

[View this email in your browser](#)



NEW JERSEY HEALTH CARE **QUALITY INSTITUTE**

A BI-WEEKLY LOOK AT THE BUSINESS & POLITICS OF HEALTH CARE IN NEW JERSEY



PRESIDENT & CEO, LINDA SCHWIMMER

Join Our Call for an Integrated Facility License for Physical and Behavioral Health Care

Last week we sent a [letter](#) to New Jersey's Acting Health Commissioner, Kaitlan Baston, M.D., urging her to move forward expeditiously with proposing regulations creating an integrated facility license that permits provision of physical and behavioral health care services in the same setting by the licensee. The integrated facility license and regulations are critical to the health of the people of New Jersey. Moreover, this step is required by New Jersey law. The license would allow ambulatory care facilities to provide physical, mental health, and substance use services under one license – rather than three.

Behavioral health disorders (i.e., mental health and substance use disorders) are prevalent and increasing, yet there is a marked disparity between diagnosis, treatment, and outcomes for physical health and behavioral health conditions. This disparity is due, in part, to the lack of coordination that currently exists in the health delivery system between behavioral and physical conditions. Multiple studies have shown that integrating primary physical and behavioral health care improves access to high quality treatment, patient engagement, clinical outcomes, and patient satisfaction. Integrating physical and behavioral health provides a triple benefit: improving outcomes, increasing access, and reducing stigma around behavioral

health...

[Read Full Story](#)



TAKE FIVE INTERVIEW

Interviews with members, influencers, and noteworthy people

Amy Murtha, MD, Dean of [Rutgers Robert Wood Johnson Medical School](#).

Interview Sneak Peek: *You come with an impressive background: Professor and chair of the Department of Obstetrics, Gynecology and Reproductive Services at the University of California, San Francisco, and professor in the Department of Obstetrics and Gynecology and Department of Pediatrics at Duke University. What drew you to New Jersey?*

I grew up in Rockland County and have family ties to the east coast and to New Jersey. When Rutgers came knocking, I wasn't ready to leave UCSF. But the more I learned about what was happening here in New Jersey the more intrigued I became. There is incredible opportunity for impact, not just in the medical school but in partnership with the RWJBarnabas Health system, Rutgers University, and our communities to transform health care delivery in many ways. There's real opportunity, for instance, to allow patients to get complex care in the state without having to cross a bridge to New York or Philadelphia. It's a special moment for health care delivery for New Jersey...

[Read Full Interview](#)

MATERNAL INFANT HEALTH HUB MIDWIFERY COLLABORATIVE MEETING

October 24, 2 p.m. - 3 p.m.

Join colleagues and the [Maternal Infant Health Hub's Midwifery Collaborative](#) on **Tuesday, October 24 from 2-3 pm** to learn about interprofessional education models

for ob-gyn residents and graduate midwifery students.

Learn about the [American College of Obstetrics and Gynecologists'](#) (ACOG) Maternity Care Education, Practice Redesign project, and its interprofessional education model.

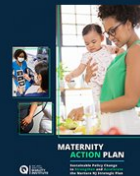
Speakers:

- [Melissa Avery, PhD, CNM, FACNM, FAAN](#), Professor Emeritus, University of Minnesota
- [John Jennings, MD](#), Professor Emeritus, the Texas Tech University Health Sciences Center

Midwives, midwifery students, health care workers, and educators are encouraged to attend.

[Register Now](#)

MATERNITY ACTION PLAN Work Sessions for 2024



We are hosting [Maternity Action Plan \(MAP\) Virtual Work Sessions](#) and are planning now. The sessions will focus on [MAP Key Themes](#) and other topics related to maternal-child health. We want to hear from you on what topics are most valuable to you, and what speakers or programs you'd like to see featured. Please take this 5-minute survey to share your thoughts.

Sessions:

- Wednesday, **January 24** from 12 p.m.-2 p.m.
- Wednesday, **April 24** from 12 p.m.-2 p.m.
- Thursday, **June 6** from 12p.m.-2 p.m.

[Take Survey](#)

WHERE YOU LIVE MATTERS

Maternity Care Deserts and the Crisis of Access and Equity

Midwives, midwifery students, health care workers, and educators: Join the New Jersey Statewide Network for Cultural Competency on **Thursday, October 26 from 10 a.m. - 11 a.m.** for their upcoming webinar, “Where You Live Matters: Maternity Care Deserts & the Crisis of Access & Equity,” which will be presented by Shakira Williams-Linzey, MPH, Director of Maternal Infant Health at the March of Dimes.

[Register Now](#)

BENEFITS OF DOULA CARE

Share with Hospitals and Health Care Providers

What are the Benefits of Doula Care

↑ Doulas INCREASE

- Spontaneous vaginal birth
- Higher APGAR score
- Patient-centered care
- Positive birth experience
- Breastfeeding initiation

↓ Doulas DECREASE

- Costs
- Need for induction or augmentation of labor
- Labor length
- Use of pain medication
- Cesarean birth rate
- Use of forceps or vacuum for delivery

The positive effect of doula care is especially impactful for socially marginalized people, those with low-income, and individuals with cultural or language barriers.

Doulas simultaneously advocate for birthing people while acting as helpful allies to nurses and providers.

[The Children's Home Society of New Jersey](#) partnered with a nurse midwife to create an educational flyer for health care providers and hospital staff on doulas and community doulas. We encourage you to share this with your networks.

If you work in this field or are interested in this kind of work, please join us at our October 24 [Maternal Infant Health \(MIH\) Hub Midwifery Collaborative meeting](#).

[View & Share Flyer](#)



For information on how to join, please contact Virginia Tesser at vtesser@njhcqi.org.

To learn more about our current initiatives, please visit our website at www.njhcqi.org.

Copyright 2023 | NJHCQI, All rights reserved.*

Our mailing address is:

New Jersey Health Care Quality Institute
P.O. Box 2246, Princeton, New Jersey 08543

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#).