

# COYL Media List



*"I'm Young and Healthy: Why do I Need an Advance Health Care Directive?"*  
young adult, medical complexity

*"Seeing Death Clearly" Podcast*  
death, dying, grief, living, death doula

*"My dad died five years ago. I've learned it's better to talk about death imperfectly than not at all"*  
grief, male perspective, loss, mourning



*"Death" Normalize This Podcast*  
normalizing death, conversation

*"A Conversation with Tembi Locke: Love, Loss and Fava Beans"*  
African-American, grief, love, healing through food

*Matt's Story*  
palliative care, persons with disabilities, support



*"Focusing on what matters most to LGBTQ+ individuals"*  
LGBTQ+, suggestions, strategies

*Grief & Aspects of the African American Experience*  
grief, African-American, social inequities

*Three Stories about Advance Care Planning – A Piece of My Mind*  
chronic illness, personal stories, value confliction



*Advance Care Planning: A Community Conversation*  
Jewish, advance care planning, community

*Table Talk: LGBTQ+ Values, Wishes & Plans at End of Life*  
LGBTQ+, honoring wishes, resources

*Table Talk: South Asian Perspectives on Palliative Care*  
South Asian, palliative care, doula, art



## Discussion Starters

- What themes, feelings, or thoughts does this piece of media spur in you?
- What moments, characters, or ideas resonated with you?
- Would you have handled the events in this piece of media around advance care the same way? If not, how would you want it to be different?

**@ Tag us on social - let us know your thoughts!**



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