

# COYL Watchlist

MAYORS WELLNESS CAMPAIGN



## *From Scratch*

loss, grief, cancer, memoir, African American

## *Extremis*

medical decision-making, family dynamics, quality of life

## *Last Flight Home*

medically assisted death, documentary, chronic illness

## *End Game (2018)*

shared decision making, palliative and hospice care, emotional and spiritual considerations

## *Coco*

remembering and honoring ancestors, family support, hispanic, life meaning

## *The Midnight Club*

terminal illness and mortality, autonomy, support, youth, hospice care, caregiving

## *The Nurse with the Purple Hair*

patient advocacy, emotional and spiritual support, collaborative decision making

## *This is Us: This is Care A Conversation*

family communication, aging and health issues, caregiving and support, autonomy

## *Being Mortal*

patient-centered care, communication, shared decision making, palliative and hospice care

## *The Bucket List*

older adult, end of life priorities, support systems, reflection

## *A Man Called Otto*

male perspective, end of life considerations, mental health, social isolation, community

## *The Farewell (2019)*

Chinese-American, cultural differences, family bonds, reflection

## Discussion Starters

- What themes, feelings, or thoughts does this video spur in you?
- What moments, characters, or ideas resonated with you while watching?
- Would you have handled the events in the video around advance care the same way? If not, how would you want it to be different?

**@ Tag us on social - let us know your thoughts!**



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