## "Conversations

## **Healthcare on Your Terms: Communicating Your Values and Wishes**

Wednesday, May 8 | 5 p.m. | Virtual

Empower yourself and your loved ones with the priceless gift of open communication. Discover how to identify what matters most, how to share the information, and how to navigate crucial healthcare conversations. This is a 30-minute presentation, followed by a question and answer session.

REGISTRATION FOR THIS EVENT IS REQUIRED.

Please visit
ValleyHealth.com/Events or
scan the QR code to register
or for more information.



