



TeamBirth: Process Innovation for Clinical Safety, Effective Communication, and Dignity in Childbirth

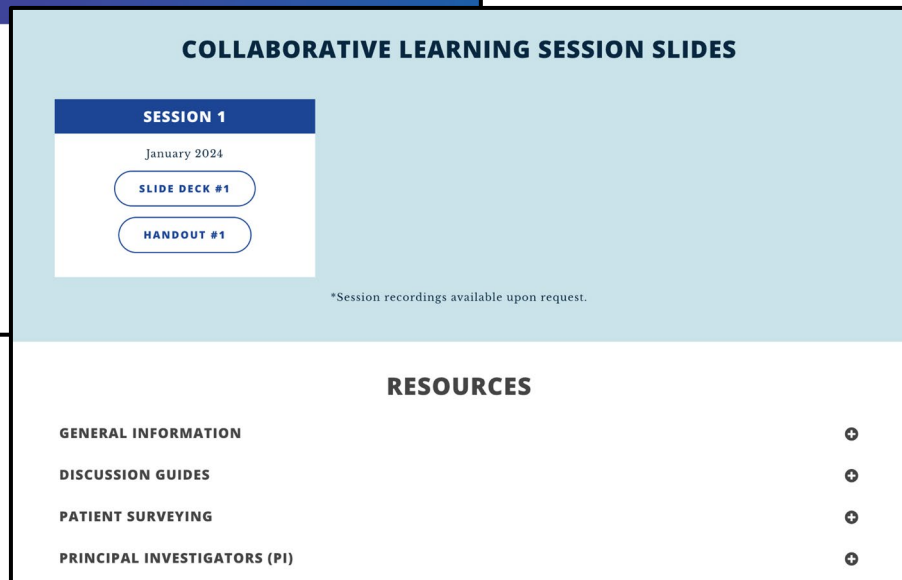
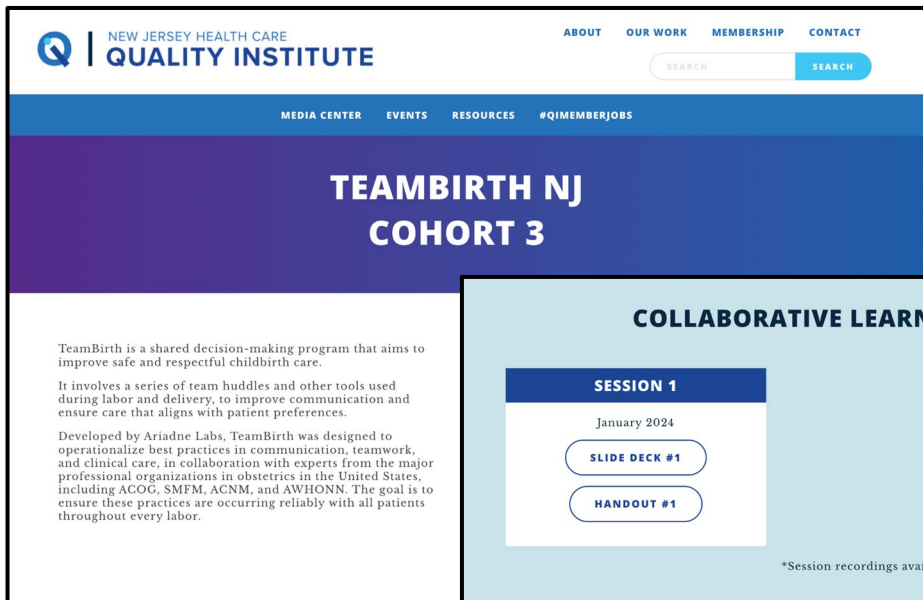
March 26, 2024

Learning Session 3

- Site Introductions
- Timeline Review
- Data
- Shared Planning Board Review
 - Team Section
 - Preferences and Plan

TEAMBIRTH TIMELINE

Prepare	January - May 2024	<ul style="list-style-type: none">● Identify site PI (Primary Investigator)● Monthly Collaborative Learning Sessions● Individual site coaching calls● Create Implementation Team● Adapt TeamBirth board● Begin to socialize TeamBirth● Survey clinicians on unit (March-May)● Co-create the implementation strategy● Recruit and train champions on TeamBirth
Engage & Coach	June - August 2024	<ul style="list-style-type: none">● Monthly Collaborative Learning Sessions● Individual site coaching calls● Begin inpatient surveying to collect baseline data● Small-scale testing of TeamBirth components● Begin launch planning● Train all clinicians● Install whiteboards
Implement	September 2024	<ul style="list-style-type: none">● Launch Event● Continue patient surveying● Incorporate TeamBirth into new clinician onboarding



Password protected site - www.njhcqi.org/teambirthnj-cohort3

Public TeamBirth NJ website: www.njhcqi.org/our-work/qualityimprovement/

New Jersey Cohort-Wide Data

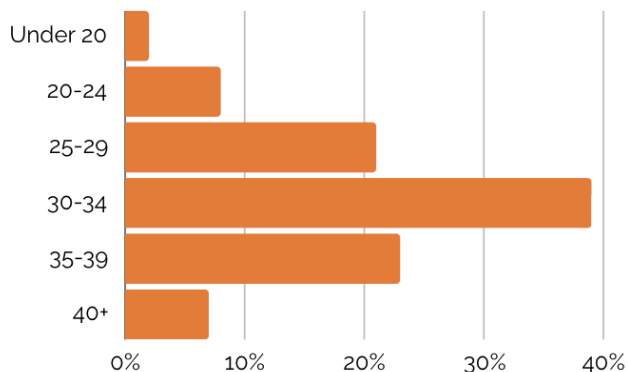
September 2022 - March 2024

Patient Surveying

**1,335 across the
entire cohort!**

Hospital Name	Surveys Complete
RWJ Cooperman Barnabas	286 (21%)
RWJ Monmouth	87 (7%)
St. Peter's	252 (19%)
Virtua Mount Holly	163 (12%)
Virtua Voorhees	547 (41%)

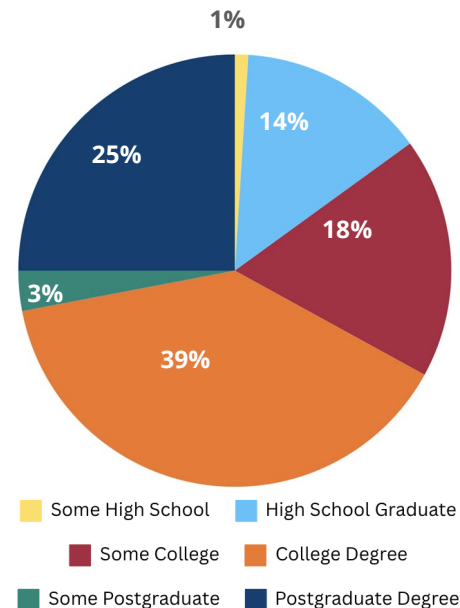
Age



Race & Ethnicity

White	49%
Black	14%
Hispanic	18%
Asian	14%
Multiracial	1%
Other	2%

Education



Mode of Delivery

70% Vaginal delivery
6% Operative vaginal delivery
23% Cesarean delivery

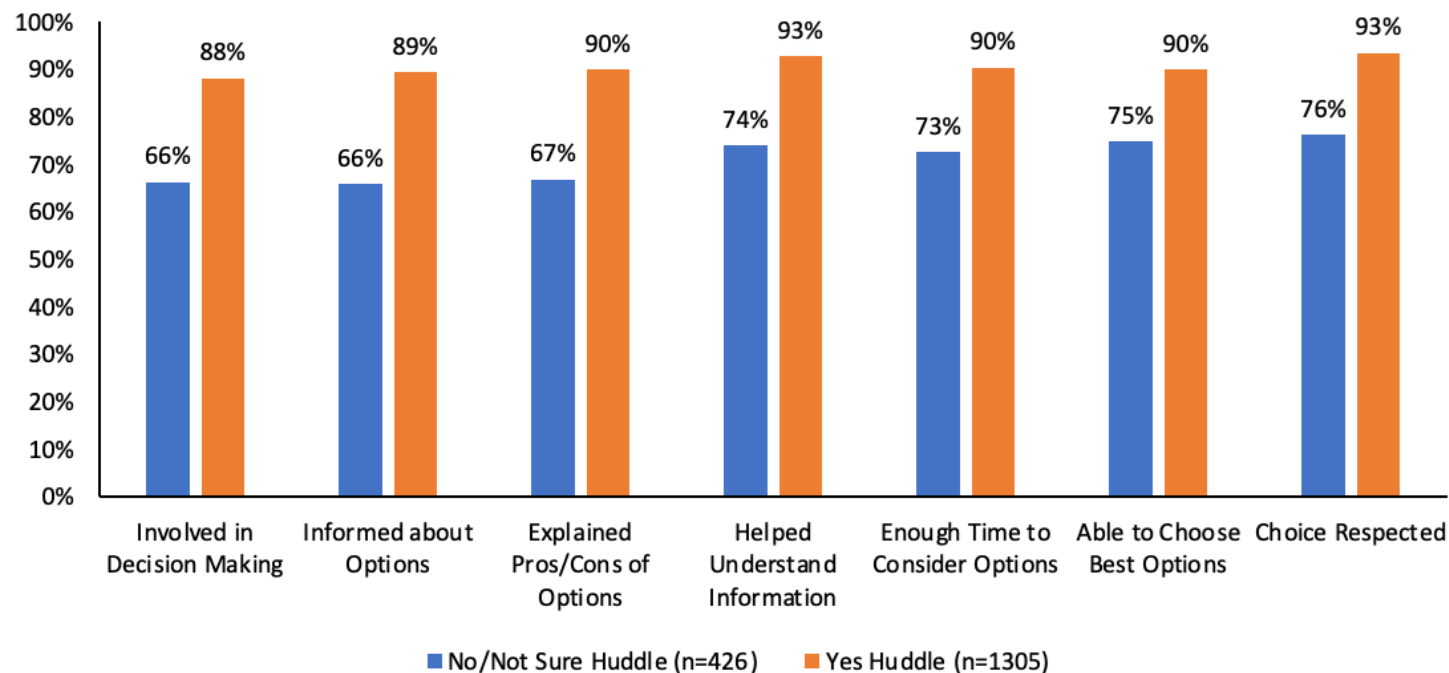
First Baby

41% Yes
59% No

Insurance Status

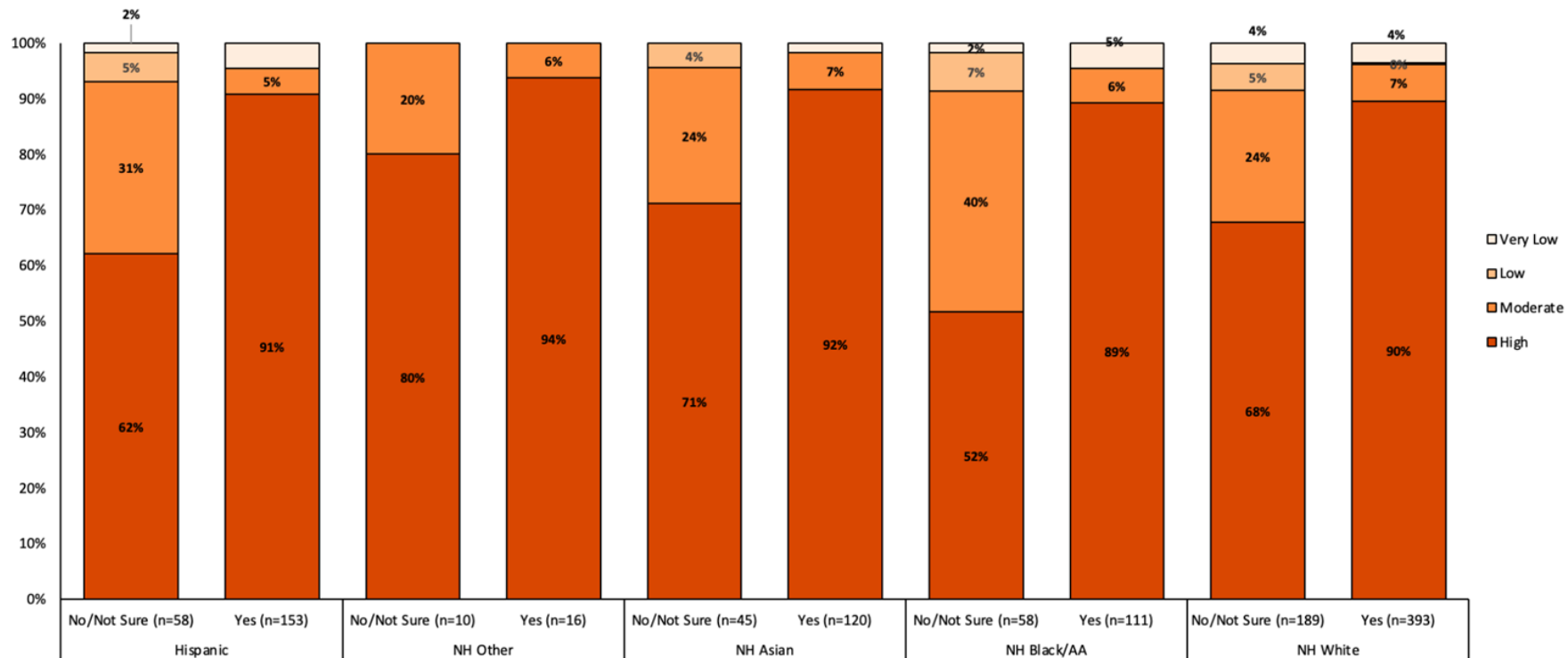
76% Private 3% Other
20% Medicaid 1% Multiple forms

Mother's Autonomy in Decision Making during Labor

**MADM Items: Percentage of Respondents Strongly or Completely Agreeing
by Labor Huddle Status**

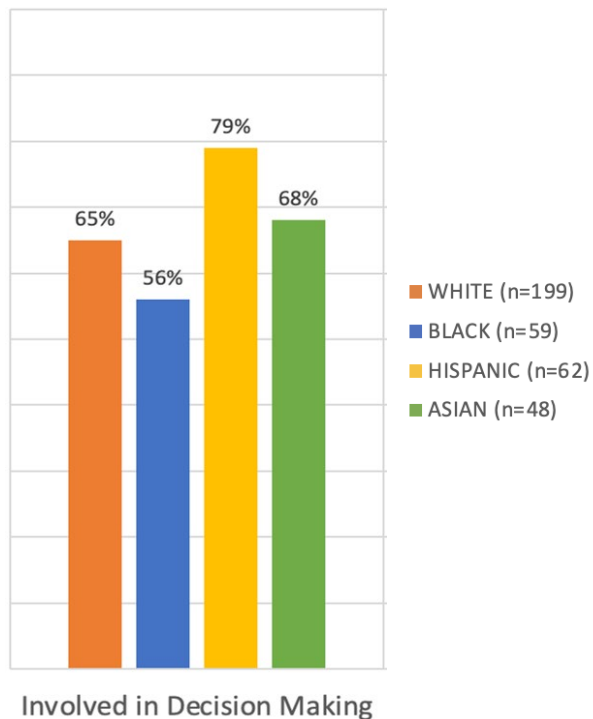
Mother's Autonomy in Decision Making During Labor

MADM Quartiles by Race/Ethnicity and Huddle Status

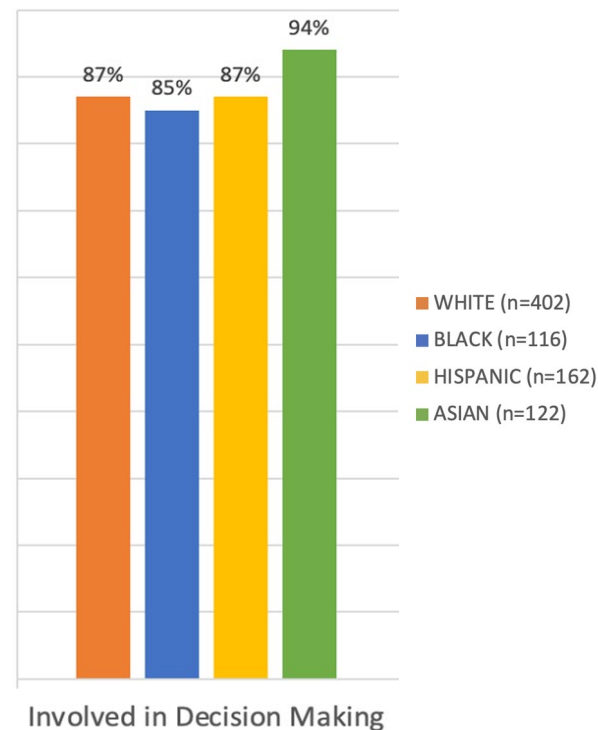


Involved in Decision Making by Huddle Status

Patients that **DID NOT** Participate
in a Labor Huddle

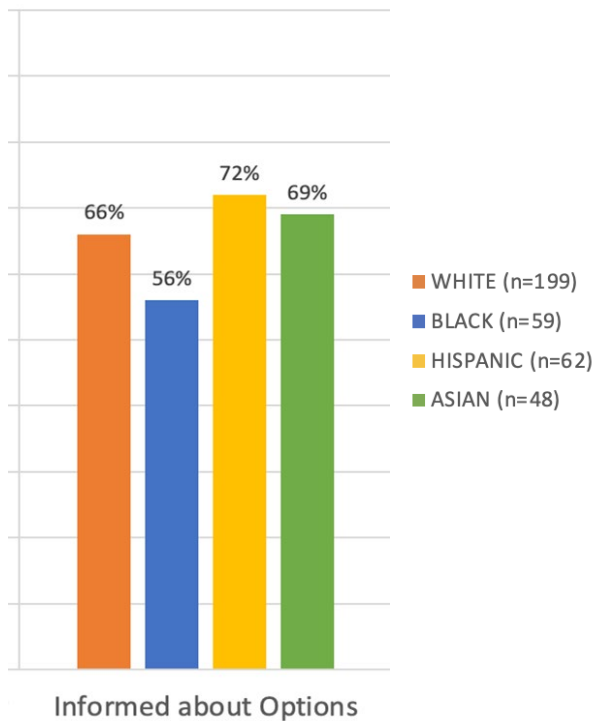


Patients that **DID** Participate
in a Labor Huddle

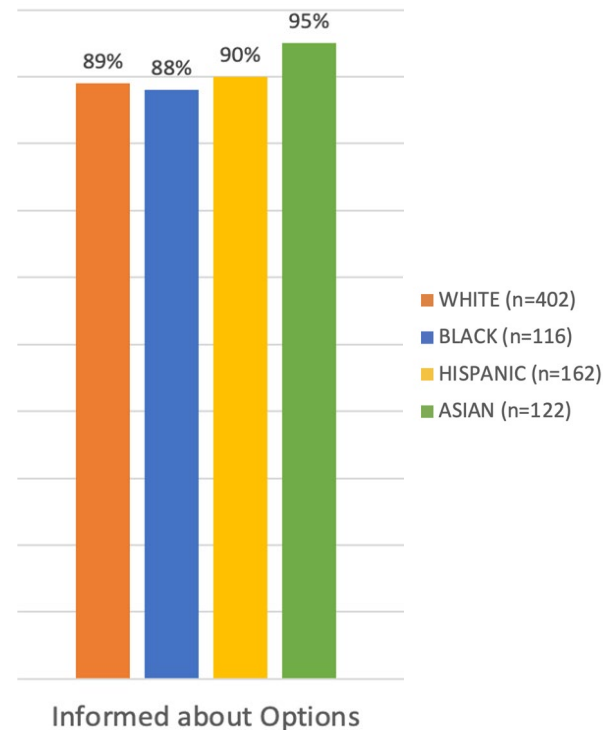


Informed about Options by Huddle Status

Patients that **DID NOT** Participate
in a Labor Huddle

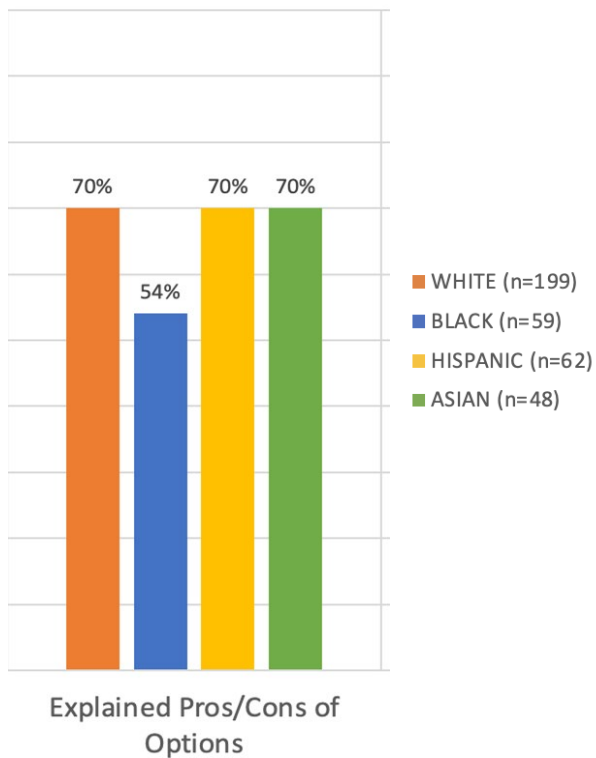


Patients that **DID** Participate
in a Labor Huddle

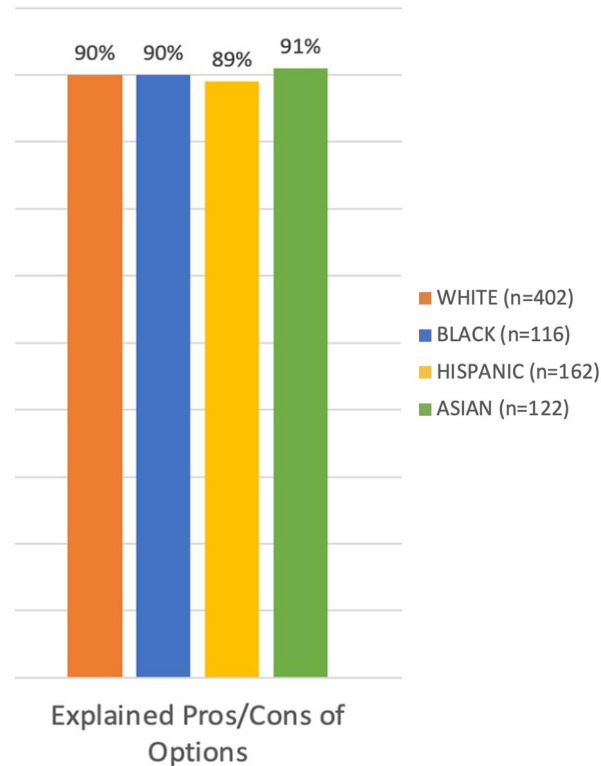


Explained Pros/Cons of Options by Huddle Status

Patients that **DID NOT** Participate
in a Labor Huddle

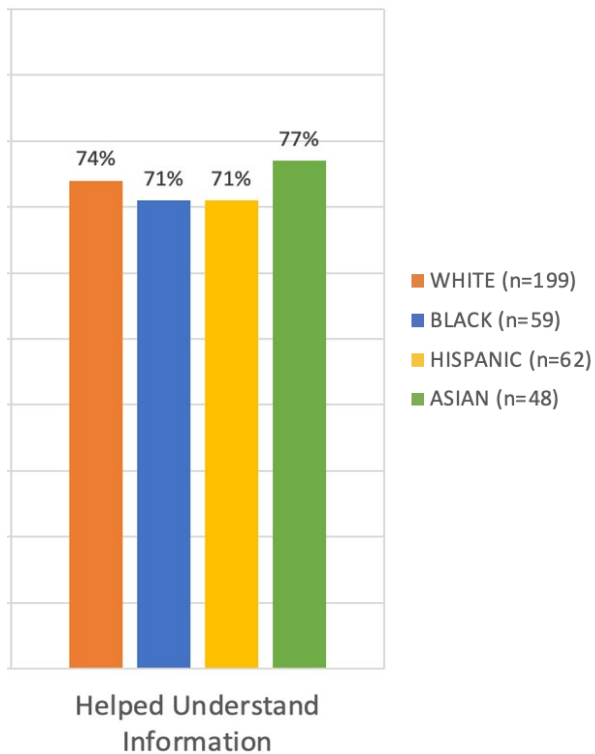


Patients that **DID** Participate
in a Labor Huddle

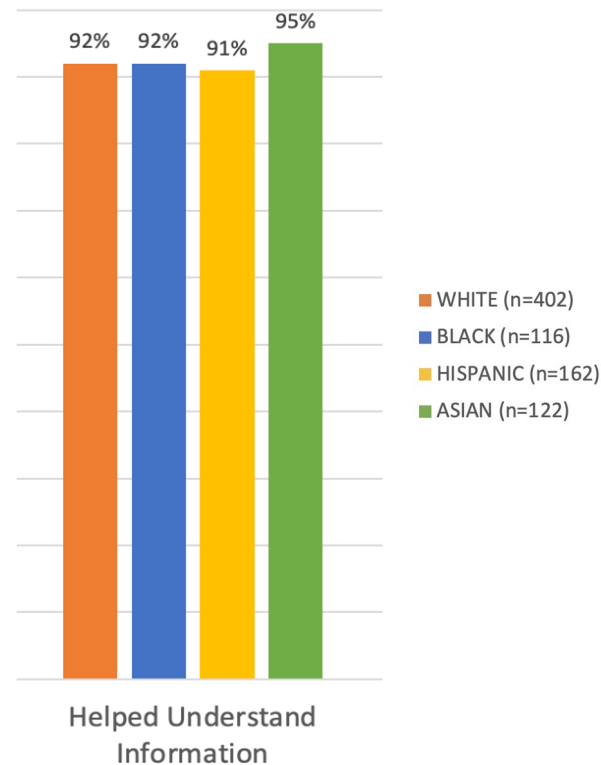


Helped Understand Information by Huddle Status

Patients that **DID NOT** Participate
in a Labor Huddle

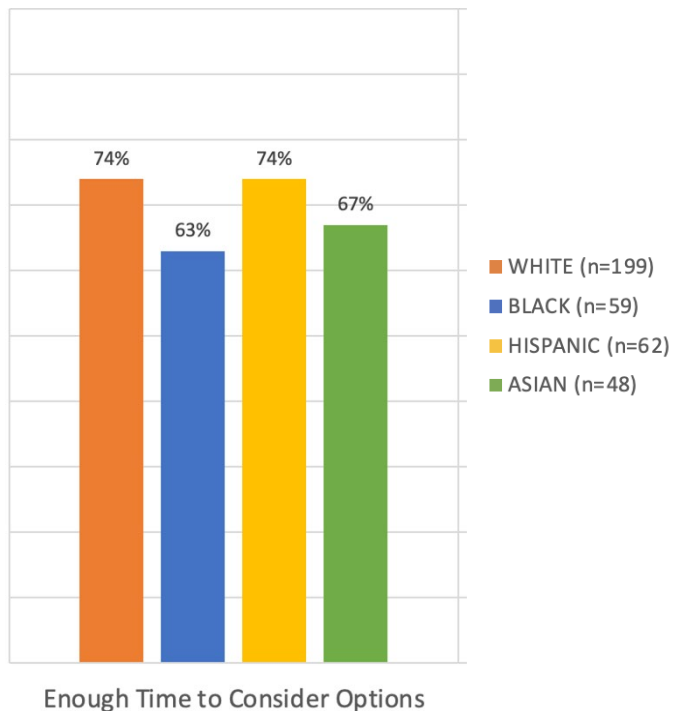


Patients that **DID** Participate
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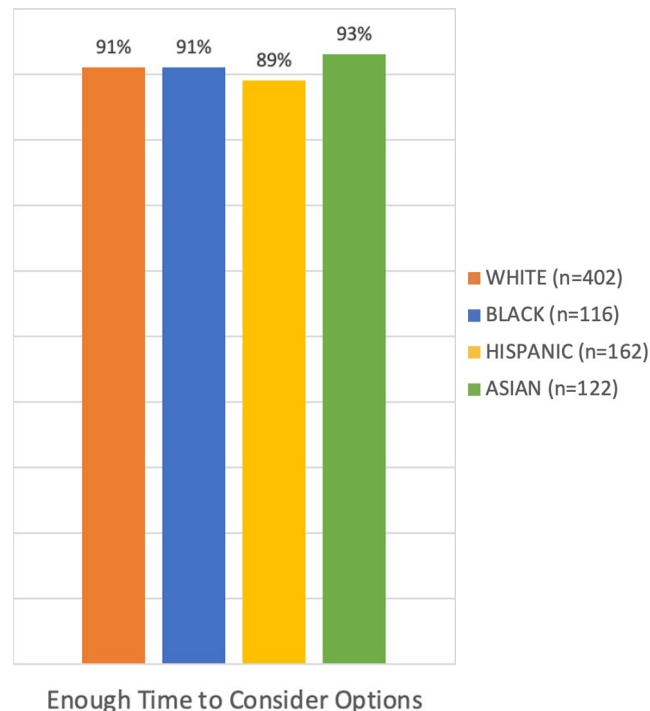


Enough Time to Consider Options by Huddle Status

Patients that **DID NOT** Participate
in a Labor Huddle

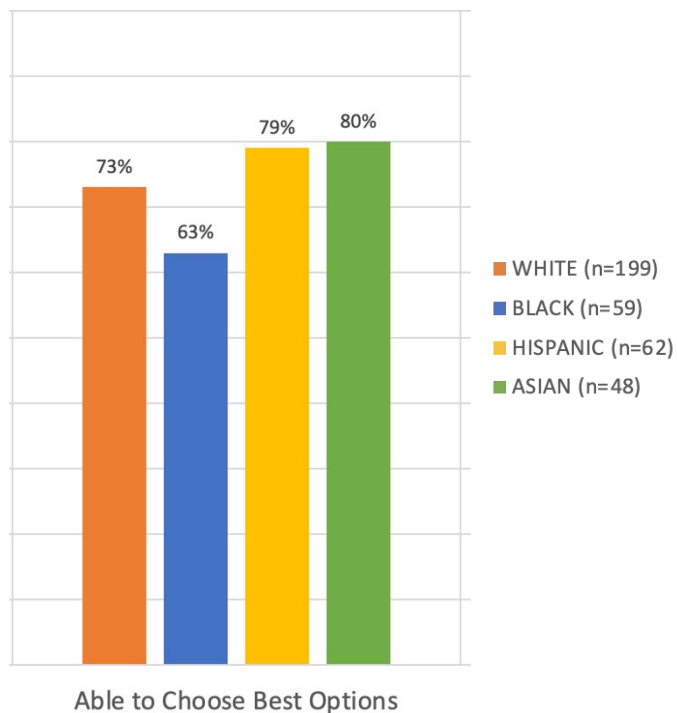


Patients that **DID** Participate
in a Labor Huddle

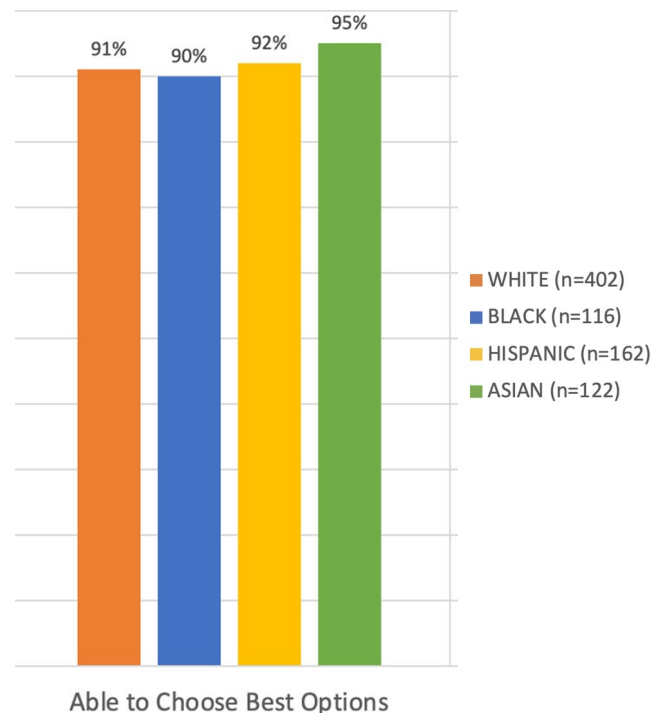


Able to Choose Best Options by Huddle Status

Patients that **DID NOT** Participate
in a Labor Huddle

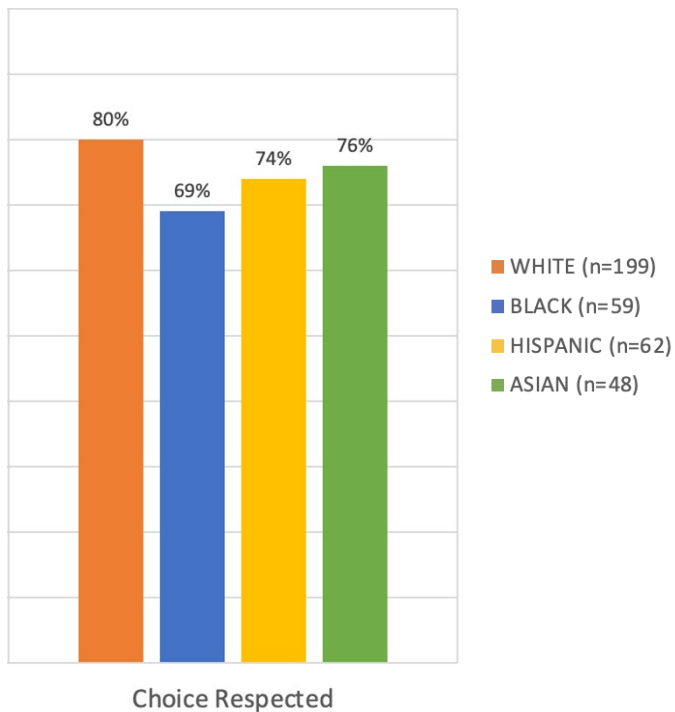


Patients that **DID** Participate
in a Labor Huddle

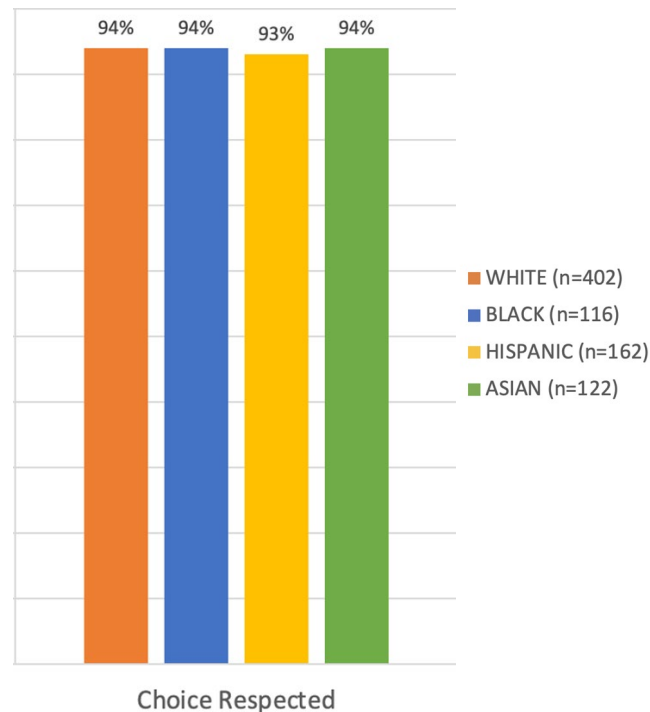


Choice Respected by Huddle Status

Patients that **DID NOT** Participate
in a Labor Huddle



Patients that **DID** Participate
in a Labor Huddle



Board Training



TeamBirth Huddle: Psychological Safety

Initiate a TeamBirth huddle



Include

Your **ideas and experience matter**, regardless of title, position, or education

Collaborate

Interacting as a team encourages **safe communication** and establishes an opportunity to **speak up**

Preferences and Plan Sections

Labor and Delivery Planning Board

TEAM



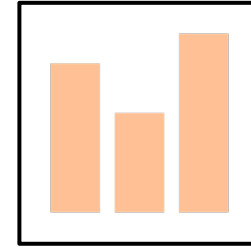
PREFERENCES



PLAN

Mom:

Baby:



Labor Progress:

NEXT ASSESSMENT

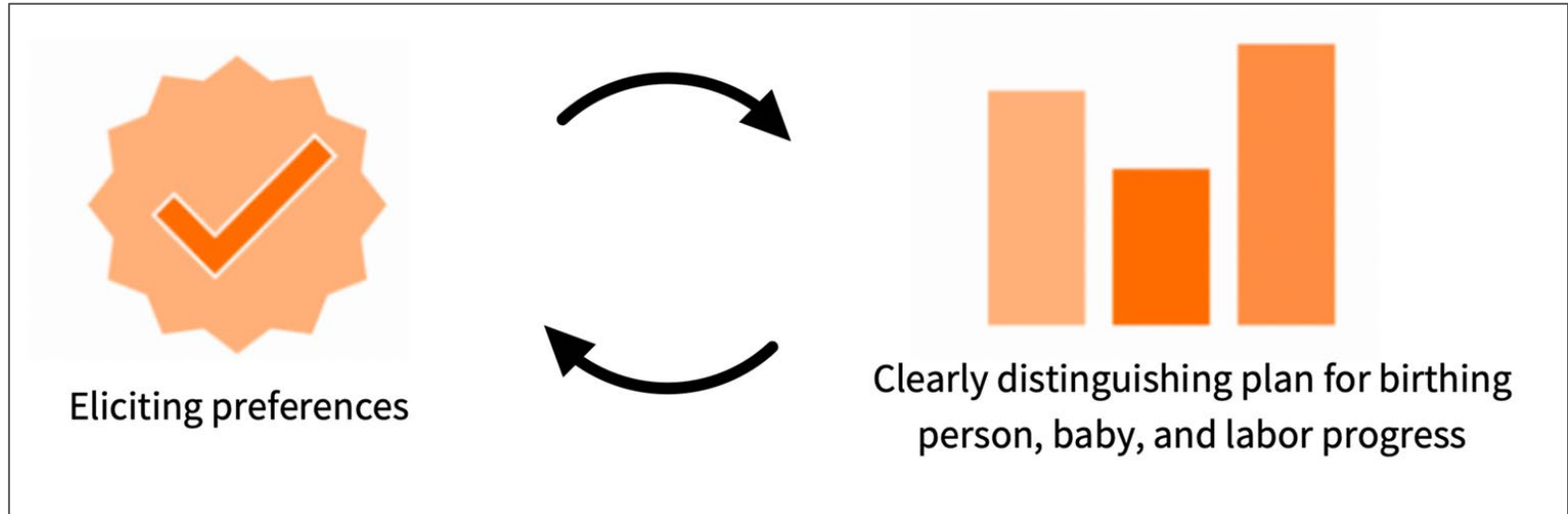


EARLY LABOR

ACTIVE LABOR

PUSHING

Connection: Preferences + Plans





HEAR



Learn more at cdc.gov/HearHer

Labor and Delivery Planning Board

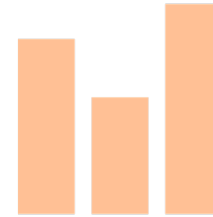
TEAM

PLAN

Alea

Baby:

Labor Progress:



PREFERENCES

*9 cm

- Another nap before baby
- feel to push
- visitors

NEXT HUDDLE



Preferences:

- should change and be applicable to the moment, assessment and plan.
- can be updated as often as needed but should be discussed every huddle.

Labor and Delivery Planning Board

TEAM

Alea
Aizpea
Marianadoula
Trisha RN (here til 7pm)
Dr ChienMD (here til 7am)

PREFERENCES

*6 cm

Sleep!
No visitors
Hope water breaks on its own

PLAN

Alea Naps between moves

Baby: Watch on monitor

Labor Progress: Turnturnturn! Pitocin
before breaking water

NEXT HUDDLE



EARLY LABOR

ACTIVE LABOR

PUSHING

Postpartum Shared Planning Board

Team:



Alea & baby Avi

Aizpea

Trisha (nurse)

Dr. Sugar (Baby's Dr.)

Dr Chien (Alea's Dr.)

Preferences:



-Go home ASAP

-Sleep!

-Breastfeeding needing help

Plan of Care



ForAlea

-Cluster Care (call us when you're awake!)

-Sleep between feeds

-Shower in AM

Next Huddle:



-as needed


-on request

Plan of Care



For Baby Avi

-breastfeed on demand, no more than 3 hrs

-test  after next feed

Next Huddle:



-after bili level

-as needed

Board Section: Next Huddle

Labor and Delivery Planning Board

TEAM



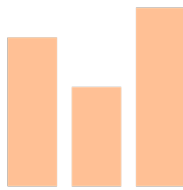
PREFERENCES



PLAN

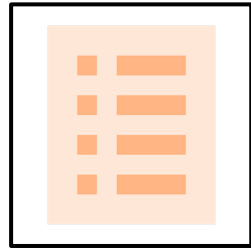
Mom:

Baby:



Labor Progress:

NEXT HUDDLE



EARLY LABOR

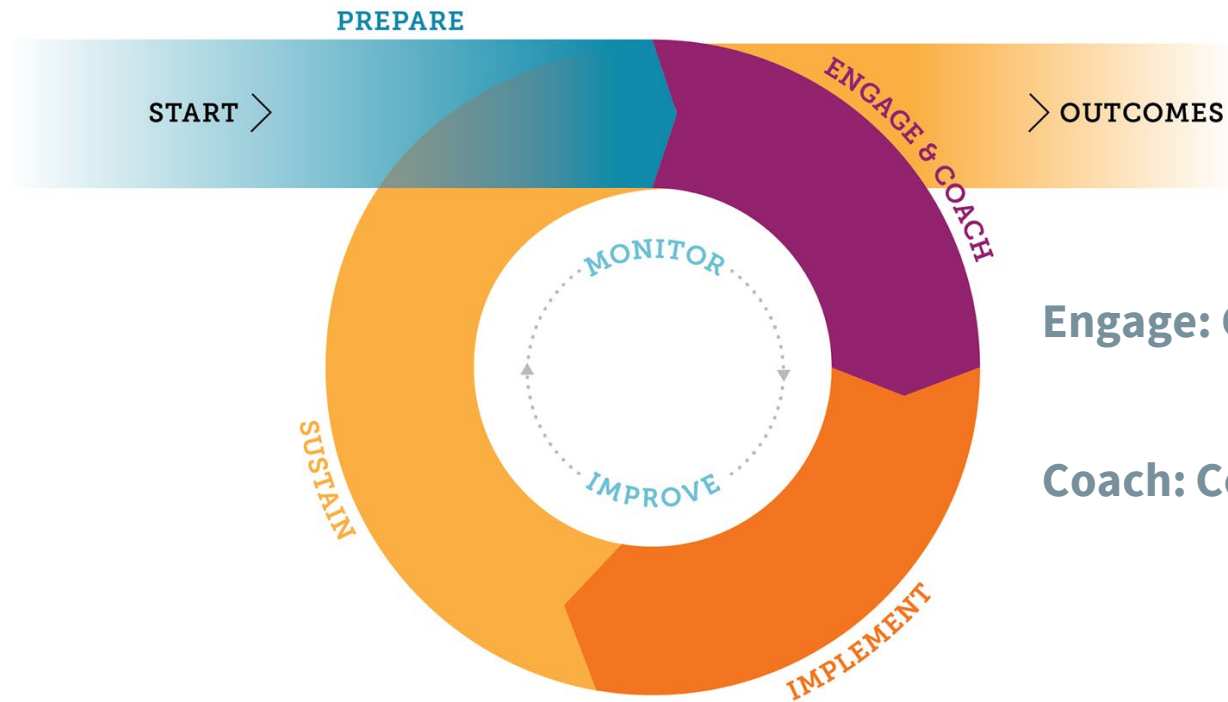
ACTIVE LABOR

PUSHING

Implementation Pathway - Engage and Coach



Implementation Pathway: Engage & Coach



Engage: Gather Champions

Coach: Conduct small-scale testing

Engage: Gather Champions

Champions are an integral part of TeamBirth implementation. By offering leadership, education, and project support, as well as TeamBirth socialization and coaching, champions help to ensure that TeamBirth is a success. Champions can be:

Assertive

Determined

Activated

Motivating

Persistent

Innovative

Kind

Concerned

Coachable

Advocate

Genuinely curious

Brave

Humble

Active listener

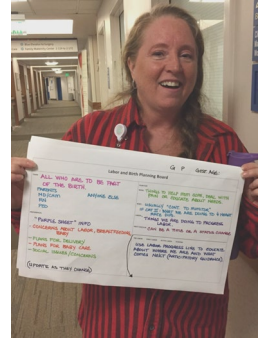
Engage: Gather Champions

Those who have expressed concerns about the healthcare system, structural racism, moral distress, burnout, trauma, and birth equity could also be champions who are:

Assertive **Determined** **Activated**
Motivating **Innovative** **Kind**
Persistent **Concerned**
Coachable **Advocate** **Genuinely curious**
Brave **Humble** **Active listener**

Engage: Gather Champions

- Join internal team meetings, learning sessions, coaching calls
- Meet together to strategize and accomplish tasks
- Speak boldly and respectfully while trialing TeamBirth
- Train peers on TeamBirth - scenarios, 1:1, staff education stations
- Coach peers - Observing and giving respectful and constructive feedback
- Launch - planning
- Partnering with implementation team members to socialize TeamBirth
- Facilitate communication between peers and implementation team



Next Steps

- ❑ Identify and engage Champions
- ❑ Distribute the Atlas survey to staff
- ❑ Review Core and Adaptable huddle components for Triage, Labor, Postpartum across your site
- ❑ Continue pursuing board design and installment planning
- ❑ Determine # of clinicians in each unit
- ❑ Reflect on opportunities for shared decision making discussions

Next Cohort 3 Collab Learning Session

April 23rd @ 12-1pm (*Fourth Tuesdays, monthly*)

Please reach out with any questions: aperez@njhcqi.org or achallenger@ariadnelabs.org