

Learning Session 1: TeamBirth Kick Off!

Welcome to the third cohort of TeamBirth NJ. This document will provide you with goals to complete prior to your next TeamBirth Coaching Call scheduled for February. We are looking forward to getting to know your teams better and supporting you as you begin to implement TeamBirth at your facilities.

Focus of the Month: Build Your Implementation Team

- ☐ Unit nursing leaders
- ☐ Obstetrical care providers (midwives, physicians)
- ☐ Charge nurses, Staff nurses
- ☐ Childbirth educators, Data/quality specialists
- ☐ Project managers/coordinators
- ☐ Patient/family representatives
- ☐ Clinicians intermittently throughout the life of the project (anesthesiologists, neonatologists, pediatricians, childbirth educators, residents, office practice leaders)

Next Steps: Before our next coaching call, complete the following activities with your implementation team:

- Determine your implementation leaders
 - Executive Leader, Nurse Leader, Physician Leader, etc.
- Determine time and cadence for internal implementation team meetings.
- Determine the number of shared planning boards needed (how many rooms on units) and consider board placement.
 - We recommend 2' by 3', vertical or horizontal.
- Determine number of clinicians you have per unit (triage, labor and delivery, postpartum)
 - Nurses, Midwives, Physicians, Residents
- Familiarize yourself with NJ Health Care Quality Institute TeamBirth page
 - Password protected site - www.njhcqi.org/teambirthnj-cohort3; Password: Cohort32024!
 - Public TeamBirth NJ website: www.njhcqi.org/our-work/qualityimprovement/
 - Implementation team should begin watching all TeamBirth videos
- Share the Why TeamBirth video, and Learning Session slides with new implementation team members.

Next Coaching call: Please bring questions and concerns. We will discuss site specific shared planning board details, as well as review the steps above.

Next Collaborative call: February 27, 2024 at 12 pm.