

A BI-WEEKLY LOOK AT THE BUSINESS & POLITICS OF HEALTH CARE IN NEW JERSEY



Quality Institute's Work to Address Maternal Mental Health Approved for Use Nationwide

At the Quality Institute, we're excited to report that the maternity-specific scenarios we created and piloted for Mental Health First Aid training have been approved for use around the country by the National Council for Mental Wellbeing.

Last year, we brought together mental health experts, maternal health professionals, and people with lived experiences to develop these first-of-their-kind maternity-specific, role-playing scenarios for use in Mental Health First Aid (MHFA).

We're proud that trainers from around the nation can now customize their trainings to support nurses, doulas, home visitors, community health workers or anyone who works with pregnant individuals.

As a certified instructor who helped pilot these new scenarios, it's gratifying that our work at the Quality Institute will now support efforts throughout the country to address maternal mental health. The need is urgent. The CDC recently reported that mental health conditions are a leading, underlying cause of pregnancy-related deaths. There is a critical need to invest more to address maternal mental health to reduce death and suffering surrounding pregnancy...

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TAKE FIVE INTERVIEW

Interviews with members, influencers, and noteworthy people

Elizabeth Talmont, DNP, ANP-BC, Chief Project Officer at Planned Parenthood of Northern, Central and Southern New Jersey.

<u>Interview Sneak Peek:</u> As Chief Project Officer and a Doctor of Nursing Practice, you are conducting research around what is known as Mgen, a sexually transmitted infection. What can you tell us about <u>Mgen</u>?

Mgen is a sexually transmitted bacterial infection. It's increasingly common. The infection is associated with pelvic inflammatory disease, preterm delivery, spontaneous abortion, and infertility. Acute symptoms are painful urination, penile and vaginal discharge, and itching. Some people don't have acute symptoms and don't know they have the infection. That makes diagnosis tricky...

Read Full Interview





Join the Quality Institute for our upcoming in-person **Engagement Event** in Southern New Jersey on **Wednesday, October 18 from 8 a.m. - 9:30 a.m. at <u>Samaritan</u>,** 3906 Church Road Mount Laurel Township, NJ 08054.

Attend this event to:

- Network with other Quality Institute members and invited guests over breakfast.
- Meet local leaders and health care decision makers.
- Get updates on health policy, quality improvement, and community health from **Quality Institute staff**.

These events are for members and invited guests only.

Register Now

TEAMBIRTH NJ PROGRAM EXPANDS

Virtua Mount Holly and Saint Peter's Healthcare System Launch Programs



TeamBirth Launch event at Saint Peter's Healthcare System in New Brunswick, New Jersey.



TeamBirth Launch event at Virtua Health in Mount Holly, New Jersey.

Earlier this week, Virtua Health Mount Holly Hospital, Saint Peter's University Hospital, and the Mary V. O'Shea Birth Center celebrated the launch of the <u>TeamBirth</u> NJ program with us in their respective facilities. We are so excited to announce the expansion of this critical and empowering program to improve communication and shared decision-making between pregnant people and their health care team.

Watch TeamBirth Expansion on NJ Spotlight News

Health Access Project

Provider Access Commitment Toolkit

We recently updated our *New Jersey Reproductive Health Access Project Provider Access Commitment Toolkit* (NJ-RHAP *Toolkit*). As a statewide initiative, NJ-RHAP was created to empower New Jersey patients, their providers, and payers to identify the reproductive health services that are best for themselves and their families and to expand access to the full range of contraceptive options available.



View & Share NJ-RHAP Toolkit











For information on how to join, please contact Virginia Tesser at vtesser@njhcqi.org.

To learn more about our current initiatives, please visit our website at www.njhcqi.org.

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