





Cohort 4 Collaborative Learning Session #6 October 28, 2024

TeamBirth: Process Innovation for Clinical Safety, Effective Communication, and Dignity in Childbirth

Learning Session Agenda

Introduction

TeamBirth Core Knowledge & Skills

- Recap: Core components
- Practice Scenario for doula engagement

TeamBirth Implementation

- Current core activities:
 - Test & improve
 - Monitor & celebrate progress

Looking Ahead

- Takeaways From Today
- Action Items
- Feedback Survey





TeamBirth Implementation Roadmap

Last month's focus

PHASE	PREPARE	ENGAGE & COACH	IMPLEMENT	SUSTAIN
CORE ACTIVITIES	✓ Build your team ✓ Develop your	✓ Socialize TeamBirth✓ Provide training &	✓ Conduct patient surveys	✓ Embed for sustainability
	strategy ✓ Assess your context ✓ Customize TeamBirth	practice huddles √ Test & improve	✓ Launch TeamBirth✓ Monitor & celebrate progress	√ Evaluate impact & continuously improve



TeamBirth Implementation Roadmap

Building on the priority implementation activities from the first session

PHASE	PREPARE	ENGAGE & COACH	IMPLEMENT	SUSTAIN
CORE	 ✓ Build your team ✓ Develop your strategy ✓ Assess your context ✓ Customize TeamBirth 	 ✓ Socialize TeamBirth ✓ Provide training & practice huddles ✓ Test & improve 	 ✓ Conduct patient surveys ✓ Launch TeamBirth ✓ Monitor & celebrate progress 	✓ Embed for sustainability ✓ Evaluate impact & continuously improve

NJHCQI TeamBirth Websites

Access your cohort 4 resources at this **private**website

www.njhcqi.org/teambirthnj-cohort4

Password: Cohort42024!

Public TeamBirth NJ website now live

www.njhcqi.org/shared-decision-making





TEAMBIRTH NJ COHORT 4

TeamBirth is a shared decision-making program that aims to improve safe and respectful childbirth care.

It involves a series of team huddles and other tools used during labor and delivery, to improve communication and ensure care that aligns with patient preferences.

Developed by Ariadne Labs, TeamBirth was designed to operationalize best practices in communication, teamwork, and clinical care, in collaboration with experts from the major



COLLABORATIVE LEARNING SESSION SLIDES

SESSION 1 May 2024 SLIDE DECK SESSION HANDOUT #1 SESSION HANDOUT #2

RESOURCES

GENERAL TEAMBIRTH INFORMATION

- Click here to watch the Why TeamBirth video
- Download the Why TeamBirth Infographic
- Download TeamBirth Board Examples
- Review TeamBirth Components includes core components and add-on components
- View the TeamBirth Socializing Package

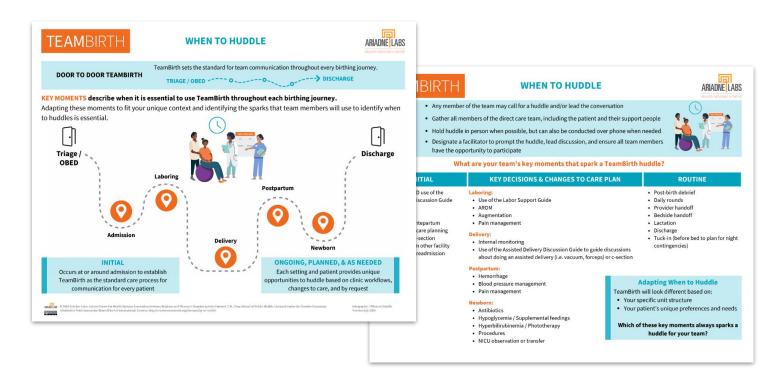
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TeamBirth Core Knowledge & Skills

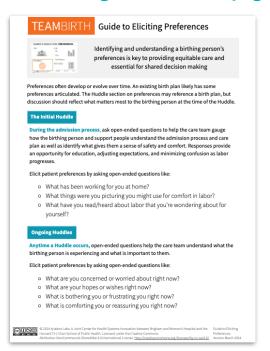
TeamBirth Core Components

STRUCTURED TEAM HUDDLES + SHARED PLANNING TOOL: Critical to successful delivery of TeamBirth across the maternal health continuum



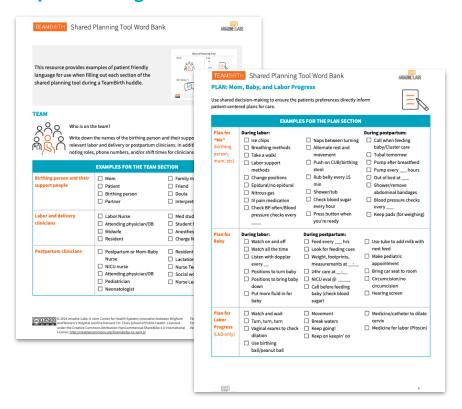
Resource Spotlight

Guide to Eliciting Preferences 1-pager



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Spanish & English Board Word Banks



Activity

- 1. When do you think it will be the MOST CHALLENGING for your teams to spark a huddle?
- 2. When do you think it will be MOST INTUITIVE OR EASIEST for your teams to remember to spark a huddle?



TeamBirth Practice Scenario



Incorporating doulas into huddles



DOULAS

SCENARIOS AND PRACTICE

DURING ADMISSION, BEFORE A HUDDLE

While getting Kelsey settled, Nurse Trisha asked if she has a birth plan or wants to share any specific birth preferences. Kelsey shares that she started a birth plan with her doula Isabel but didn't end up finishing it since she knows so much can change.

Doula: "Yes! We started to talk about some of Kelsey's hopes for labor and birth, knowing of course that things can change. I'm here to support her in having a positive experience in any case."

Nurse: Yes, it's ok either way. You can tell us things that are important to you anytime throughout your stay. What's on your mind right now?

Kelsey: "Well, I'm interested in trying to go natural for as long as possible and trying some pain-coping techniques with Isabel, like walking around, massage, and bouncing on the ball. I do know I want Niko to come up here (Kelsey pats her heart ♥) right after birth, and I want to try breastfeeding as soon as possible. And I want my aunt Yara to be with Niko if there's any time I can't be."



Labor & Delivery Shared Planning Tool

TEAM

Kelsey & Baby Niko Isabel - Doula Yara - Auntie Trisha - Nurse Whitney - Midwife

PREFERENCES

go natural as long as possible pain coping with Isabel Niko to Kelsey's chest right away breastfeed ASAP Kelsey or Yara with Niko all the time

PLAN

Ме

Baby

Labor Progress

NEXT HUDDLE

when Whitney comes in

DOULAS

SCENARIOS AND PRACTICE

ADMISSION HUDDLE

Midwife: "Okay, let's huddle! Nurse Trisha let me know that your water is broken. Lots of first-time mamas have their water break first before labor starts. We can discuss a few options to ensure your labor continues progressing. I see that you are hoping to go natural as long as possible, so a first step could be walking around and bouncing on the ball with support from your doula and sister. We will monitor you closely in case there's any indication for augmenting your labor medically with Pitocin."

Kelsey: "That sounds good. I remember hearing about Pitocin during a prenatal visit and from Isabel. I think Yara had Pitocin too for her labor and found it to be really painful."



DOULAS

SCENARIOS AND PRACTICE

ADMISSION HUDDLE

Midwife: "Right, so when your water breaks and you're not in labor, we often give Pitocin to get it going. [explains pitocin]"

Kelsey: "Oh–am I *not* in labor? I've been having contractions ever since my water broke."

Nurse: "The monitor shows you're having contractions every 3-5 minutes, but you don't seem to notice most of them. Does that sound right?"

Doula: "Kelsey was squeezing my hand and breathing really hard every 10 minutes, I've been timing it. Now she's doing that every 6 or 7 minutes, and she is squeezing my hand a lot harder. So I think Kelsey maybe is in labor?



Labor & Delivery Shared Planning Tool

TEAM

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PREFERENCES

go natural as long as possible pain coping with Isabel Niko to Kelsey's chest right away breastfeed ASAP Kelsey or Yara with Niko all the time

PLAN

Me

Eat a snack!

Move around

Baby

Listen on & off

Labor Progress

try lots of moves now start Pitocin later if needed

NEXT HUDDLE as needed

in 2-3 hours after the next exam, if we need to

EARLY LABOR

ACTIVE LABOR

PUSHING



TeamBirth Implementation



TeamBirth Implementation Roadmap

Today's focus

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CORE	 ✓ Build your team ✓ Develop your strategy ✓ Assess your context ✓ Customize TeamBirth 	 ✓ Socialize TeamBirth ✓ Provide training & practice huddles ✓ Test & improve 	 ✓ Conduct patient surveys ✓ Launch TeamBirth ✓ Monitor & celebrate progress 	✓ Embed for sustainability ✓ Evaluate impact & continuously improve



Core Implementation Activity: **TEST & IMPROVE**



ENGAGE & COACH PHASE

START > OUTCOMES WORLD OF THE PROPERTY OF THE

TEST & IMPROVE

CORE: Conduct small scale testing to create and improve the adapted TeamBirth components as well as implementation activities



Test your adapted board design with champions in huddles and get their feedback to improve your design

Make changes to your patient surveying strategy to improve response rates

Gather feedback from teams about how training and huddle practice is going and make strategy updates as necessary

Milestones:

Champions complete small scale board testing with 10 patients

ADAPT

Who you involve and your methods and timeline for improvement



Small-Scale Testing: Training

Have your Champions complete training and start practice huddles

Set up a PDSA cycle to iron out huddle practice strategies



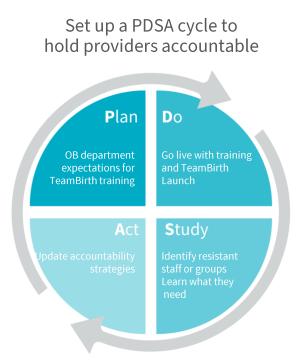






Small-Scale Testing: Accountability

Ensure all staff have clear expectations for doing TeamBirth post launch



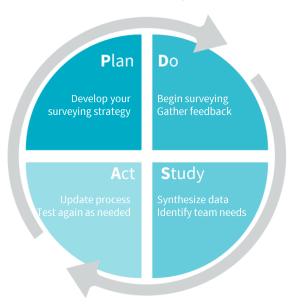




Small-Scale Testing: Patient Surveying

Gather feedback and monitor data to learn how to improve surveying processes

Set up a PDSA cycle to improve surveying success



Survey Processes

Prepare to Survey

Collect Data

Analyze & Review

Share Results



Core Implementation Activity: MONITOR & CELEBRATE PROGRESS

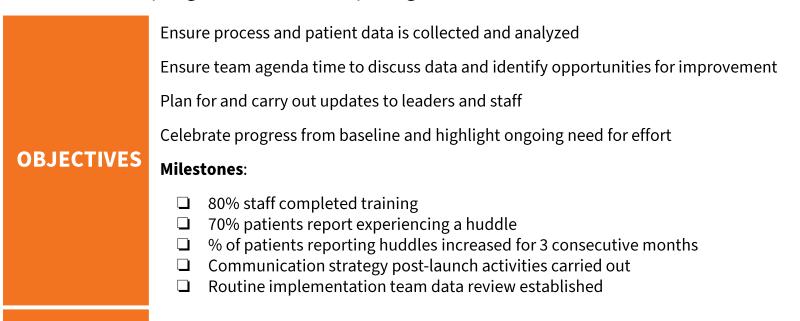


IMPLEMENT PHASE



MONITOR & CELEBRATE PROGRESS

CORE: Monitor TeamBirth processes and experience data to inform improvement and celebrate progress towards impact goals



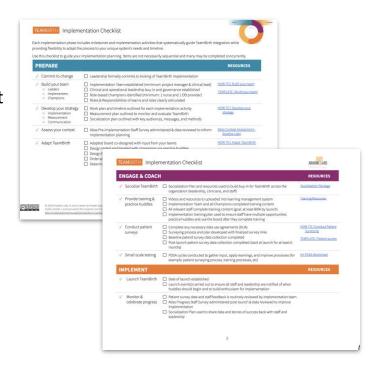
ADAPT

Who you involve and your methods and timeline for analysis and sharing

Tracking implementation activity progress

How do you know implementation is happening as expected?

- What outputs or process metrics did you prioritize in your measurement plan?
- Review the <u>Implementation Checklist</u> to see what activities are still outstanding
- What staff still need training or reinforcement







Implementation Progress

- √ Build your team
- √ Socialize TeamBirth
- ✓ Develop your strategy
- √ Assess your context

- √ Adapt TeamBirth
- ✓ Provide training & practice huddles
- √ Conduct Patient Surveying
- √ Test & improve

Look how far we've come! What is coming up for you?

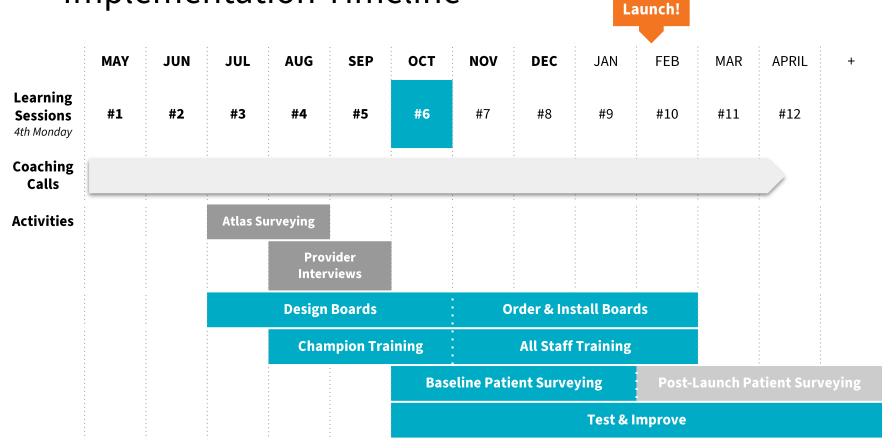
Activity

- 1. What implementation activity has been most challenging?
- 2. What resource has been most helpful?

Looking Ahead



Implementation Timeline



Action Items

Implementation Pathway	Action Items	Details & Resources
PROVIDE TRAINING & PRACTICE HUDDLES	Implementation Team & Champions complete LMS training & practice huddles	<u>Training Resources</u>
	Assign all staff LMS training and plan for all staff huddle practice opportunities	HOW TO Provide training & practice huddles
CUSTOMIZE TEAMBIRTH	Finalize board designs & place order; send drafts to Adelisa & Indigo	TEMPLATE Board Evaluation Form
CONDUCT PATIENT SURVEYS	Test your patient survey process	HOW TO Conduct Patient Surveying NJ Cohort 4 Patient Survey Template
	Begin baseline patient surveying	Penn Med Princeton Capital Health HMH JFK (hold on to surveys until DUA) RWJ Trinitas & Inspira (not yet started, wait until DUA)
LAUNCH TEAMBIRTH	Start discussing Launch dates & event ideas	See Collaborative Session 5 slides
	Send Adelisa February date for site visit	Ideally second week of February

Next Steps

Learning Session 3

November 25, 2024 12:00 - 1:00pm EST

Share your feedback!

- Anonymous
- Short survey
- Tell us what you like
- Tell us how to improve





Coaching Calls

See follow up email for Learning **Session Handout** for call agenda



Email Adelisa for

- Support and updates
- Resources
- Implementation Questions & Needs

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