PM
- o 3rd Floor Large Conference Room

#### Fun Games & Activities

- o 12:00 pm to 4:00 pm
- o 7:00 pm to 10:00 pm
- Hallway outside of 1<sup>st</sup> Floor NICU
- Prizes and Giveaways
- Educational Resources

Please sign up using QR code below if you plan on attending Lunch or Dinner!!



- 1<sup>st</sup> Team Birth Patient Huddles!
  - 9:30 AM on Labor and Delivery
- o 10:45 AM on Mother-Baby



# Celebratory Nourishment!







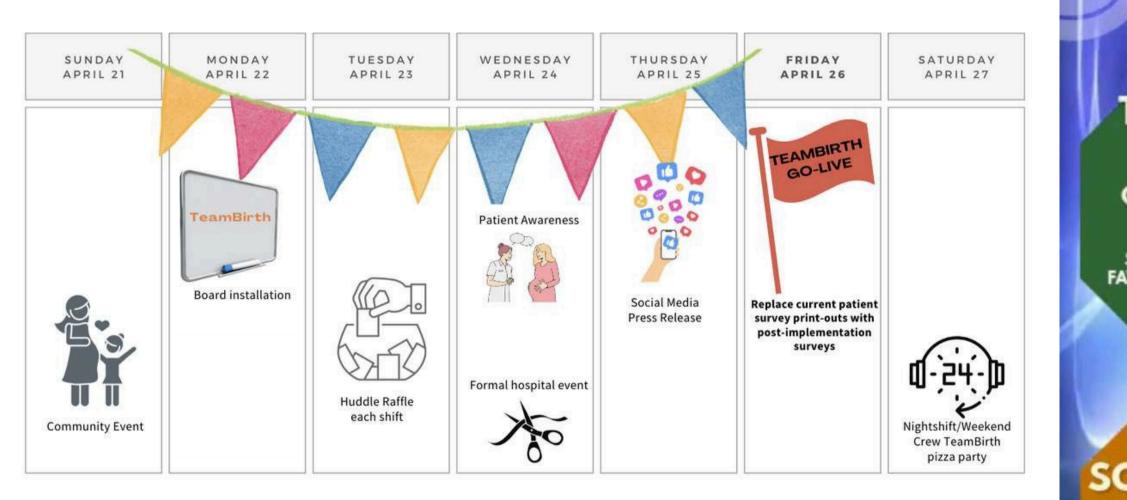








### TeamBirth Launch Week Examples



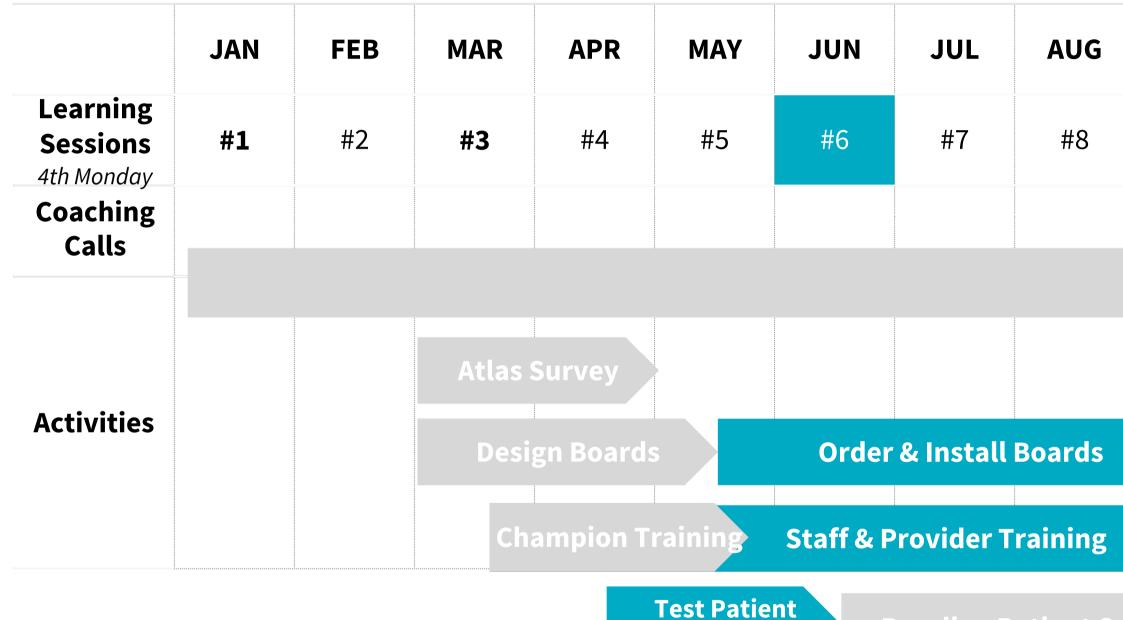




Looking Ahead



# Implementation Timeline

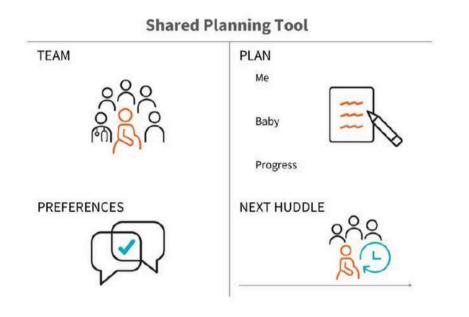


Surveying

**Baseline Patient Surveying** 

			PREPARE		
		start >		ENCACE S COACH	> outcomes
Go	Live!	SUSTA	MPRONI		
SEPT	ОСТ	NOV	DEC	+	
#9	#10	#11	#12		
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# Today's Key Takeaways





### **Huddle Practice**

- patient friendly language
- care plan for mother or baby

### **Conduct Patient Surveying**

Launch TeamBirth

Establish the date when your site is going live with patients Plan for how you will notify your staff and leadership of when boards



• Use training scenarios to practice having interdisciplinary huddles and practice documenting the conversation on the board with

In postpartum you often "huddle by exception", updating the board as needed and only calling a huddle if there is a clinical change in

• Capture patient experience at baseline using the patient survey

# **Action Items**

Implementation Pathway

Action Items

PROVIDE TRAINING& PRACTICE HUDDLES Implementation Team & Champions complete LMS Training Videos All staff begin huddle practice opportunities

CUSTOMIZE TEAMBIRTH

Send Adelisa & Annelise your finalized board

CONDUCT PATIENT SURVEYS Conduct 1-2 small scale survey tests Use the HOW TO worksheet to plan your survey

LAUNCH TEAMBIRTH

Start discussing Launch event ideas Select your launch/go-live date

<b>~</b> =

Details and Resources

**Training Resources** 

HOW TO | Provide training & practice huddles

TEMPLATE | Board Evaluation Form

NJ Patient Survey Template HOW TO | Conduct Patient Surveying

Bring your preferred launch date to your July



Learning Session - July

Summer Break



# Share your feedback on

this session!

- Anonymous
- Short survey
- Tell us what you like
- Tell us how to improve





# **Coaching Calls** Seefollowupemail for Learning **Session Handout**

## Email Adelisa & Annelise

for

- Support, resources, and updates
- Implementation Questions & Needs

<u>aperez@njhcqi.org</u> <u>aslater@njhcqi.org</u>