



# NEW JERSEY HEALTH CARE **QUALITY INSTITUTE**

A BI-WEEKLY LOOK AT THE BUSINESS & POLITICS OF HEALTH CARE IN NEW JERSEY



## **PRESIDENT & CEO, LINDA SCHWIMMER**

### **Winter Conference: Innovation and Planning Needed as New Jersey's Population Ages**

In New Jersey, more than 1.5 million people are over the age of 65, or about 17 percent of our population. The percentage is expected to continue rising. Most people in this age group want to stay in their communities as they get older — close to families, friends, and other connections in their lives. An AARP poll shows that eight in 10 New Jersey voters would prefer being cared for at home if they ever need help. Yet enabling people to age in place will require fundamental shifts in our towns and cities, everything from transportation to housing to the health care workforce.

Our Quality Institute members repeatedly tell us that supporting New Jersey's aging population is a priority for them. That's why our Winter Conference this year will be, "A Framework for an Age Friendly New Jersey." I urge you all to join us on December 12. Our keynote speaker, Lina Walker, PhD, Senior Vice President for Global Thought Leadership at AARP, will share her insight and ideas for the future, including what other countries are doing to support their aging populations.

After Dr. Walker's keynote, we'll hear from expert speakers who will share innovations to support people on the individual level, such as initiatives to enable those with late-stage chronic illnesses to comfortably stay home through Visiting Physician Services and Hospital at Home. And for those who do need to enter a

facility, we'll explore how to make them as person centered a home as possible...

[Read Full Story](#)



## TAKE FIVE INTERVIEW

### Interviews with members, influencers, and noteworthy people

Dr. Walker will be the keynote speaker of the [Quality Institute's Winter Conference](#), *A Framework for an Age Friendly New Jersey*.

**Interview Sneak Peek:** *As an economist, what demographic shift in the next 30 years will be most significant?*

Birth rates are falling, and people are living longer. That's happening all around the world. The combination means that countries are aging — and if they are not now, they will be very soon.

Globally, one in four adults is over 50. By 2050, the number would be one in three. The shift in the United States is more pronounced. In 2020, about 36% of the population in the United States is over 50. In 30 years, the percent will be around 40 percent. It really is something to celebrate because we've made gains that enable people in the United States and around the world to live longer lives. But it also means that we need to rethink work, how we live, how we interact with others. Everything's got to change...

[Read Full Interview](#)

## PEREZ-HUDGINS APPOINTED TO PQM COMMITTEE

### Critical Voice on Measure Endorsement

Adelisa Perez-Hudgins, MSN, RN, the Quality Institute's Director of Quality,

The Quality Institute has been an active part of the measure review and

has been appointed to the Partnership for Quality Measurement (PQM), led by Battelle. The partnership is now the CMS contracted organization to review and endorse measures for use in CMS programs. PQM uses a consensus-based process involving clinicians, patients, measure experts, and health information technology specialists to ensure informed and thoughtful endorsement reviews of qualified measures.

Perez-Hudgins, MSN, RN, was appointed to the Primary and Prevention Committee, which will consider measures that address preventive care, education and counseling, health promotion, and screening measures. Subtopics may include health-related lifestyle behaviors, observable risk factors (e.g., age, obesity), and vaccination. Additionally, measures that address mental health screenings (e.g., depression, other psychiatric conditions), alcohol and drug use, comorbidities, and suicide risk screening are also included in their purview.



endorsement process for over 20 years. We welcome our members' input as we continue in this important role.

"We're pleased that Adelisa will bring her talents and experience to this position and continue the Quality Institute's impact on these critical measures," said [Linda Schwimmer](#), President and CEO of the Quality Institute.

Please contact Adelisa [aperez@njhcqi.org](mailto:aperez@njhcqi.org) for more information or to discuss the PQM.



Please join us at our Winter All-Council Conference, A Framework for an Age Friendly New Jersey, on December 12, 1:30 p.m., at [Cobblestone Creek Country Club in Lawrenceville](#).

Our keynote speaker, [Lina Walker, PhD](#), Senior Vice President for Global Thought Leadership at [AARP](#), will share her insight regarding, "Global Aging: Lessons from Around the World to Support Healthy Aging in America." Her keynote will be followed by expert panel discussions. A networking cocktail reception will close the event.

[Register Now](#)

## OUR SPEAKERS

# QUALITY INSTITUTE WINTER 2023 ALL COUNCIL CONFERENCE: *A FRAMEWORK FOR AN AGE-FRIENDLY NEW JERSEY*

**KEYNOTE SPEAKER:** *Global Aging - Lessons from Around the World to Support Healthy Aging in America*



**LINA WALKER, PHD, AARP**

**Panel 1: Focusing on the Individual - Innovations to Support Healthy Aging**



**Alex Binder,  
VNA Health  
Group**



**Michael  
Capriotti,  
Virtua Health**



**Jessica Israel,  
CompleteCare**



**Donna Silbert,  
Parker Health  
Group**

**Panel 2: Focusing on the Community to Support Healthy Aging in New Jersey**



**Kenneth M. Morris,  
Jr., MHA, MA,  
St. Joseph's Health**



**Louise Rush, New Jersey  
Department of Human  
Services**

 NEW JERSEY HEALTH CARE  
**QUALITY INSTITUTE**

We will have a ceremony to award the winners of the *New Jersey Health Care Quality Institute's 1st Annual Partner in Quality Awards*. These awards are a celebration of dedication and excellence in health care. We are delighted to recognize the outstanding contributions of our esteemed members who have significantly

impacted the health care landscape.

Join us in applauding the following exceptional individuals and organizations:



**Champion of Policy:** Ashish Parikh, MD, Chief Population Health Officer, Summit Health-VillageMD



**Community Health Champion:** Aviva Woog, Director Health Equity and SDOH, Fidelis Care



**Champion of Quality:** Pam Harmon, DNP, MSN, RNC-NIC, Director of Women and Children Division, Saint Peter's University Hospital, Administrative Director, Mary V. O'Shea Birth Center



New Jersey State League of



## Municipalities Conference 2023

Our Mayors Wellness Campaign (MWC) team had a very successful time at the 2023 [New Jersey League of Municipalities Conference](#). We had a lot of traffic at our booth, resulting in over 130 New Jersey mayors pledging their annual commitment to the MWC. We also hosted a panel named, "Bringing Wellness to Your Community with the Mayors Wellness Campaign," which featured Dean Dafis, Mayor of Maplewood and Abigail O'Brien, Mayor of Deerfield Township. We encourage you to share this presentation with community health organizations and colleagues.



[Learn More](#)



For information on how to join, please contact Virginia Tesser at [vtesser@njhcqi.org](mailto:vtesser@njhcqi.org).

To learn more about our current initiatives, please visit our website at [www.njhcqi.org](http://www.njhcqi.org).

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