



## NJ Cohort 4 - Collaborative Learning Session 1

Welcome to TeamBirth NJ Cohort 4! You will receive a handout after each collaborative learning session to provide a summary of key takeaways from the session and action items that should guide your work until your TeamBirth Coaching Call. We are looking forward to getting to know your teams better and supporting you as you begin to implement TeamBirth at your facilities.

### Key Takeaways from the Learning Session

See session slide deck on the cohort resource page for more details.

<b>Build your team</b>	Ensure you have the right people, structures, and processes in place to carry out implementation activities. An Implementation Team, leaders, and role-based champions are essential.
<b>Socialize culture change</b>	Building familiarity and buy-in for TeamBirth across staff and clinicians starts now.
<b>Assess your context</b>	Surveying leaders, implementers, and frontline staff helps us learn how implementation can leverage strengths and address opportunities for improvement

### Action Items

Before our next coaching call, work on the following items:

<b>General</b>	<ul style="list-style-type: none"> <li>Familiarize yourself with your TeamBirth Cohort 4 Resource Page: <a href="http://www.njhcqi.org/teambirthnj-cohort4">http://www.njhcqi.org/teambirthnj-cohort4</a> Password: Cohort42024!</li> </ul>
<b>Build your team</b>	<ul style="list-style-type: none"> <li>Review if you need to add anyone to your Implementation Team</li> <li>Determine time and cadence for internal implementation team meetings</li> <li>Start or continue identifying TeamBirth champions</li> </ul>
<b>Socialize culture change</b>	<p>Apply a TeamBirth communication strategy:</p> <ul style="list-style-type: none"> <li>Ensure your Implementation Team watches the Why TeamBirth Video (<a href="http://go.ariadnelabs.org/Why_TeamBirth">go.ariadnelabs.org/Why_TeamBirth</a>)</li> <li>Utilize the TeamBirth resources (<a href="http://go.ariadnelabs.org/TeamBirth">go.ariadnelabs.org/TeamBirth</a>) to start socializing TeamBirth</li> <li>Convey key messages to engage colleagues and ensure strong buy-in</li> </ul>
<b>Assess your context</b>	<ul style="list-style-type: none"> <li>Submit your clinician and staff numbers per unit via the cohort resource page (scroll down to Resources &gt; TeamBirth Data Submission Forms &gt; Submit Clinician and Staff Numbers) <ul style="list-style-type: none"> <li>We are looking for the number of nurses, residents, midwives, and physicians on your Antepartum, Triage / OB ED, L&amp;D, and Postpartum units.</li> </ul> </li> </ul>

**NEXT COACHING CALL:** Please bring any questions and concerns. We will discuss site specific details related to the above.



Monday **June 24th, 2024** @ 12:00 - 1:00pm EST (every 4th Monday)