





# TEAMBIRTH NJ OVERVIEW

Communication failures are a frequently cited cause of serious maternal injuries and deaths. To improve communication and teamwork in the health care delivery system, the [New Jersey Health Care Quality Institute](#) partnered with [Ariadne Labs](#) to implement their shared decision-making initiative, [TeamBirth](#), in New Jersey.

TeamBirth is a shared decision-making program that involves team huddles and other tools used during labor and delivery. Using these tools for every birth helps to improve communication and ensure respectful care that aligns with patient preferences.

## TeamBirth Core Behaviors:

<p>1. </p> <p>Promoting each member of the team</p>	<p>2. </p> <p>Eliciting patient preferences</p>	<p>3. </p> <p>Distinguishing plan for patient, baby, and labor progress</p>	<p>4. </p> <p>Setting clear expectations for next huddle</p>
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TeamBirth is currently implemented in over 90 hospitals and birth centers across the country, reaching over 400,000 births – including over 15 birthing facilities in NJ.

## Benefits of TeamBirth:

- ✓ **Improved Patient Satisfaction:** Over 95% of patients report having their desired role in their birth experience, clear communication with providers, and the ability to share care preferences.
- ✓ **Improved Clinician Satisfaction:** 93% of clinicians felt TeamBirth improved care through better communication, teamwork, and shared decision-making
- ✓ **Reduced Health Inequities:** TeamBirth demonstrates a statistically significant impact on equity through autonomy and shared decision-making across race/ethnicity groups. Results to be published in 2023.

Elevating patient voices and empowering shared decision-making is key to providing safe, respectful childbirth care. Visit [www.njhcqi.org/teambirthnj](http://www.njhcqi.org/teambirthnj) to learn more.

