



Cohort 4 Collaborative Learning Session #7

November 25, 2024

**TeamBirth: Process Innovation for Clinical Safety,
Effective Communication, and Dignity in Childbirth**

Learning Session Agenda

Introduction

TeamBirth Implementation

Current core activities:

- RECAP: Provide training & practice huddles
 - Lunch & Learn example

Looking Ahead

Action Items

Feedback Survey



TeamBirth Implementation Roadmap

Building on the priority implementation activities

| PHASE | PREPARE | ENGAGE & COACH | IMPLEMENT | SUSTAIN |
|------------------------|--|---|---|--|
| CORE ACTIVITIES | <ul style="list-style-type: none"> ✓ Build your team ✓ Develop your strategy ✓ Assess your context ✓ Customize TeamBirth | <ul style="list-style-type: none"> ✓ Socialize TeamBirth ✓ Provide training & practice huddles ✓ Test & improve | <ul style="list-style-type: none"> ✓ Conduct patient surveys ✓ Launch TeamBirth ✓ Monitor & celebrate progress | <ul style="list-style-type: none"> ✓ Embed for sustainability ✓ Evaluate impact & continuously improve |

NJHCQI TeamBirth Websites

Access your cohort 4 resources at this **private website**

www.njhcqi.org/teambirthnj-cohort4

Password: Cohort42024!

Public TeamBirth NJ website now live

www.njhcqi.org/shared-decision-making

TEAMBIRTH NJ COHORT 4

TeamBirth is a shared decision-making program that aims to improve safe and respectful childbirth care.

It involves a series of team huddles and other tools used during labor and delivery, to improve communication and ensure care that aligns with patient preferences.

Developed by Ariadne Labs, TeamBirth was designed to operationalize best practices in communication, teamwork, and clinical care, in collaboration with experts from the major



COLLABORATIVE LEARNING SESSION SLIDES

SESSION 1

May 2024

[SLIDE DECK](#)

[SESSION HANDOUT #1](#)

SESSION 2

June 2024

[SLIDE DECK](#)

[SESSION HANDOUT #2](#)

RESOURCES

GENERAL TEAMBIRTH INFORMATION

- [Click here](#) to watch the Why TeamBirth video
- Download the [Why TeamBirth Infographic](#)
- Download [TeamBirth Board Examples](#)
- Review [TeamBirth Components](#) – includes core components and add-on components
- View the [TeamBirth Socializing Package](#)

TeamBirth Implementation



PREPARE

START >

> OUTCOMES

ENGAGE & COACH

MONITOR

Core Implementation Activity:

PROVIDE TRAINING & PRACTICE HUDDLES

USTAIN

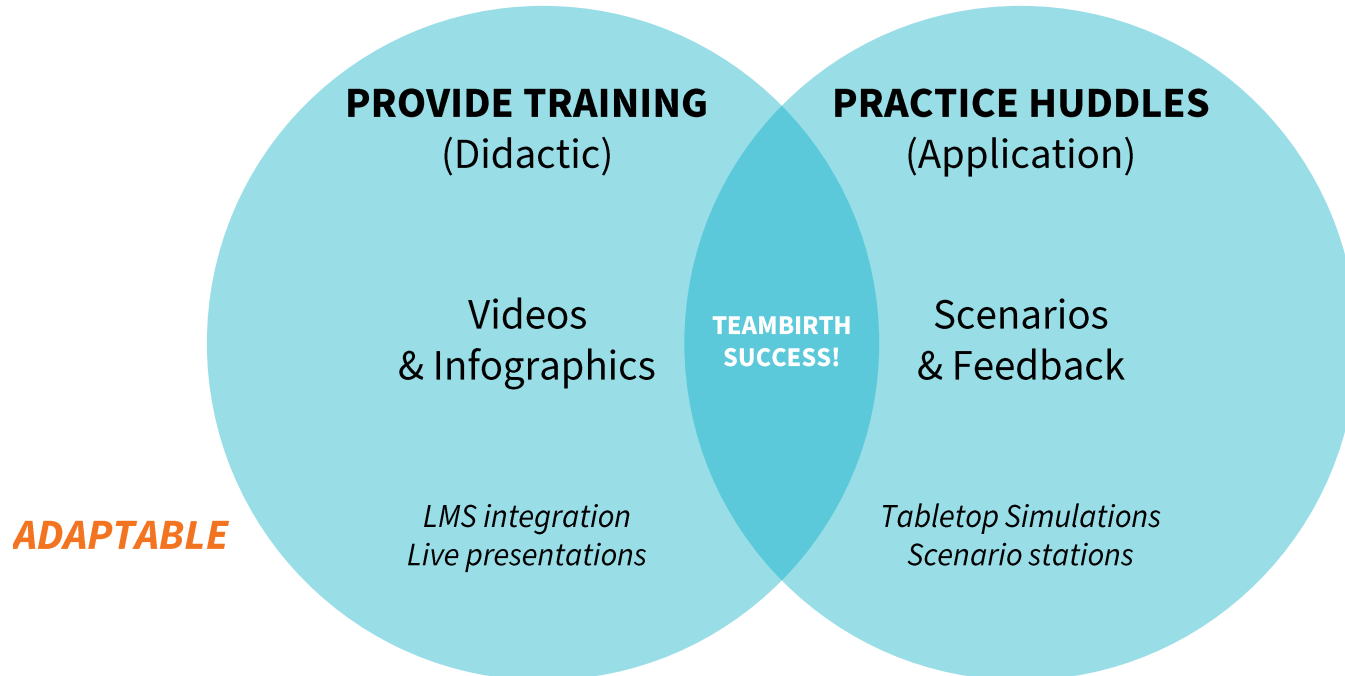
IMPROVE

IMPLEMENT

To ensure TeamBirth success,

Ensure everyone has the necessary knowledge AND the opportunity to apply it

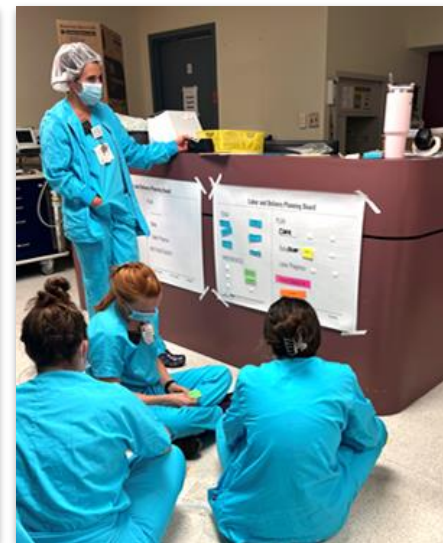
CORE IMPLEMENTATION ACTIVITY



Many approaches to training

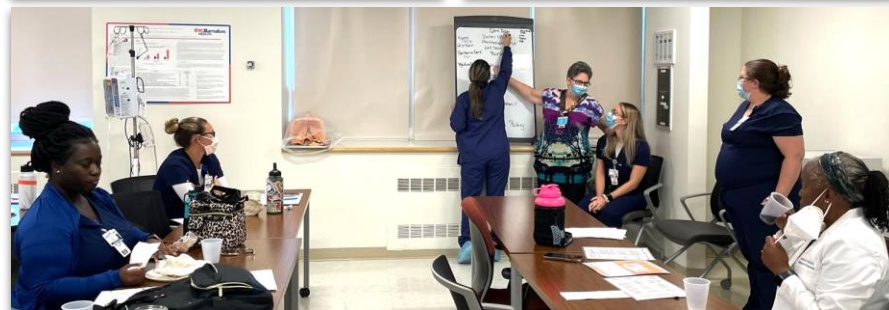
On-shift events

- Scenario station for training
- On the fly education
- TeamBirth “roadshows”
- Office hours
- TeamBirth education station
- Mini-trainings at shift changes

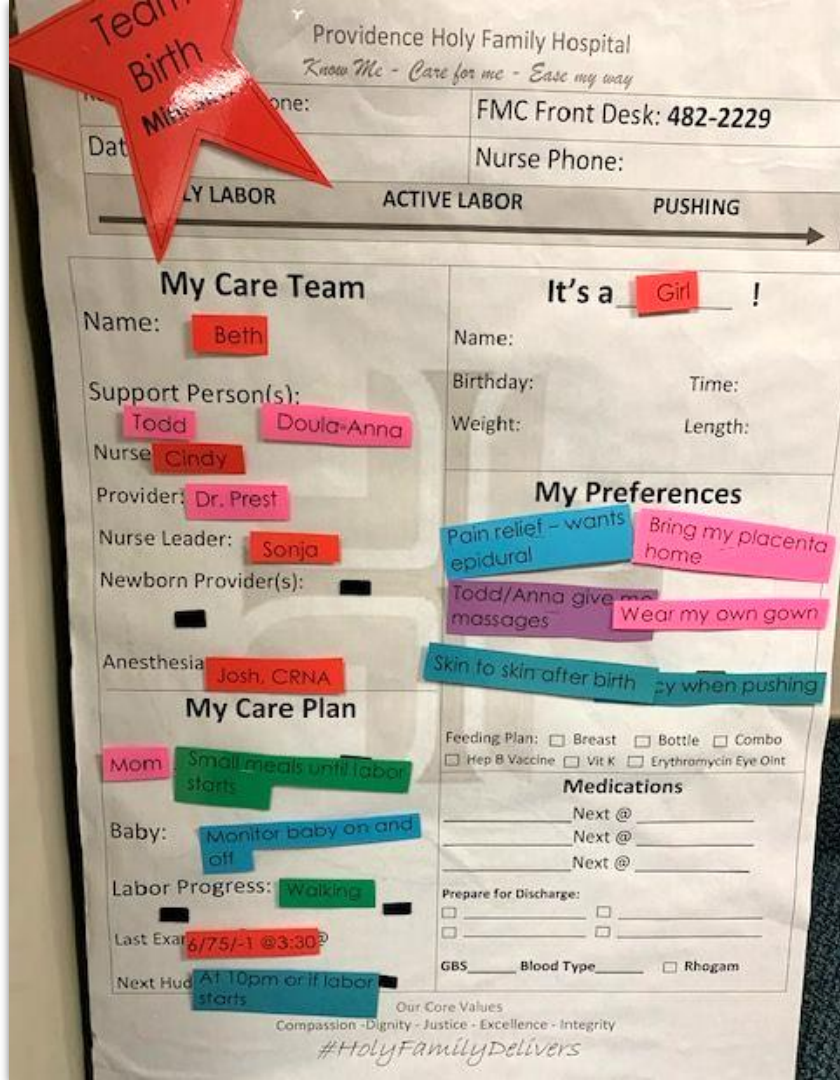
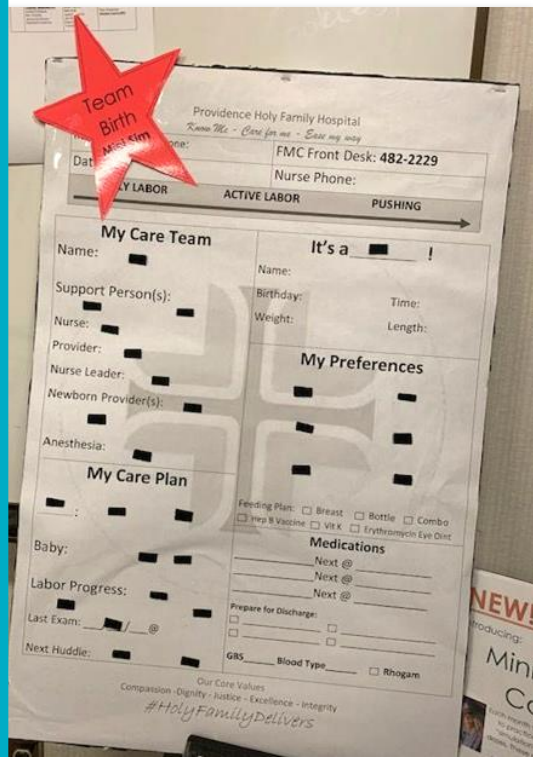


Off-shift events

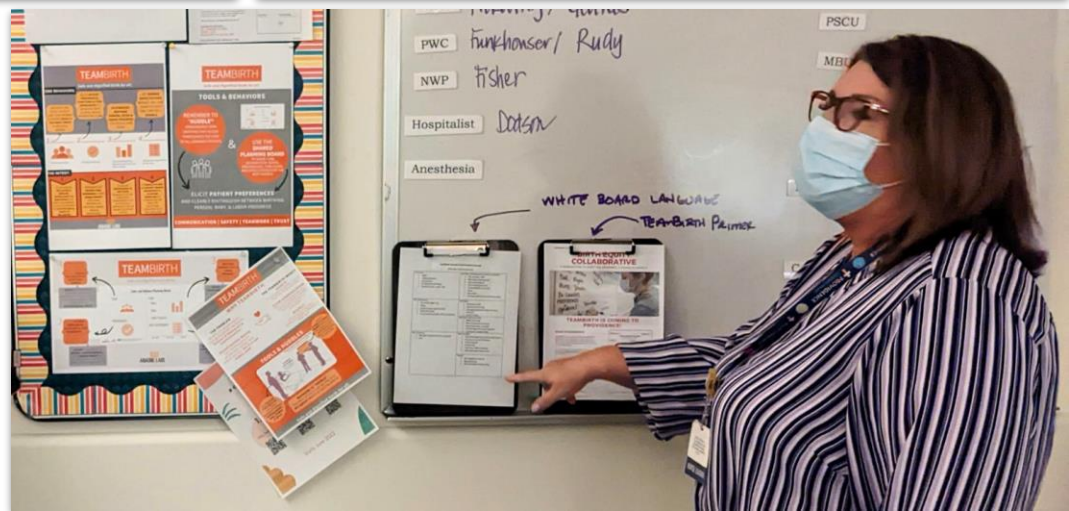
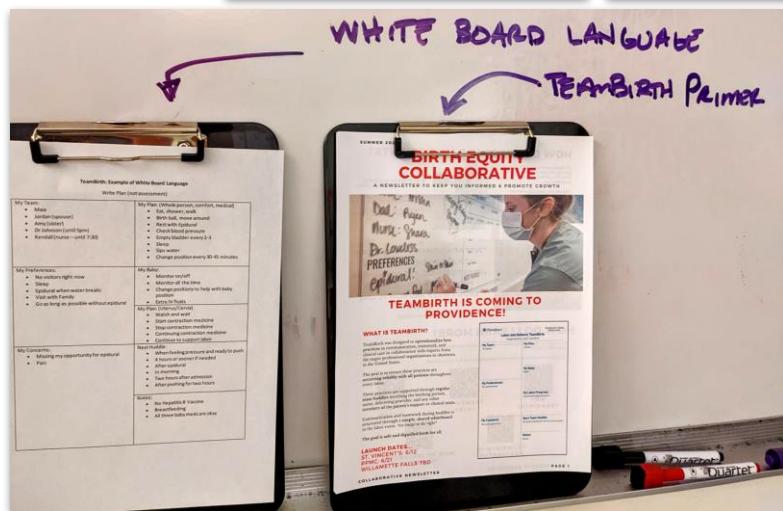
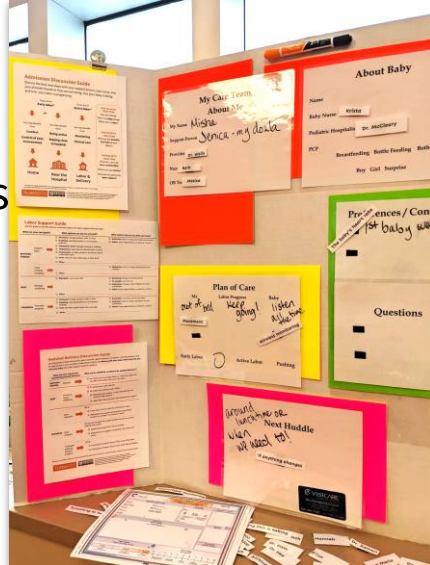
- OB clinics
- SIM lab
- Repurpose unit meetings for multidisciplinary scenario practice and discussion
- Department dinner and training
- Add huddle practice to existing skills labs



TeamBirth Scenario Station / Mini-Sims



TeamBirth Education Stations



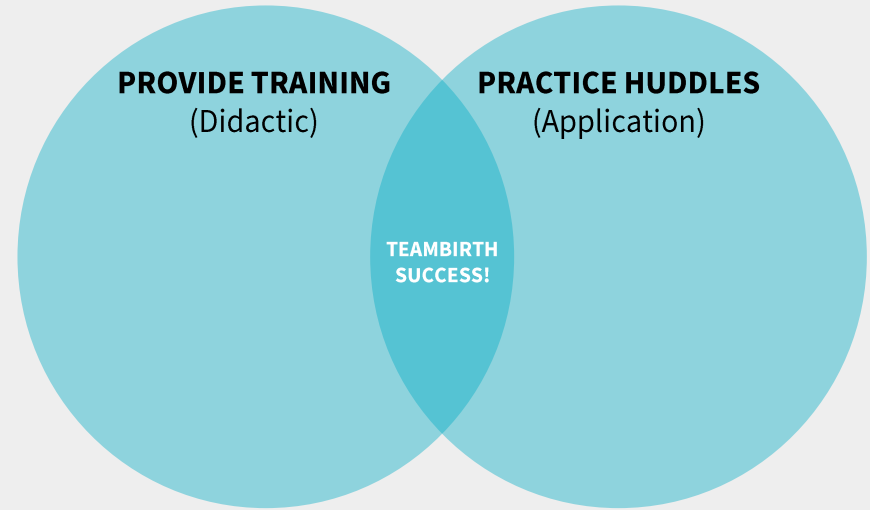
Practice, practice, practice!



Lunch training with badge buddy awards!



What does
TeamBirth
training look like
for you?



Training example: TeamBirth Lunch & Learn



TeamBirth Lunch & Learn

Planning interdisciplinary time to reinforce TeamBirth concepts from the training videos and begin practicing key behaviors

Plan your session logistics

| | |
|--------------|---|
| WHO | At a minimum ensure nurses and providers (OBs & midwives) can attend <ul style="list-style-type: none">• Consider planning separate L&D and postpartum sessions |
| WHAT | Lunch & Learn Learning Objectives (see next slide) |
| WHERE | Where on your unit or in your facility can people gather to learn and engage? |
| WHEN | Schedule 50-60 minute sessions <ul style="list-style-type: none">• Ensure there are multiple time points that allow for staff from different shifts to attend |
| HOW | Adapt the Lunch & Learn template slides for your team |

Lunch & Learn Learning Objectives

Lunch & Learns are used to reinforce the LMS training content. Clearly focus your time together with these learning objectives (*in the template slide deck*)

Learning Objectives

- To describe what TeamBirth is and why it is valuable
- To identify opportunities for when TeamBirth Huddles may occur
- To begin practicing demonstration of the TeamBirth Key Behaviors while using the shared planning board:
 - Team: To promote the role of each team member
 - Preferences: To elicit patient preferences, thoughts, & concerns
 - Plan: To distinguish the different care plans
 - Next Huddle: To set shared expectations for the timing of the next huddle

Session facilitation

The template slides include recommendations for how to use your time to meet the objectives

Inform staff of how this session fits into your whole training plan

Briefly recap with a TeamBirth overview (*Staff should be familiar with this from the LMS content already*)

Reinforce the definition of the key behaviors and demonstrate them using a scripted scenario

Ideally work in bite sized opportunities for staff to practice each behavior

Internal planning

| Section | Agenda Items | Notes | Facilitator |
|---|---|--|-------------|
| Session welcome & learning objectives [5 mins] | <ul style="list-style-type: none">○ Introductions○ Session objectives | Clarifying that this session builds on the LMS video content and confirm that attendees have completed LMS content This session is the first step towards trying out and practicing the TeamBirth key behaviors. Simulating and practice teambirth scenarios will happen next | ○ ? |
| What is TeamBirth [10 mins] | <ul style="list-style-type: none">○ Core Components○ Our board○ When to huddle○ Key resources | This brief intro to TeamBirth grounds people on the big picture and key resources (board design, 1 & 2-pagers) Practice keeping each slide to ~ 1 min of voiceover (see speaker notes for approximate recommendations) | ○ ? |
| TeamBirth Key Behaviors [30 mins] | <ul style="list-style-type: none">○ Sparking a huddle & Team<ul style="list-style-type: none">○ Demo + Practice○ Preferences<ul style="list-style-type: none">○ Demo + Practice○ Plan<ul style="list-style-type: none">○ Demo○ Next Huddle<ul style="list-style-type: none">○ Demo | These practice opportunities are bite sized and intended to help get the words out for introducing huddles and asking different open-ended questions Share script with Demo readers Decide for your group if you want to take questions as they come or wait until after this section content is covered | ○ ? |
| Practice [10 mins] | <ul style="list-style-type: none">○ Scenario 2 practice facilitation | This can be done more or less structured depending on the group Ideally have a whiteboard with markers on hand to write out the board | ○ ? |

Session facilitation notes

The template slides include notes that guide your facilitation

Notes

- Confirm that attendees have completed LMS content
 - This session is the first step towards fully practicing the TeamBirth key behaviors
-
- The brief intro to TeamBirth grounds people on the big picture and several key resources
 - **Practice keeping each slide to ~ 1 min of voiceover**
-
- These practice opportunities are bite sized and intended to help get the words out for introducing huddles and asking different open-ended questions
 - **Create your own scenario or use this simple script**
 - Decide for your group if you want to take questions as they come or wait until after this section content is covered
-
- The final scenario can be done in a **more or less structured way depending on the group**
 - Have a whiteboard or paper with markers on hand to write out details that would be on the TeamBirth board

Session Content: What is TeamBirth

Learning Objective: To describe what TeamBirth is and why it is valuable

Speaker notes demonstrate how to cover the TeamBirth core components and several key supportive resources in about 10 mins.

What is TeamBirth?

5



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TeamBirth Core Components
Critical to successful delivery of TeamBirth across the maternal health continuum

- STRUCTURED TEAM HUDDLES**
Structured conversations that include all team members
- SHARED PLANNING TOOL**
Visual tool that structures communication and provides space for documentation and expectations for the next huddle

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TeamBirth Huddles:

WHO
The entire direct care team, including the person in labor and their support

WHEN
At admission and at major decision points or change in care plans throughout labor and postpartum

WHAT
Discuss preferences; care plans for mom and baby; labor progress; and expectations for the next huddle

WHY
Give all team members the opportunity to participate in shared decision-making

8

TeamBirth's components promote **four key behaviors**:

- Presenting the best of maternal expertise
- Engaging patient preferences
- Integrating a plan for patient, baby, and their program
- Set clear expectations for the huddle after each huddle

Shared Planning Tool

| | |
|------------|-------|
| Title | Topic |
| MEMBERSHIP | PLAN |

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Our adapted TeamBirth Boards

INSERT YOUR SITE BOARD(S) HERE

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WHEN TO HUDDLE

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Door to Door TeamBirth

TeamBirth sets the standard for team communication throughout every birthing journey. TeamBirth will look different based on:

- Your specific unit structure
- Your patient's unique preferences and medical needs

When to Huddle Key Moments
These key moments describe how TeamBirth is put in practice throughout the birthing journey.

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Resource Spotlight

TeamBirth Basics 1 - paper

When to Huddle 3 - paper

14

Resource Spotlight

Guide to Structured Preferences 2 - paper

Spanish & English Word Bank

15

Practice this content so you feel confident speaking to it concisely so that you'll have the time to go deeper in the rest of the session.

Session Content: Key Behaviors

Learning Objectives:

To identify opportunities for when TeamBirth Huddles may occur

To begin practicing demonstration of the TeamBirth Key Behaviors while using the shared planning board

Starting with when and how to spark a huddle, this section reinforces each key behavior and includes a brief demo via a simple patient scenario

Also included are short practice opportunities for people to start demonstrating the key behaviors.

TeamBirth Key Behaviors
Learning and applying TeamBirth with the shared planning board

Shared Planning Tool

| | |
|--------------------|-----------------|
| TEAM | PLAN |
| Who | Role |
| What | When |
| Where | How |
| Why | Next Huddle |
| PREFERENCES | PREPARED |
| What | When |
| Where | How |
| Why | Next Huddle |

Also is being admitted to the hospital at 5cm for active labor. Alea's care team is having an initial huddle upon admission to the hospital.

Sparking a Huddle

Each huddle starts with a **spark** which is anyone identifying the need for a huddle.

There are many different reasons to huddle, but a huddle will never happen unless someone identifies the spark.

TEAM KEY BEHAVIOR: Promote the role of each team member

INTENT
To ensure all roles have valuable input in shared decision making
To establish **psychological safety** by providing an invitation and ongoing opportunity to participate

DETAILS
Verbalize that a TeamBirth huddle is occurring
Start with the patient followed by their support people
Ensure relevant team members are included
May include additional information (e.g. here until 7pm shift change)

Christine Souza
Sarah Best Friend
Alea Alvarez
Dr. Chien OLSON

When to Huddle What are your team's key moments that spark a TeamBirth huddle?

| INITIAL | KEY DECISIONS & CHANGES TO CARE PLAN | ROUTINE |
|--|--|--|
| <ul style="list-style-type: none"> Initial 1000 and 4th Admission to labor Admission to labor Admission to labor Admission to labor Admission to labor Admission to labor Admission to labor | <ul style="list-style-type: none"> Key decision Key decision Key decision Key decision Key decision Key decision Key decision Key decision | <ul style="list-style-type: none"> Key decision Key decision Key decision Key decision Key decision Key decision Key decision Key decision |

Psychological Safety

Including and introducing each team member sets up psychological safety

The TEAM section and key behavior facilitate:

- An environment that allows individuals to feel safe, comfortable, and supported in expressing themselves
- Mitigation of fear of negative consequences such as judgement, criticism, or punishment
- Minimizing hierarchical power dynamics inherent in healthcare

We ideas and experiences matter, regardless of title, position, or role.

We encourage safe communication and ongoing opportunities to speak up.

Other information may be available to include during introductions of the team

In addition to names you may include:

- Role or title
- Shift times
- Relationship to birthing person
- Accessibility needs

Shared Planning Tool

| | |
|--------------------|-----------------|
| TEAM | PLAN |
| Who | Role |
| What | When |
| Where | How |
| Why | Next Huddle |
| PREFERENCES | PREPARED |
| What | When |
| Where | How |
| Why | Next Huddle |

TEAMBIRTH Introduction

When sparking a huddle use the opportunity to ensure the patient knows what TeamBirth is

Initial huddles should be used to establish TeamBirth huddles as the communication process the patient will experience throughout their time at the hospital.

Anytime a huddle begins confirm the patient is familiar with TeamBirth and provide any explanation so they understand what is happening and why

Key Points

1. TeamBirth ensures teamwork and consistent clear communication
2. This is used for all patients
3. The purpose is to ensure you (the patient and support person) can share your preferences and needs and be a part of decision making for your care.

Who is on the Team

The direct care team includes any support people accompanying the patient as well as the clinical team primarily responsible for patient care

Birthing Person

Support Person

- Partner/Spouse
- Family
- Friend
- Other

Clinicians

- Nurse
- Certified Nurse Midwife
- Physician (OB/GYN)
- Physician Assistant
- Advanced Practice Nurse
- Respiratory Therapist
- Pharmacist
- Other

Additional team members:

- Interpreter
- Social Worker
- Community Health Worker

SPARK & TEAM SCENARIO 1 - HUDDLE 1

PRACTICE

1. Turn to a neighbor (pairs of 2-3)
2. For 2 mins each, practice your TeamBirth huddle introductions:

Shared Planning Tool

| | |
|--------------------|-----------------|
| TEAM | PLAN |
| Who | Role |
| What | When |
| Where | How |
| Why | Next Huddle |
| PREFERENCES | PREPARED |
| What | When |
| Where | How |
| Why | Next Huddle |

Scenario

Alea is being admitted to the hospital at 5cm for active labor. Alea's care team is having an initial huddle upon admission to the hospital.

Key Points

1. TeamBirth ensures teamwork and consistent clear communication
2. This is used for all patients
3. The purpose is to ensure you (the patient and support person) can share your preferences and needs and be a part of decision making for your care.



Knowledge Checks

True or False **and discuss**

1. The preference section is a place to transcribe a patient's birth plan so everyone can see it.
2. During the admission huddle, best practice is to ask a patient "Do you have any preferences?" so that you do not have to ask again on any additional huddles.
3. The preference section is a visual cue to elicit what is most important to the patient during the current huddle, to hear concerns and thoughts about current options and choices.
4. The preference section can also be used to remind us to check in with others on the team (partners, doulas, other clinical team members).

Let's try it

We'll show a snapshot of this process today:

Brief scenario demo



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TEAM

Other information may be valuable to include during introductions of the team

In addition to names you may include:

- Role or Title
- Shift times
- Relationship to birthing person
- Accessibility needs

| Shared Planning Tool | |
|-------------------------------|-------------|
| TEAM | PLAN |
| Alea | Me |
| Sarah - friend (Spanish) | Midw |
| Christine - doula | Progress |
| Trisha - RN (here til 1pm) | |
| Dr. Chien - OB (here til 1am) | |
| PREFERENCES | NEXT HUDDLE |

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SPARK & TEAM

SCENARIO 1 - HUDDLE 1

PRACTICE

1. Turn to a neighbor (pairs of 2-3)
2. For 2 mins each, practice your TeamBirth huddle introductions.

| Shared Planning | |
|-------------------------------|----------|
| TEAM | PLAN |
| Alea | Me |
| Sarah - friend (Spanish) | Midw |
| Christine - doula | Progress |
| Trisha - RN (here til 1pm) | |
| Dr. Chien - OB (here til 1am) | |
| PREFERENCES | NEXT |

Scenario

Alea is being admitted to the hospital at 5cm for active labor.
Alea's care team is having an initial huddle upon admission to the hospital.

Key Points

1. TeamBirth ensures teamwork and consistent clear communication
2. This is used for all patients
3. The purpose is to ensure you (the patient and support person) can share your preferences and needs and be a part of decision making for your care.

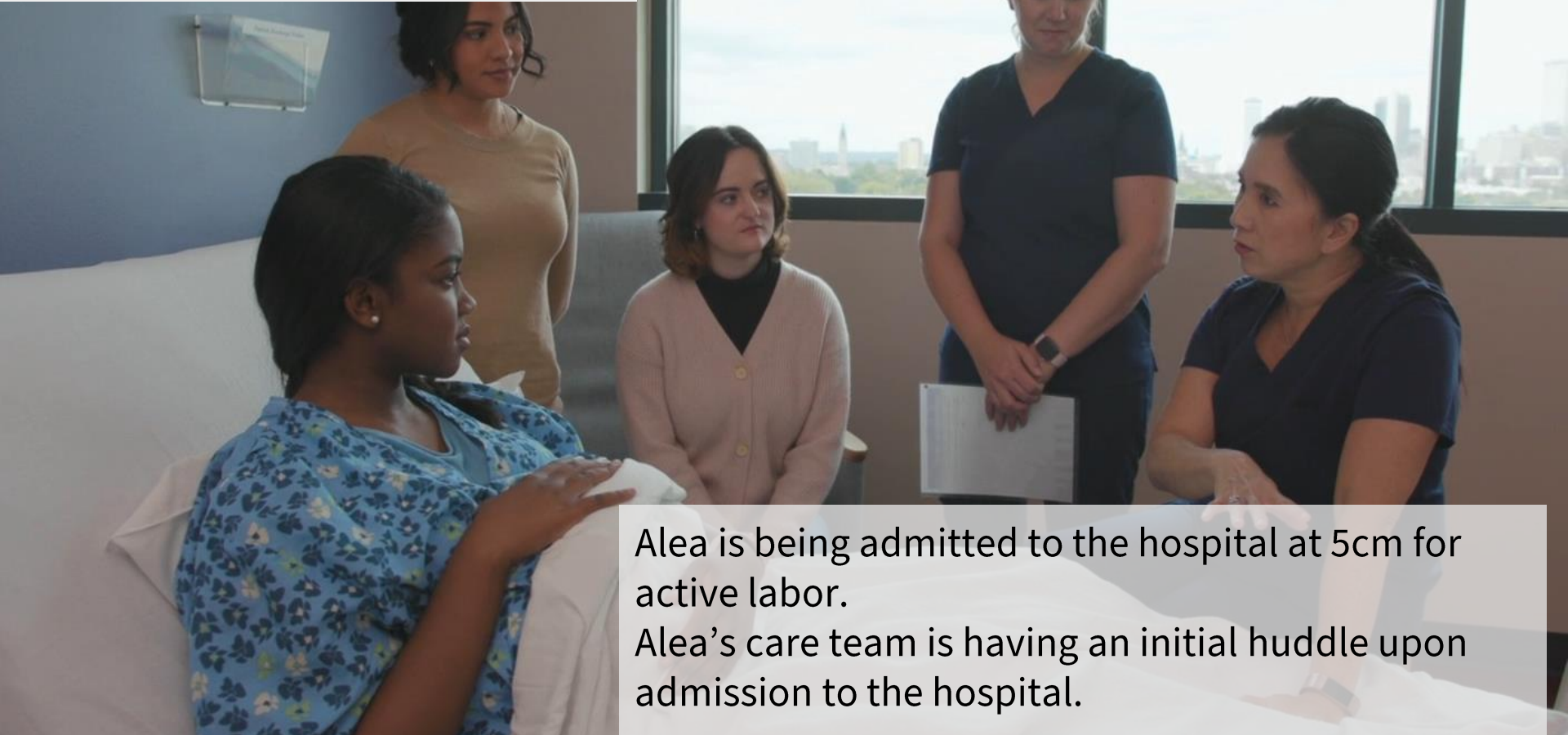
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Bite sized practice

Huddle Spark



DEMO - SCENARIO 1



Alea is being admitted to the hospital at 5cm for active labor.

Alea's care team is having an initial huddle upon admission to the hospital.

Team

DEMO - SCENARIO 1



Christine
Doula

Trisha
Nurse

Sarah
Best Friend

Alea
Patient

Dr. Chien
OB/GYN



TEAM

Other information may be valuable to include during introductions of the team

In addition to names you may include:

- Role or Title
- Shift times
- Relationship to birthing person
- Accessibility needs

| Shared Planning Tool | |
|-------------------------------------|-------------|
| TEAM | PLAN |
| <i>Alea</i> | Me: |
| <i>Sarah - friend (Spanish)</i> | Baby: |
| <i>Christine - doula</i> | Progress: |
| <i>Trisha - RN (here til 7pm)</i> | |
| <i>Dr Chien - OB (here til 7am)</i> | |
| PREFERENCES | NEXT HUDDLE |
| | |



PRACTICE

1. Turn to a neighbor (pairs of 2-3)
2. For 2 mins each, practice your TeamBirth huddle introductions:

Shared Planning

TEAM

PLAN

Me:

Bab

Proj

NEXT

Alea

Sarah - friend (Spanish)

Christine - doula

Trisha - RN (here til 7pm)

Dr Chien - OB (here til 7am)

PREFERENCES

Scenario

Alea is being admitted to the hospital at 5 cm for active labor.

Alea's care team is having an initial huddle upon admission to the hospital.

Key Points

1. TeamBirth ensures teamwork and consistent clear communication
2. This is used for all patients
3. The purpose is to ensure you [the patient and support person] can share your preferences and needs and be a part of decision making for your care.

Session Content: Practice

Learning Objectives: To begin practicing demonstration of the TeamBirth Key Behaviors while using the shared planning board

End the session with a new scenario and bite size practice opportunities for each board section

Team & Preferences again, and then the Plan and Next Huddle

Scenario 2
Applying TeamBirth with the shared planning board

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SPARK & TEAM
SCENARIO 2 - HUDDLE 1

Jade is being admitted to L&D in early labor. She is scheduled for a possible induction tomorrow. She is having regular (painful) contractions and worried about the baby since she's overdue.

- G1P0, 40.5 wks, low-risk pregnancy
- FHR reassuring
- Membranes intact
- Cervix is 3/90%/-1
- Cervix was fingertip at 40 week office appt
- Contractions every 2-5 minutes in a coupling pattern. The long-lasting contractions are strong to papilion.

Jade's provider is here for the admission huddle.

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SPARK & TEAM
SCENARIO 2 - HUDDLE 1

Labor & Delivery Shared Planning Tool

TEAM

| | |
|-------------------|-------------|
| Jade | Baby Simone |
| Ryle - partner | |
| Alicia - RN | |
| Amanda - Midwife | |
| Dr. George - OB | |
| Dr. Williams - PE | |

PREFERENCES

PRACTICE

1. Turn to a neighbor (pairs of 2-3)
2. For 2 mins each, practice your TeamBirth huddle introductions and the Team section

Key Points

1. TeamBirth ensures teamwork and consistent clear communication
2. This is used for all patients
3. The purpose is to ensure you (the patient and support person) can share your preferences and needs and be a part of decisions making for your care.

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PREFERENCES
SCENARIO 2 - HUDDLE 1

Shared Planning Tool

TEAM

| | |
|-------------------|-------------|
| Jade | Baby Simone |
| Ryle - partner | |
| Alicia - RN | |
| Amanda - Midwife | |
| Dr. George - OB | |
| Dr. Williams - PE | |

PREFERENCES

PRACTICE

1. Turn to a neighbor (pairs of 2-3)
2. What open ended questions would you ask to understand Jade's preferences?

EXAMPLES

1. What are you concerned or worried about right now?
2. What are your hopes or wishes right now?
3. What is bothering you or frustrating you right now?
4. What is comforting you or reassuring you right now?

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PREFERENCES
SCENARIO 2 - HUDDLE 1

"I am running so hot! Oh, I really need that fan turned towards me at all times... I'm really hoping for a natural childbirth or at least to wait as long as possible for an epidural if possible so I can keep moving around.

And I am so freaked out about vacuum deliveries, my sister had one and it was awful so please avoid using a vacuum.

We went lots of photos including of the placenta afterward, and Kyle is really looking forward to doing skin-to-skin!"

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PREFERENCES
SCENARIO 2 - HUDDLE 1

Labor & Delivery Shared Planning Tool

TEAM

| | |
|-------------------|-------------|
| Jade | Baby Simone |
| Ryle - partner | |
| Alicia - RN | |
| Amanda - Midwife | |
| Dr. George - OB | |
| Dr. Williams - PE | |

PREFERENCES

optimal/naturally, want if possible
Lots of pictures
In to hot!

PLAN

Me
Baby

NEXT HL

PRACTICE

1. Write* Jade's preferences on you board.

*Asking support people to help write on the board is a great way to look shore and ensure patient friendly language!

50

PLAN
SCENARIO 2 - HUDDLE 1

Labor & Delivery Shared Planning Tool

TEAM

| | |
|-------------------|-------------|
| Jade | Baby Simone |
| Ryle - partner | |
| Alicia - RN | |
| Amanda - Midwife | |
| Dr. George - OB | |
| Dr. Williams - PE | |

PREFERENCES

optimal/naturally, want if possible
Lots of pictures
In to hot!

PLAN

Me
Baby

Labor Progress

Keep moving!
Cool, stand and walk

NEXT HUDDLE

PRACTICE

Discuss as a group what you all might discuss with Jade for her, baby Simone, and the labor plan based on her preferences.

1. Talk through the initial plan options for Jade and Simone
2. Practice discussing Jade's preferences as you determine each plan

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NEXT HUDDLE
SCENARIO 2 - HUDDLE 1

Labor & Delivery Shared Planning Tool

TEAM

| | |
|------------------|-------------|
| Jade | Baby Simone |
| Ryle - partner | |
| Alicia - RN | |
| Dr. George - OB | |
| Amanda - Midwife | |

PREFERENCES

optimal/naturally, want if possible
Lots of pictures
In to hot!

PLAN

Me
Baby

Labor Progress

Keep moving!
Cool, stand and walk

NEXT HUDDLE

After next exam (in a couple hours)
By request

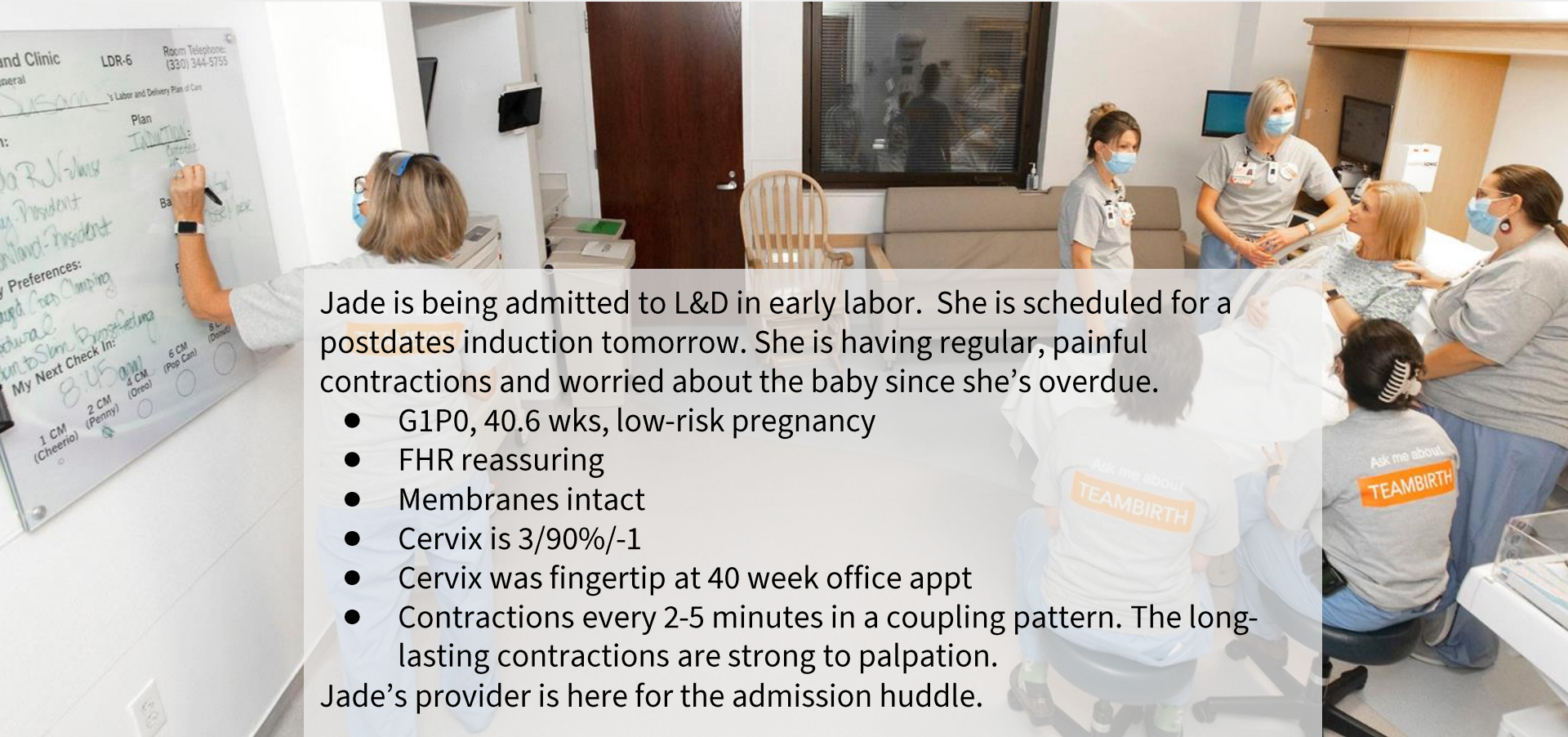
PRACTICE

1. Turn to a neighbor (pairs of 2-3)
2. Tell each other what to expect for when the next huddle could happen

EXAMPLES

- As needed
- Per request by anyone on the team

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Jade is being admitted to L&D in early labor. She is scheduled for a postdates induction tomorrow. She is having regular, painful contractions and worried about the baby since she's overdue.

- G1P0, 40.6 wks, low-risk pregnancy
- FHR reassuring
- Membranes intact
- Cervix is 3/90%/-1
- Cervix was fingertip at 40 week office appt
- Contractions every 2-5 minutes in a coupling pattern. The long-lasting contractions are strong to palpation.

Jade's provider is here for the admission huddle.



Labor & Delivery Sha

TEAM

Jade

Baby Simone

Kyle - partner

Maria - RN

Amanda - Midwife

Dr. George - OB

Dr. Williams - Beds

PRACTICE

1. Turn to a neighbor (pairs of 2-3)
2. For 2 mins each, practice your TeamBirth huddle introductions and the Team section

Key Points

1. TeamBirth ensures teamwork and consistent clear communication
2. This is used for all patients
3. The purpose is to ensure you [the patient and support person] can share your preferences and needs and be a part of decision making for your care.

PREFERENCES

SCENARIO 2 - HUDDLE 1



PRACTICE

1. Turn to a neighbor (pairs of 2-3)
2. What open ended questions would you ask to understand Jade's preferences?

Shared Planning

TEAM

Jade

Baby Simone

Kyle - partner Dr. Williams - Peds

Maria - RN

Amanda - Midwife

Dr. George - OB

PREFERENCES

PLAN

Me:

Bab

Proj

NEXT

EXAMPLES

1. *What are you concerned or worried about right now?*
2. *What are your hopes or wishes right now?*
3. *What is bothering you or frustrating you right now?*
4. *What is comforting you or reassuring you right now?*

PREFERENCES

SCENARIO 2 - HUDDLE 1



“I am running so hot! Gah, I really need that fan turned towards me at all times... I’m also really hoping for a natural childbirth or at least to wait as long as possible for an epidural if possible so I can keep moving around.

And I am so freaked out about vacuum deliveries. My sister had one and it was awful so please avoid using a vacuum.

We want lots of photos including of the placenta afterwards, and Kyle is really looking forward to doing skin-to-skin!”

PREFERENCES

SCENARIO 2 - HUDDLE 1



| Labor & Delivery Shared Plan | |
|--|---------------------|
| TEAM | PLAN |
| <i>Jade</i> | Me |
| <i>Baby Simone</i> | |
| <i>Kyle - partner</i> | <i>Dr. Williams</i> |
| <i>- Peds</i> | Baby |
| <i>Maria - RN</i> | |
| <i>Amanda - Midwife</i> | Labor F |
| <i>Dr. George - OB</i> | |
| PREFERENCES | |
| <i>epidural eventually, wait if possible</i> | |
| <i>Lots of pictures</i> | |
| <i>I'm so hot!</i> | |
| <i>At birth:</i> | |
| <i>No vacuum</i> | |
| <i>Kyle wants skin to skin too</i> | |
| <i>Placenta pics</i> | |
| | NEXT HU |
| | EARLY LABOR |

PRACTICE

1. Write* Jade's preferences on your board.

**Asking support people to help write on the board is a great way to task share and ensure patient friendly language!*

PLAN

SCENARIO 2 - HUDDLE 1



Labor & Delivery Shared Planning Tool

TEAM

Jade
Baby Simone
Kyle - partner *Dr. Williams*
- Peds
Maria - RN
Amanda - Midwife
Dr. George - OB

PREFERENCES

epidural eventually, wait if possible
Lots of pictures
I'm so hot!
At birth:
No vacuum
Kyle wants skin to skin too
Placenta pics

PLAN

Me *Keep fan close*
Keep cool (ice and wet cloths)
 Baby
Listen to baby on and off
 Labor Progress
Keep moving!
Ball, stand and sway

NEXT HUDDLE

EARLY LABOR ACTIVE LABOR PUSHING

PRACTICE

Talk as a group about what you all might discuss with Jade for her, baby Simone, and the labor plan based on her preferences.

1. Talk through the initial plan options for Jade and Simone
2. Practice discussing Jade's preferences as you determine each plan

NEXT HUDDLE

SCENARIO 2 - HUDDLE 1



Labor & Delivery Shared Planning Tool

TEAM

Jade
Baby Simone
Kyle - partner *Dr. Content*
- Peds
Maria - RN
Dr. George - OB
PREFERENCES
Amanda - NP
epidural eventually, wait if possible
Lots of pictures
I'm so hot!
At birth:
No vacuum
Kyle wants skin to skin too
Placenta pics

PLAN

Me
Keep fan close
Keep cool (ice and wet cloths)
Baby
Listen to baby on and off

Labor Progress
Keep moving!
Ball, stand and sway

NEXT HUDDLE

After next exam (in a couple hours)
By request

EARLY LABOR ACTIVE LABOR PUSHING

PRACTICE

1. Turn to a neighbor (pairs of 2-3)
2. Tell each other what to expect for when the next huddle could happen

EXAMPLES

- *As needed*
- *Per request by anyone on the team*

Welcome to Labor & Delivery

Date: / /

Room # :

Dining On Call: 13663

Housekeeping: 19400

Care Team:

Me: *Jade*

Baby: *Simone*

Support Person: *Kyle - partner* Neonatologist:

Nurse: *Maria*

Pediatrician:

Hospitalist / OB: *Dr. George*

Dr. Williams

Midwife: *Amanda*

Others:

Care Plans:

Me: *Keep fan close*

Keep cool (ice and wet cloths)

Baby: We're having a _____

Listen to baby on and off

Labor Progress: *Keep moving!*

Ball, stand and sway

Next Huddle:

After next exam (in a couple hours)

By request

Birth Preferences:

I'm so hot! Lots of photos!

*At birth: No vacuum, Kyle
wants skin to skin too*

Pain Management:
epidural eventually, wait if possible

DILATION CHART

1 cm

2 cm

3 cm

4 cm

5 cm

6 cm

7 cm

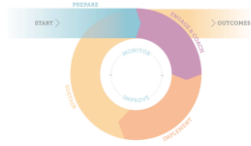
8 cm

9 cm

10 cm

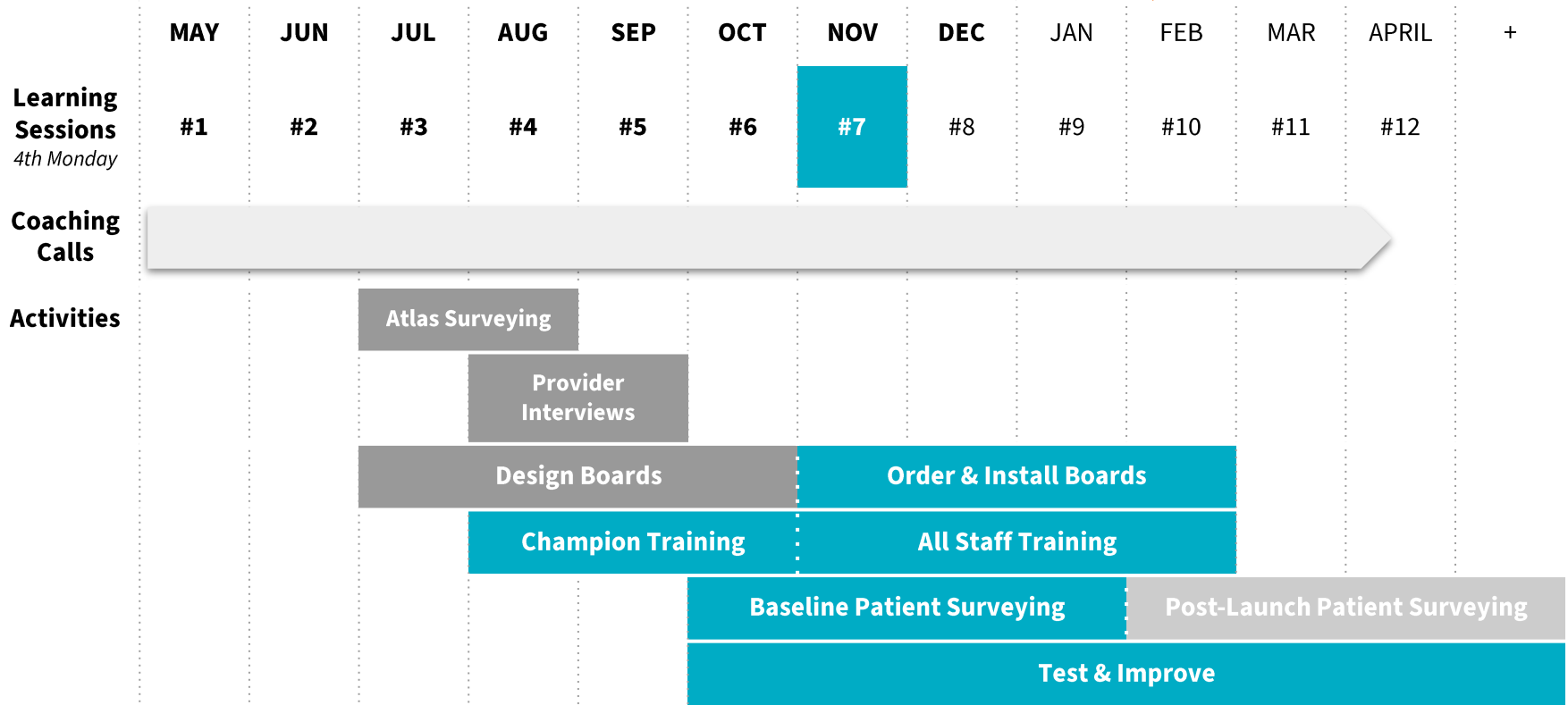
Looking Ahead





Implementation Timeline

Launch!



Action Items



| <i>Implementation Pathway</i> | <i>Action Items</i> | <i>Details & Resources</i> |
|-------------------------------------|---|--|
| PROVIDE TRAINING & PRACTICE HUDDLES | Implementation Team & Champions complete LMS training & practice huddles | Training Resources |
| | All staff complete LMS training; Plan and begin for all staff huddle practice opportunities | HOW TO Provide training & practice huddles Lunch & Learn Template Slide Deck |
| CUSTOMIZE TEAMBIRTH | Finalize board designs & place order; send final designs to Adelisa & Indigo | TEMPLATE Board Evaluation Form |
| CONDUCT PATIENT SURVEYS | Test your patient survey process | HOW TO Conduct Patient Surveying NJ Cohort 4 Patient Survey Template |
| | Begin baseline patient surveying | Penn Med Princeton Capital Health HMH JFK & Inspira (hold on to surveys until DUA) RWJ Trinitas (not yet started, wait until DUA) |
| LAUNCH TEAMBIRTH | Finalize launch dates. Consider event ideas. | See Collaborative Session 5 slides |
| | Send Adelisa February date for launch/site visit | |

Next Steps

Next Learning Session

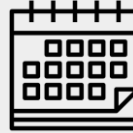
No December Session

January 27th, 2025

12:00 - 1:00pm EST

Share your feedback!

- Anonymous
- Short survey
- Tell us what you like
- Tell us how to improve



Coaching Calls

See follow up email for Learning **Session Handout** for call agenda



Email Adelisa for

- Support and updates
- Resources
- Implementation Questions & Needs

aperez@njhcqi.org