





TeamBirth: Process Innovation for Clinical Safety, Effective Communication, and Dignity in Childbirth

NJ Cohort 5 Collaborative Learning Session #3 March 26, 2025



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Learning Session Agenda

Introduction

TeamBirth Core Knowledge & Skills

- Learn: Shared Planning Tool NEXT HUDDLE
- Learn: WHEN TO HUDDLE

TeamBirth Implementation

- Implementation Roadmap & Timeline
- Current core activities:
 - SOCIALIZE CULTURE CHANGE
 - PROVIDE TRAINING & PRACTICE HUDDLES
 - Reminder ASSESS YOUR CONTEXT

Looking Ahead

- Takeaways From Today
- Action Items



NJ TeamBirth Websites

Access the **private** NJ Cohort Resource Page

www.njhcqi.org/teambirthnjcohorts

Password: NJcohorts2022!

Public TeamBirth NJ website

https://www.njhcqi.org/shared-decision-making



WHO WE ARE OUR WORK MEDIA RESOURCES EVENTS Q

TEAMBIRTH NJ COHORT RESOURCE PAGE

TeamBirth is a shared decision-making program that aims to improve safe and respectful childbirth care.

It involves a series of team huddles and other tools used during labor and delivery, to improve communication and ensure care that aligns with patient preferences.

Developed by Ariadne Labs, TeamBirth was designed to operationalize best practices in communication, teamwork, and clinical care, in collaboration with experts from the major professional organizations in obstetrics in the United States, including ACOG, SMFM, ACMM, and AWIONN. The goal is to ensure these practices are occurring reliably with all patients throughout every labor.



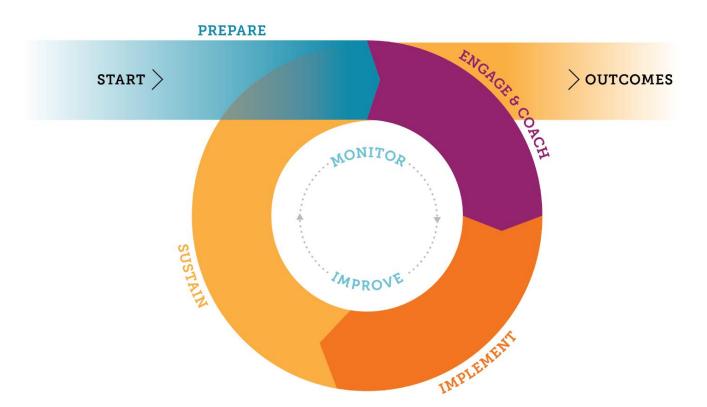
COLLABORATIVE LEARNING SESSION SLIDES COHORT 2 COHORT 3 SEE RESOURCES SEE RESOURCES SEE RESOURCES

RESOURCES			
GENERAL TEAMBIRTH INFORMATION			
DISCUSSION GUIDES			
PATIENT SURVEYING			
PUBLICATIONS ABOUT TEAMBIRTH			
STAFF TRAINING			
TEAMBIRTH DATA SUBMISSION FORMS			

DECOUDEEC

TeamBirth Implementation Pathway

Guiding practice and culture change activities to ensure effective and sustainable implementation





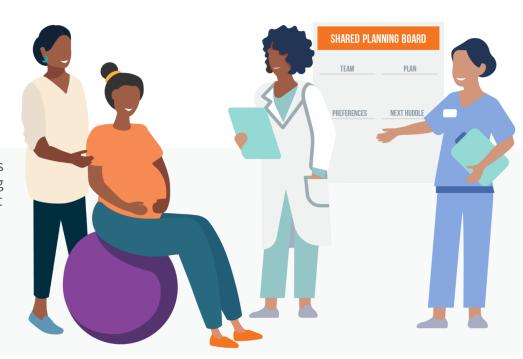
TeamBirth Core Knowledge & Skills

TeamBirth **Core** Components

Critical to successful delivery of TeamBirth across the maternal health continuum

1. STRUCTURED TEAM HUDDLES

Structured conversations that includes the birthing person and their support people



2. SHARED PLANNING TOOL

Visual tool that structures communication and provides space to document discussions during huddles

Shared Planning Tool

TEAM



PREFERENCES



PLAN

Me

Baby



Progress

NEXT HUDDLE





TEAM

KEY BEHAVIOR: Promote the role of each team member



INTENT

To ensure all roles have valuable input in shared decision-making

To establish **psychological safety** by providing an invitation and ongoing opportunity to participate

DETAILS

Verbalize that a TeamBirth huddle is occurring

Start with the patient followed by their support people

Ensure relevant team members are included

May include additional information (e.g. here until 7 pm shift change)

PREFERENCES

KEY BEHAVIOR: Elicit patient preferences, thoughts, & concerns to inform the current plan



INTENT

To humanize the person giving birth & gain insight to what matters most now

To give customized clinical care

To facilitate equitable care

DETAILS

May include referencing an already established birth plan

Expect them to change over time

Opportunities to discuss expectations

Encourage support people to help write in this section

Should be written in the patient's word choice (ie. break water vs AROM)



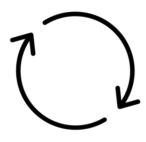
CONNECTION: PREFERENCES AND PLANS

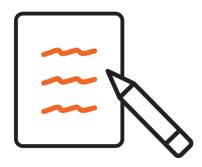
Patient preferences discovered in the Preferences section of the Huddle directly inform what is prioritized in the Plan section.

Elicit patient preferences that inform care planning

Distinguish the different care plans for the birthing person, baby, and labor progress







PLAN

KEY BEHAVIOR: Distinguish the different care plans





To ensure transparency and precision during care planning

To facilitate clear communication and **shared-decision making**

DETAILS

Plan content should be written in patient friendly language

Each Huddle, the Plan should be discussed even if no change is made

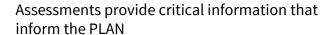
Can be updated more frequently as needed by the nurse

Clinical Assessment

How do my assessments fit into the shared planning tool & huddles?



Assessments



- Assessments are not explicitly included on the board because:
 - Clinicians don't need a shared planning tool to remind them to do or talk about their assessments
 - Assessments are documented in the EHR









PREFERENCES + PLAN

The shared planning tool reminds us to:

- Elicit patient PREFERENCE information
- Use shared decision making to apply what you know from your assessment and the PREFERENCES to establish the current PLAN
 - This often includes sharing your assessment or articulating future needs for assessment
 - Only what we are currently doing for the mom, baby, and labor progress get written in the PLAN section

Shared Planning Tool

TEAM



PLAN

Ме

Baby



Progress

PREFERENCES



NEXT HUDDLE





NEXT HUDDLE

KEY BEHAVIOR: Set shared expectations for the timing of the next huddle





To reduce uncertainty for the patient and support person

To facilitate **situational awareness**



Identify planned times for huddles (e.g. next labor evaluation, in a specific time frame)

Identify likely reasons to initiate an as needed huddle

(e.g. if pain increases, a decision needs to be made)

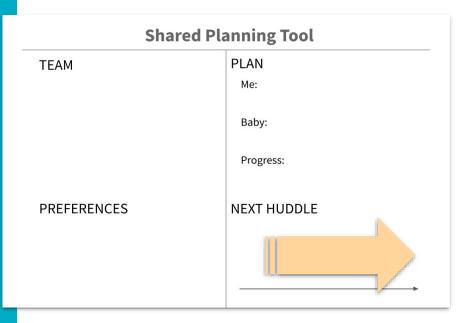
Anyone can request a huddle

They can occur in-person or over the phone/video conference



Next Huddle

Facilitating situational awareness



Wrapping up the Huddle based on the PLAN:

- 1. Set expectations and make sure the patient understands what is coming
- 2. Identify potential planned or as needed Huddles to note on the board



Next Huddle

Facilitating situational awareness

Baby

Labor Progress

NEXT HUDDLE Anytime we need to

By 10pm

After next exam ~2 or 3 hours

EARLY LABOR

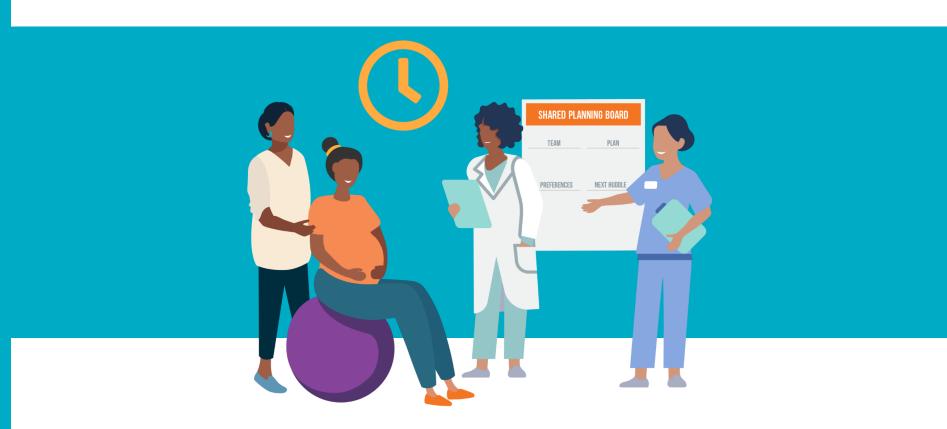
ACTIVE LABOR

There is no prescribed number of huddles expected to occur per patient, per day, or per birthing experience

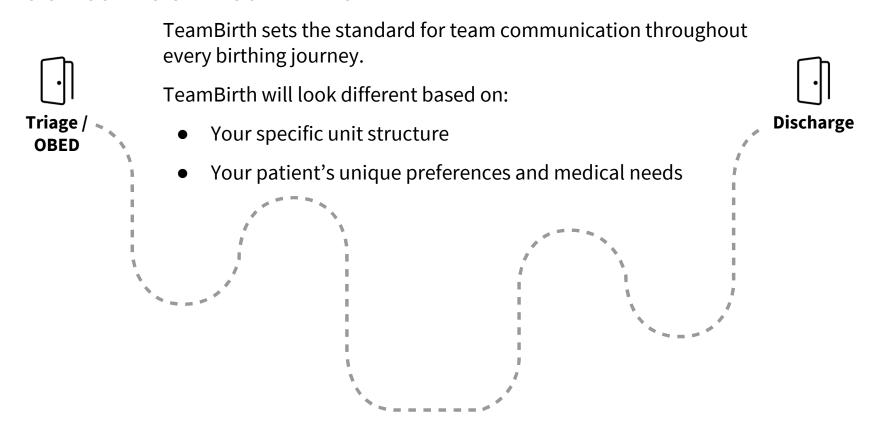
The goal is:

- To have a huddle anytime there is a change in conduction or care plan and by request
- *Not* to make you huddle more than is necessary for the typical standard of care

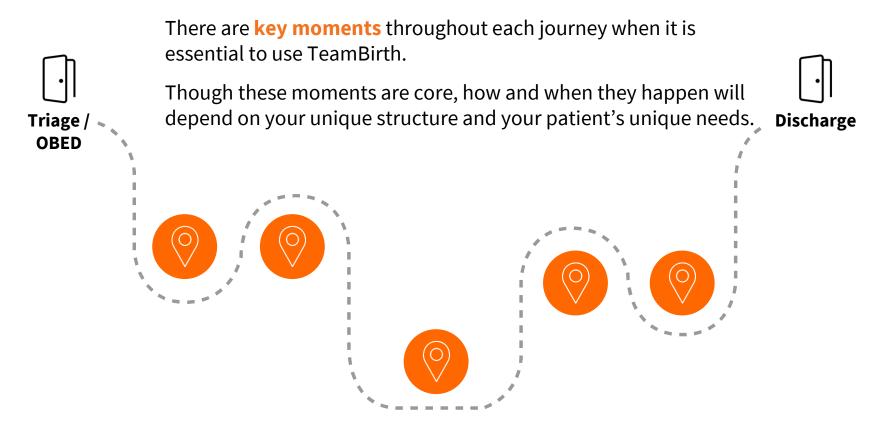
WHEN TO HUDDLE



Door to Door TeamBirth

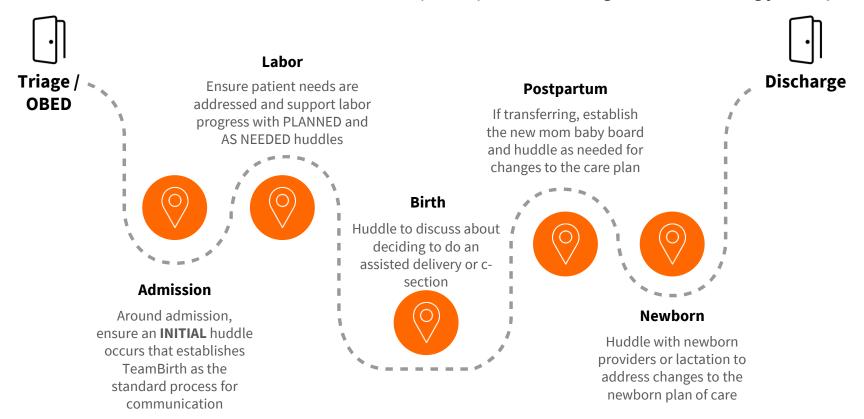


Door to Door TeamBirth

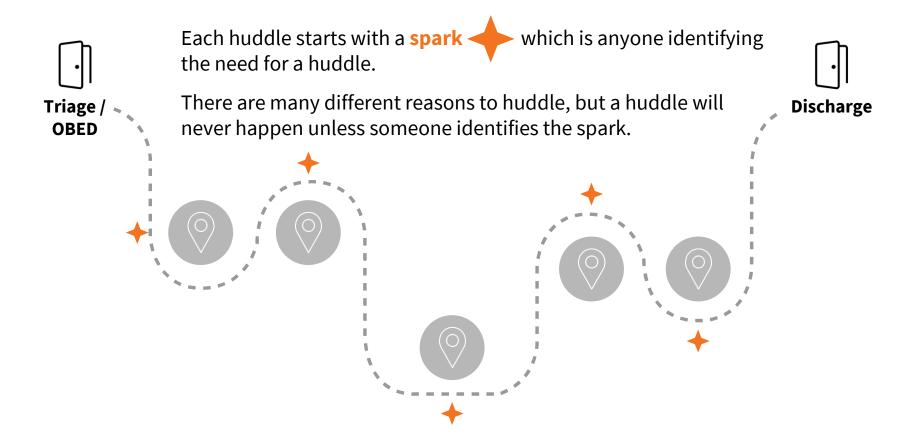


Door to Door TeamBirth

These **key moments** describe how TeamBirth is put in practice throughout the birthing journey.



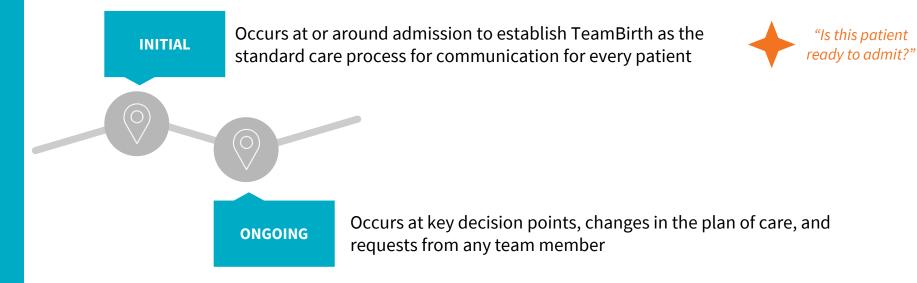
Sparking a Huddle



Types of Huddles

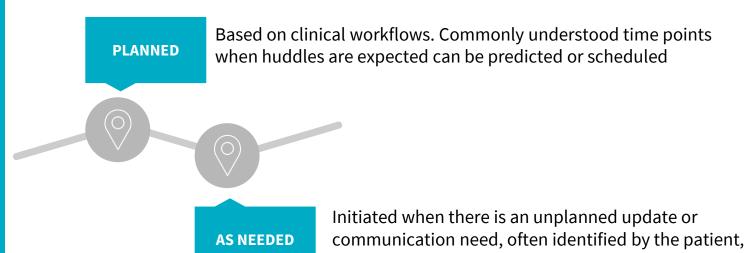


Every patient at a TeamBirth facility should experience an initial huddle



Types of Huddles





support person, or nurse

Any member of the care team (including patients and support persons) requests a huddle

Identifying your key moments and their sparks



What are your team's key moments that spark a TeamBirth huddle?

INITIAL	KEY DECISIONS & CHANGES TO CARE F	PLAN	ROUTINE
 Triage / OBED use of the Admission Discussion Guide Admission: Induction High risk / Antepartum Active labor care planning Scheduled C-section Transfer from other facility Postpartum readmission 	Laboring: Use of the Labor Support Guide AROM Augmentation Pain management Delivery: Internal monitoring Use of the Assisted Delivery Discussion Guide to guide discussions about doing an assisted delivery (i.e. vacuum, forceps) or c-section		 Post-birth debrief Daily rounds Provider handoff Bedside handoff Lactation Discharge Tuck-in (before bed to plan for night contingencies)
"Are we going to start supplementing with formula?"	Postpartum: Hemorrhage Blood pressure management Pain management Newborn: Antibiotics Hypoglycemia / Supplemental feedings Hyperbilirubinemia / Phototherapy Procedures NICU observation or transfer	TeamBirth v • Your spe • Your par	dapting When to Huddle will look different based on: ecific unit structure tient's unique preferences and needs these key moments always sparks a huddle for your team?

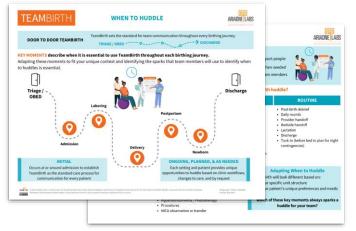
HUDDLE TIMING

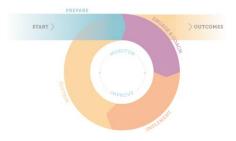
Review the TeamBirth Components resource for guidance on adapting Huddles to your unique context go.ariadnelabs.org/TBcomponents

Use the When to Huddle infographic to align with your teams on your patient journey's unique key moments and huddle sparks









Zoom Poll

On your units, what key moments do you think will be easiest for teams to spark a huddle?

Shared Planning Tool

TEAM



PREFERENCES



PLAN

Me

Baby



Progress

NEXT HUDDLE







TeamBirth Implementation



TeamBirth Implementation Roadmap

Building on the priority implementation activities from the first session

PHASE	PREPARE	ENGAGE & COACH	IMPLEMENT	SUSTAIN
CORE	 ✓ Build your team ✓ Develop your strategy ✓ Assess your context ✓ Customize TeamBirth 	 ✓ Socialize TeamBirth ✓ Provide training & practice huddles ✓ Conduct patient surveys ✓ Test & improve 	 ✓ Collect data & feedback ✓ Launch TeamBirth ✓ Monitor & celebrate progress 	 ✓ Embed for sustainability ✓ Evaluate impact & continuously improve



Core Implementation Activity: **SOCIALIZE TEAMBIRTH**



PREPARE PHASE

START > OUTCOMES START > OUTCOMES APROVE LIGHTING

SOCIALIZE TEAMBIRTH

CORE: Build familiarity and buy-in for TeamBirth across staff and clinicians

OBJECTIVES

Apply your TeamBirth communication strategy

Utilize the TeamBirth resources available for socializing TeamBirth

Convey key messages to engage colleagues and ensure strong buy-in

ADAPT

Your methods for how and when you talk to, present on, and answer questions about TeamBirth

"Socialize" just means intentionally talk about TeamBirth!



Socialization Key Points

Key messages or points to engage in with colleagues:

THE BASICS	What the project is and why it is important?	
THE GOALS	How this project is aligned with your individual, team, or organizational priorities and values?	
THEIR ROLE	What will be asked of them and how they benefit by participating (What's in it for them?)?	
WHAT TO EXPECT	How everyone will learn about the project and be supported throughout implementation?	
	Where and when the opportunities will be to engage and provide feedback?	



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Establish a clear plan for engaging leaders and staff

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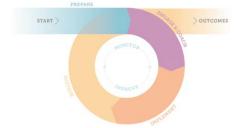
When and how often do they need to receive this message?

	WHO	Who are the different people and teams that need to hear about TeamBirth now and throughout the project?
		It can be helpful to draft a stakeholder map
FOR EACH	WILIV	The purpose of the communication
"WHO"	WHY	What do you want them to do with the information?
	WHAT	Based on your WHY, what key points or information do you need to include?
	WHEN & HOW	What are the best ways to share your WHAT (e.g. conversations, videos, 1-pager, email, meetings, etc)?



SOCIALIZE TEAMBIRTH

Our collection of resources help support your messaging and communication plan





TeamBirth 1pagers & Infographics Share and reference these documents about TeamBirth's Components and Implementation



Why TeamBirth Video

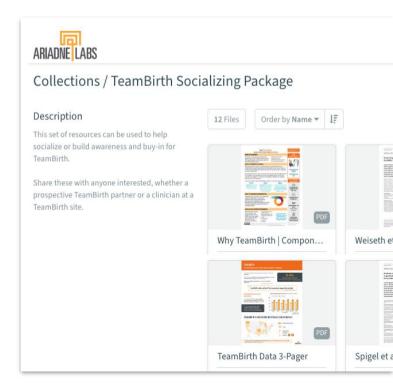
Share this short video showcasing TeamBirth

go.ariadnelabs.org/Why_TeamBirth



Publications

Share the TeamBirth research demonstrating its effectiveness and impact





Take the steps to ensure your implementation has strong buy-in

- Review and download the resources in the Socializing Package: go.ariadnelabs.org/TeamBirth (also linked on your Cohort Resource Page)
 - Why TeamBirth (video)
 - ☐ Infographic | Why TeamBirth
 - ☐ Why TeamBirth | Components & Implementation Overview
 - ☐ Infographic | TeamBirth Key Behaviors
 - ☐ TeamBirth Implementation Support Overview
 - ☐ TeamBirth Data 3-Pager
 - ☐ TeamBirth News and Media Coverage
 - ☐ TeamBirth publications
- ☐ Discuss the communication plan to socialize TeamBirth
- ☐ Get socializing by sharing the resources and having conversations!







Socialize TeamBirth

- ☐ What thoughts do you have for how you will socialize TeamBirth?
- ☐ How will you reach providers?
- ☐ What questions do you have?



Core Implementation Activity: PROVIDE TRAINING & PRACTICE HUDDLES



ENGAGE & COACH PHASE

ADAPT



PROVIDE TRAINING & PRACTICE HUDDLES

CORE: Establish the knowledge for applying TeamBirth's components (huddles, the shared planning tool, and discussion and support guides) AND put training into practice by applying knowledge in practice scenarios with multidisciplinary groups

Identify who should be trained

Ensure everyone who received training has multiple opportunities to practice huddles

Develop and begin your TeamBirth training strategy

Milestones:

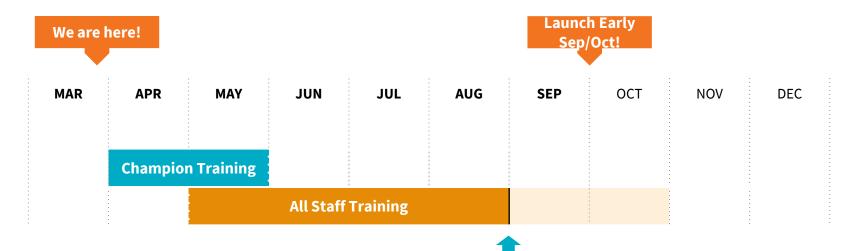
All Champions completed training
All clinicians completed training (goal: minimum of 80% completed by launch)

Your strategy for training: who, how, and when



Training Timeline

Start by training and practicing with your champions so they are ready to support staff training this fall through launch



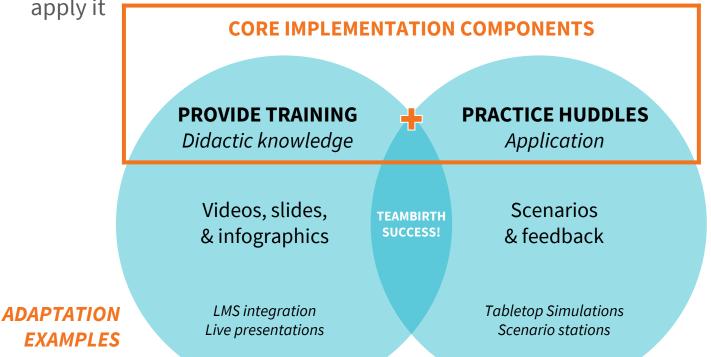
80% of staff completed



For TeamBirth success,

Ensure everyone has the necessary knowledge AND the opportunity to

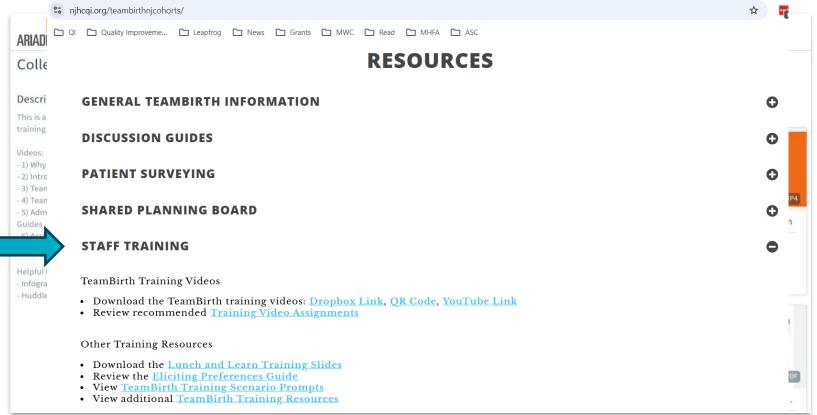
apply it



TeamBirth Training Videos

TRAFT) OUTCOMES

Access and download videos and resources via the Ariadne Labs Collection: go.ariadnelabs.org/TBtraining (and linked on your Cohort Resource Page)





Who should watch which video?

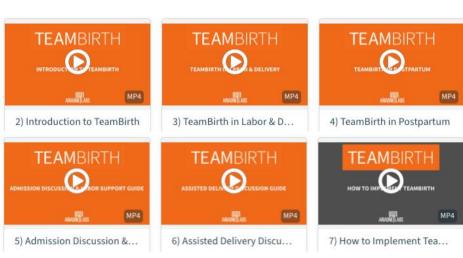
Assign staff based on the content relevant to their role

Video 1: Why TeamBirth is for everyone!

Use early and often for socialization

TEAMBIRTH				
WHY DAY IRTH				
ARADIK LASS MP4	j			
1) Why TeamBirth				

Implementation Team	1 - 7
OB Providers & Midwives	1 - 6
LDRP RNs, Doulas, CBEs	1 - 6
L&D RNs	1-3,5-6
Anesthesiologists / CRNAs	1, 2, 6
Postpartum RNs, Lactation, & Newborn Providers	1, 2, 4





Provide Training

Ensure everyone has the necessary knowledge AND the opportunity to apply it

CORE IMPLEMENTATION COMPONENTS

PROVIDE TRAINING

Didactic knowledge (videos & slide)



PRACTICE HUDDLES

Application

Adaptation for your context

- Assign videos in online learning management system
- Distribute QR codes for YouTube links
- Give your own live presentation of TeamBirth video content
- Supplement videos with TeamBirth resources like the infographics

- Role play huddle simulation in multidisciplinary groups
- Tabletop scenario practice
- Demos
- SIMs
- Combine with skills day

Many approaches to training

On-shift events

- Scenario station for training
- On the fly education
- TeamBirth "roadshows"
- Office hours
- TeamBirth education station
- Mini-trainings at shift changes

Off-shift events

- OB clinics
- SIM lab
- Repurpose unit meetings for multidisciplinary scenario practice and discussion
- Department dinner and training
- Add huddle practice to existing skills labs



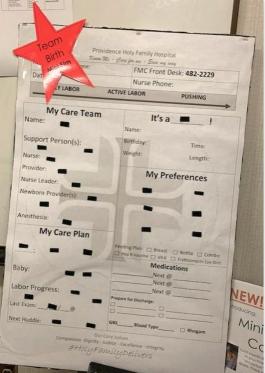




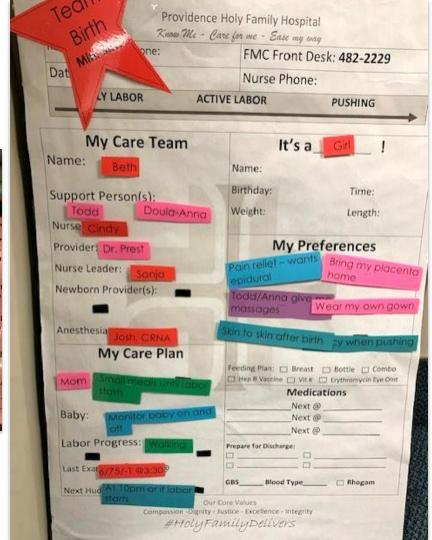


Training Examples

TeamBirth Scenario Station / Mini-Sims



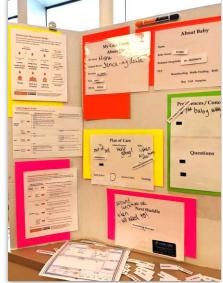


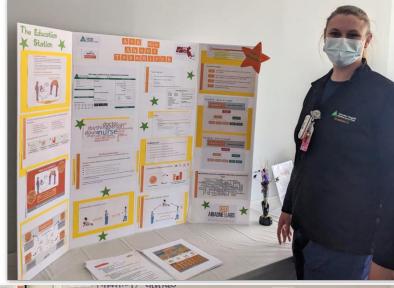


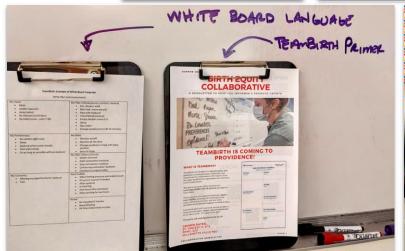
Training Examples

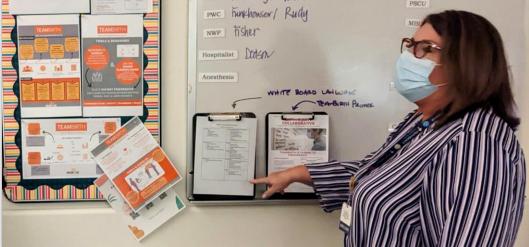
TeamBirth Education Stations











Training Examples

Practice, practice!















Develop your training strategy

There is no one way to train, use strategies that have worked for you



Use the <u>HOW TO</u> resource to start planning your training!

HOW TO Prov	∕ide trai	ning &	praction	ce huddles	
Training staff to do TeamBirth unique training strategy requii with existing clinical and quali	res decisions and	a plan that in			
Preview and downlo	oad the trai	ning reso	urces her	e:	
go.ariadnel	abs.org/	/TBtrai	ning	There is no one way to train use strategies that have worked for you	
Assign training videos to staff			neir role which	is outlined below:	
	Roles	Videos		hy TeamBirth is for everyon	
Imple	mentation Team	1-7	Use ea	Use early and often for socialization	
OB Providers & Midwives		1-6			
LDRP R	vs, Doulas, CBEs	1-6		TEAMBIRTH	
L&D RNs		1-3,5-6		we Que	
Anesthesi	ologists / CRNAs	1, 2, 6		melle SS	
Postpartum RNs, Lacta	tion, & Newborn Providers	1, 2, 4		1) Why TeamBirth	
With input from you	rteams ali	gn on vo	ır trainine	nlan:	
☐ What are the best training					
☐ How do these meth					
☐ How will you assign					
☐ How will you suppo ☐ How will the implementat					
				ation, as well as onboarding of	
Define your training timeline and milestones	manageme Cor Train all clir nurses, mid	nt system ntent is ready nicians who m wives, physici	in time to train ay be part of ti ans)	d to your learning Champions the direct care team (e.g.	



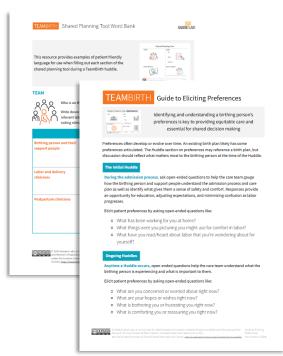
Use these resources to support staff and provider education and training: go.ariadnelabs.org/TBtraining

(also linked on your Cohort Resource Page)

Resource Examples

- Guide to Eliciting Preferences
- Infographic | TeamBirth Basics
- Infographic | When to Huddle
- TeamBirth Shared Planning Tool Word Bank
- Spanish TeamBirth Shared Planning Tool Word Bank
- TeamBirth Training Scenarios
- Template | Training Lunch & Learn Slide Deck

... And more





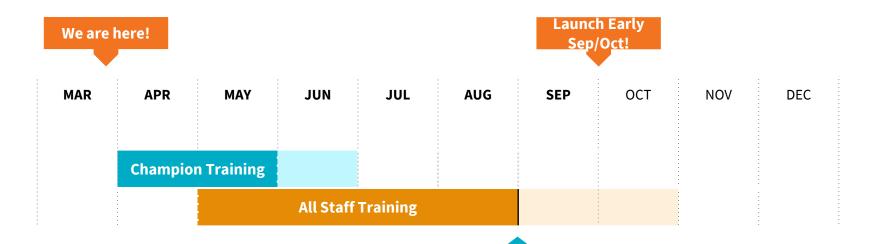


START > OUTCOMES

NONITOR

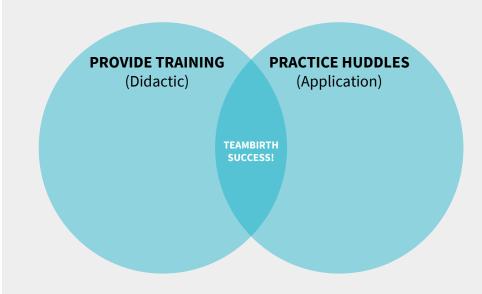
MAPROYE

Start by training and practicing with your champions so they are ready to support staff training this fall through launch



Goal: 80% of staff completed

What could TeamBirth training look like for you?





Core Implementation Activity:

ASSESS YOUR CONTEXT

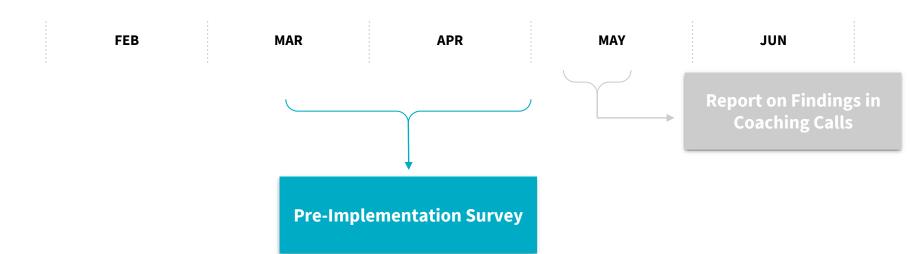




ASSESS YOUR CONTEXT

Prepare for your assessment:

 Share the Atlas survey and provide reminders while advocating for survey completion to reach the 60% response rate goal



Looking Ahead

Implementation Timeline

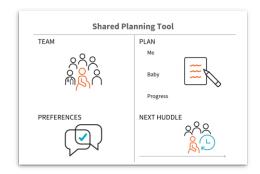


START >

OUTCOMES

Today's Key Takeaways





Shared Planning Tool: NEXT HUDDLE

- Setting clear expectations for future huddles
- Reduces uncertainty by providing transparency

WHEN TO HUDDLE

- All patients should have an initial Huddle to establish norms
- Ongoing, planned, and as needed Huddles will occur throughout their stay at key decision points or requests



Socialize Culture Change

- Review and share TeamBirth resources
- Build buy-in across staff

Provide training & practice huddles

- Establish staff knowledge for applying TeamBirth's components
- Apply training via practice scenarios with multidisciplinary groups

Assess Your Context

 Surveying staff to understand your strengths and opportunities for improvement is essential

Action Items

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Implementation Pathway	Action Items	Details & Resources
GENERAL	Find resources on the TeamBirth NJ Cohort Resource Website	http://www.njhcqi.org/teambirthnjcohorts Password: NJcohorts2022!
SOCIALIZE CULTURE CHANGE	Implementation team review the resources and discuss your team's communitcation strategy	Cohort Resource Page or go.ariadnelabs.org/TeamBirth
	Start having conversations and sharing resources	
PROVIDE TRAINING & PRACTICE HUDDLES	Implementation Team and Champions watch training videos	<u>Training Resources</u>
	Plan training for staff and providers	HOW TO Provide training & practice huddles
CUSTOMIZE TEAMBIRTH	Draft your board design	HOW TO Customize Your Shared Planning Tool
	Submit draft to Annelise by 3/31/25	Email to <u>aslater@njhcqi.org</u>
ASSESS YOUR CONTEXT	Begin distributing your Atlas survey links	Create a socialization & surveying flyer using this template!

Next Steps

Learning Session 4

April 23, 2025 12:00 - 1:00pm EST

Share your feedback on

this session!

- Anonymous
- Short survey
- Tell us what you like
- Tell us how to improve





Coaching Calls

See follow up email for Learning

Session Handout for call agenda



Email Adelisa & Annelise

for

- Support, resources, and updates
- Implementation Questions & Needs aperez@njhcqi.org aslater@njhcqi.org