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MAYORS WELLNESS CAMPAIGN[®]



QUALITY INSTITUTE NEWS & UPDATES

This quarter, the [New Jersey Health Care Quality Institute \(Quality Institute\)](#) has a number of great [events](#), [resources](#), and [updates](#) to support your work improving health and wellness in your community.

Register Now for Last Few Spaces--Mental Health First Aid

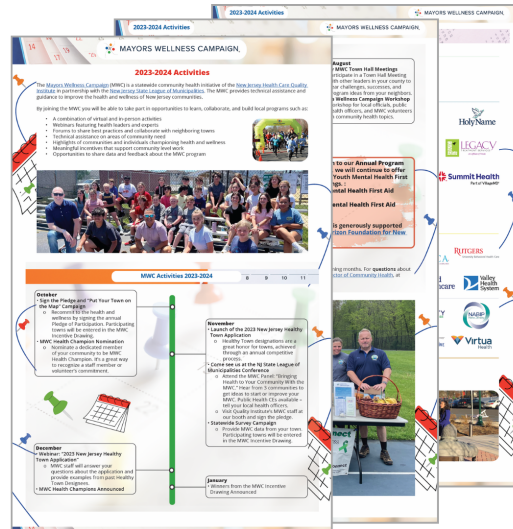
As part of our Mental Health Initiative, generously supported by [The Horizon Foundation for New Jersey](#), the Mayors Wellness Campaign has two upcoming Mental Health First Aid trainings. The trainings will be from 9:30 a.m. to 4p.m. More information regarding the topics covered in the trainings, who should attend the trainings, and how to register, can be found in the flyers linked below.

[Adult MHFA Training September 28](#)

[Youth MHFA Training October 19](#)

Get Involved in 2023-24 MWC Activities

Discover how you can get involved in this year's [Mayors Wellness Campaign](#) (MWC) activities. Explore our vision, find out what is happening, how you can participate, and why it matters by viewing our [activities flyer](#) today.



Mayors, Sign the Pledge to be Entered into Our MWC Incentive Drawing

Renew your community's dedication to health and wellness by [signing our annual pledge](#). By participating, your town will be entered into the MWC Incentive Drawing with a **chance to secure \$1,000 for your MWC initiatives**. These funds can be used for activities like hosting health fairs, offering Mental Health First Aid training, or [conducting a walk audit](#).

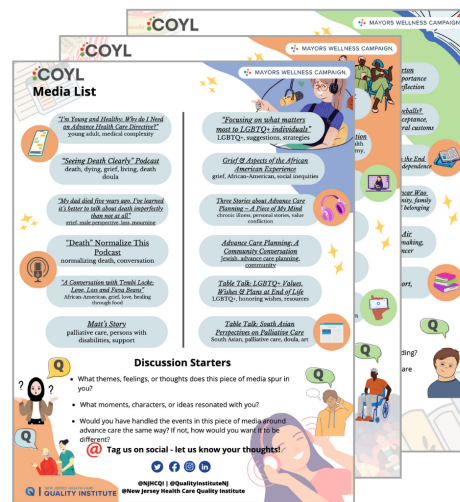
Towns must submit an overview of their fund allocation plan prior to receiving the funds. Winners will be publicly announced in January 2024. **Stop by our booth at the [League of Municipalities](#), November 14 to the 16, for more information.**



Spark the Conversation in Your Community with Our New Media Clubs

COYL provides your community with educational materials on advance care planning. This new [resource](#), is designed to foster community conversations using media such as books and movies as conversation starters. Residents can explore the themes of each selection, choosing what resonates with them. Share these with local organizations, residents, and on social media to spark the conversation.

Ready to get more involved with COYL? Reach out to [Katie Bisaha](#) at kbisaha@njhcqi.org.



MEMBER BREAKFASTS & ENGAGEMENT EVENTS

[REGISTER NOW](#)



Connect With Us at our Quality Institute Engagement Event

Join the Quality Institute for our upcoming in person Engagement Events on:

- [Wednesday, September 27 from 8:00am - 9:30am at Parker Health Group, 15 Dellwood Lane, Somerset NJ.](#)
- [October 18, 2023, from 8:00 a.m. – 9:30 a.m. at Samaritan, 3906 Church Rd, Mt. Laurel, NJ 08054.](#)



COMMUNITY RESOURCES

Below we have highlighted resources and new opportunities from the State and other community based organizations to support your community.

Make Sure Your Residents Don't Lose Their Medicaid Coverage

Assure your residents continue to have access to health care by alerting them about [NJ Family Care](#) and [Medicaid renewal](#). From April 1, 2023 to March 31, 2024, NJ Family Care will be sending out renewal packets to currently enrolled NJ Family Care members. It is essential for residents to complete these packets so they do not lose their coverage. Use the resources linked below to push out in your community.

[Stay Covered NJ Media Toolkit](#)
[Medicaid Reimbursement Video](#)
[Cover All Kids Video](#)

Secure your Town's Unclaimed Funds to Bolster your MWC Activities



Did you know that NJ's Unclaimed Property Fund is holding millions of dollars that belong to residents and towns? A quick search will show you whether your town is owed money. You can claim it online at no cost. Your residents can do the same. Act now and put those dollars to use to make your

SNAP Navigators can Help your Most Vulnerable Residents Become Food Secure



The [SNAP Navigator Program](#), which is available in all 21 counties, offers guidance with SNAP applications to your residents to improve access to SNAP. Share this vital information with your municipal staff and residents to make a positive impact on food security.

town a healthier place to live, work, and play. Invest in your Mayors Wellness Campaign and multiply the benefits of claiming your funds. Use this [link](#) to find out more!

Help your Residents Prevent Diabetes with the YMCA's Diabetes Prevention Program



This 12-month initiative, now covered by Medicaid and endorsed by the [National Institutes of Health](#) (NIH) and the [Centers for Disease Control and Prevention](#) (CDC) is led by trained coaches in small groups. It guides individuals in making and sticking to healthy lifestyle changes, including better eating and more physical activity. [share this program with your residents](#), to help prevent the onset of Type 2 Diabetes.

Shape a Healthier New Jersey by Sharing the Arts in Wellbeing Survey



Make an impact on your community's wellbeing by sharing the New Jersey Arts in Wellbeing Indicators Study. This survey explores the connection between the arts and New Jersey residents' wellbeing. By participating, residents age 18 and up can help us understand

Advocate for Inclusive Transportation by Taking Part in National Week Without Driving



Did you know that around 25% of Americans face barriers to mobility, like inadequate sidewalks and limited transportation?

Join **National Week without Driving** from **October 3-8** to support the Disability Mobility Initiative and

how the arts contribute to a better quality of life. Join the movement for a healthier, more vibrant New Jersey! Share the survey and the flyers below with your residents.

[Survey](#)

[Flyer in English](#)

[Flyer in Spanish](#)

America Walks. They aim to create a transportation system that works for everyone, no matter their ability, age or income. By taking part, you'll learn about the challenges in your community. You can challenge yourself not to drive for a day during the week or host an event to make a local impact. Make the pledge [here](#).



North Jersey Health Collaborative

health matters

Apply Now for Leadership Positions at NJHC

[The North Jersey Health Collaborative](#) (NJHC) is an independent 501(c)(3) organization dedicated to enhancing community health in Morris, Passaic, Sussex, Union, and Warren Counties. The NJHC's mission up-to-date public health data to create networks, inform assessments and plans, and leverage resources for a collective impact. We're currently seeking volunteer board members to help advance our mission. Interested in partnering, funding, or volunteering? Contact Daniel Wikstrom, daniel@njhealthmatters.org.

[Learn More About the Open Positions](#)

Register Now for Monarch Housing's Housing Justice Conference



Join [Monarch Housing's](#) Annual Conference on Housing as a Human Right: An Asset-Based Approach to Housing Justice, happening on October 3, 2023. Discover how to harness community assets for housing justice and engage with experts and lived experiences. Explore diverse topics, from Development Diversity to Redefining Success.

Take this Free Grant Writing Course to Secure Resources for your Community



Take this free grant writing course where you will master the essentials of successful grant proposals, from sourcing funding to crafting compelling content. Enroll now to secure vital resources for your community projects!

Register [here](#) to be part of the conversation.

Register [here](#) to enhance your skills and receive a certificate.



FUNDING OPPORTUNITIES

Apply Now for the Safe Routes to School Infrastructure Grant

Calling Mayors and Community Leaders! Enhance safety and walkability around our schools by applying for the [2024 Safe Routes to School \(SRTS\) infrastructure grant](#) by Nov 17, 2023. High schools now eligible.

[Register](#) for the October 4 online session from 1:30pm-3pm, to learn more and strengthen your application.

Save the Date: Apply for [America Walks](#) Community Change Grant on September 18

[America Walks](#) and [Active People, Healthy Nations](#) will be accepting applications for \$1,500 community grants for projects related to creating healthy, active and engaged places to live, work and play. Applications open September 18, be sure to apply. Learn more [here](#).



More Information:

Mayors Wellness Campaign: Katie Bisaha - kbisaha@njhcqi.org.

Become a Member: Virginia Tesser - vtesser@njhcqi.org.

To learn more about our current initiatives, please visit our website at www.njhcqi.org.

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