



NEW JERSEY HEALTH CARE QUALITY INSTITUTE

A BI-MONTHLY LOOK AT THE BUSINESS & POLITICS OF HEALTH CARE IN NEW JERSEY



PRESIDENT & CEO, LINDA SCHWIMMER **Addressing Mental Health Through More Holistic Care**

Mental health is an essential part of our overall wellbeing. When someone is unable to function at their full capability due to stress, anxiety, or other cognitive conditions, it impacts their health, relationships, ability to perform a job, to take care of others... every aspect of their lives.

Unfortunately, our existing health systems are not adequately structured and resourced to address the surging need for mental health services. We need to strengthen the many avenues to access and scale mental health services — including integrating mental health into primary care. About 40 percent of behavioral health visits take place in [primary care practices](#). More collaboration between primary care practices and mental health providers would improve overall access and wellness. There is no singular perfect model, but experts agree that collaboration is [key](#).

Integrated care, where doctors and nurses work alongside mental health providers, is one high quality proven model of care. There are, however, many variations of what integrated care looks like across the [country](#). Previously, the Quality Institute has highlighted leading models at our conferences, including Cherokee Health from Tennessee and the AIMS Center at the University of Washington. These models show

what advanced integrated care can achieve for patients...

[Read Full Story](#)



Join us in person on **Wednesday, May 17 from 2:30 p.m. to 5:00 p.m.** for the Quality Institute's Spring All-Council Conference, *Breaking Down the Barriers to Integrating Primary and Mental Health Care*.

We will highlight the challenges of stigma, as well as policy and payment issues. We'll feature payers, providers, and employers that are offering integrated models and discuss how these models could be scaled and supported in New Jersey.

After the conference, join us from 5:00 pm to 6:00 pm for a networking happy hour.

This event is for Quality Institute members and invited guests.

[Register Now](#)



MATERNAL INFANT HEALTH HUB

Policy Spotlight

The [Maternal Infant Health Hub](#) will host its **inaugural Policy Spotlight on May 3 from 2:00 p.m. - 3:00 p.m.** in honor of International Day of the Midwife, which is on May 5th. Join **Magda Schaler-Haynes, JD, MPH** to learn about state-based regulation on the practice of midwifery. **Professor Schaler-Haynes** will provide an overview of research related to professional licensure, provider supply constraints, and current approaches to evidence-based midwifery policy innovation. New Jersey's current midwifery landscape will be reviewed in the context of national trends in maternal and reproductive health policy. There will be opportunity for a Q&A and discussion at the end of the presentation.

Please submit any questions for the Q&A segment in advance to Armonie Pierre-Jacques at apierrejacques@njhcqi.org.

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NEW MEMBER



CAPITAL HEALTH SYSTEM

[Capital Health Medical Center – Hopewell](#) has been a member of the Quality Institute since 2004. We are so pleased to have the rest of the Capital Health System joining them within our membership. Capital Health System, we welcome you to our membership and look forward to working with the entire network.



For information on how to join, please contact Virginia Tesser at vtesser@njhcqi.org.

To learn more about our current initiatives, please visit our website at www.njhcqi.org.

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