

Book of the Month Club



Your Caregiver Relationship Contract
caregiving, burnout, self-care

Still Alice
Alzheimer, family, male caregiver perspective

Die Laughing
Jewish-American, growing older, humor

Crying in H-Mart
Korean, caregiving, cultural identity and rituals, mother-daughter

The Conversation: A Revolutionary Plan for End-Of-Life Care
relatable stories, advance care planning

From Scratch: A Memoir of Love, Sicily, and Finding Love
African American, grief, cancer



My Name is Lucy Barton
LGBTQ+, caregiving, importance of communication, self-reflection

Will my Cat Eat my Eyeballs?
humor, mortality and acceptance, cultural practices and funeral customs

Being Mortal: Medicine and What Matters in the End
person-centered care, aging & independence

The Brief Wondrous Life of Oscar Wao
Dominican-American, masculinity, family dynamic, cultural identity and belonging

When Breath Becomes Air
mortality, shared decision-making, physician as patient, cancer

Tin Man
LGBTQ+, grief, support, remembrance



Discussion Starters

- What themes, feelings, or thoughts does this book spur in you?
- What moments, characters, or ideas resonated with you while reading?
- Would you have handled the events in the book around advance care the same way? If not, how would you want it to be different?

@ Tag us on social - let us know your thoughts!



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