

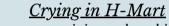




Your Caregiver Relationship Contract caregiving, burnout, self-care

Still Alice Alzheimer, family, male caregiver perspective

Die Laughing Jewish-American, growing older, humor



Korean, caregiving, cultural identity and rituals, mother-daughter

The Conversation: A Revolutionary Plan for End-Of-Life Care relatable stories, advance care planning

From Scratch: A Memoir of Love, Sicily, and Finding Love African American, grief, cancer

My Name is Lucy Barton LGBTQ+, caregiving, importance of communication, self-reflection

Will my Cat Eat my Eyeballs? humor, mortality and acceptance, cultural practices and funeral customs

Being Mortal: Medicine and What Matters in the End person-centered care, aging & independence



The Brief Wondrous Life of Oscar Wao Dominican-American, masculinity, family dynamic, cultural identity and belonging



When Breath Becomes Air mortality, shared decision-making, physician as patient, cancer

> Tin Man LGBTQ+, grief, support, remembrance





- What themes, feelings, or thoughts does this book spur in you?
- What moments, characters, or ideas resonated with you while reading?
- Would you have handled the events in the book around advance care the same way? If not, how would you want it to be different?































#### From Scratch

loss, grief, cancer, memoir, African American



medical decision-making, family dynamics, quality of life

### Last Flight Home

medically assisted death, documentary, chronic illness

#### End Game (2018)

shared decision making, palliative and hospice care, emotional and spiritual considerations

#### Coco

remembering and honoring ancestors, family support, hispanic, life meaning

#### The Midnight Club

terminal illness and mortality, autonomy, support, youth, hospice care, caregiving

# The Nurse with the Purple Hair

patient advocacy, emotional and spiritual support, collaborative decision making

#### This is Us: This is Care A Conversation

family communication, aging and health issues, caregiving and support, autonomy

#### Being Mortal

patient-centered care, communication, shared decision making, palliative and hospice care



### The Bucket List

older adult, end of life priorities, support systems, reflection



#### A Man Called Otto

male perspective, end of life considerations, mental health, social isolation, community

#### The Farewell (2019)

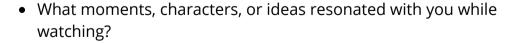
Chinese-American, cultural differences, family bonds, reflection



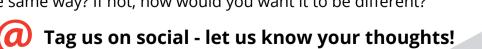


## **Discussion Starters**

• What themes, feelings, or thoughts does this video spur in you?



• Would you have handled the events in the video around advance care the same way? If not, how would you want it to be different?























<u>"I'm Young and Healthy: Why do I Need</u> <u>an Advance Health Care Directive?"</u> <u>y</u>oung adult, medical complexity

<u>"Seeing Death Clearly" Podcast</u> death, dying, grief, living, death doula

"My dad died five years ago. I've learned it's better to talk about death imperfectly than not at all" grief, male perspective, loss, mourning



# "Death" Normalize This Podcast

normalizing death, conversation

"A Conversation with Tembi Locke:

<u>Love, Loss and Fava Beans"</u>

African-American, grief, love, healing through food

Matt's Story

palliative care, persons with disabilities, support



<u>"Focusing on what matters</u> <u>most to LGBTQ+ individuals"</u> LGBTQ+, suggestions, strategies

Grief & Aspects of the African

American Experience
grief, African-American, social inequities

<u>Three Stories about Advance Care</u> <u>Planning – A Piece of My Mind</u> chronic illness, personal stories, value confliction



Advance Care Planning: A
Community Conversation
Jewish, advance care planning,
community



<u>Table Talk: South Asian</u> <u>Perspectives on Palliative Care</u> South Asian, palliative care, doula, art



# **Discussion Starters**

- What themes, feelings, or thoughts does this piece of media spur in you?
- What moments, characters, or ideas resonated with you?
- Would you have handled the events in this piece of media around advance care the same way? If not, how would you want it to be different?
  - (a) Tag us on social let us know your thoughts!









