Building the Necessary Workforce to Achieve Birth Equity and Quality: Workforce Training on DEIB and Antiracism to Improve the Culture of Healthcare Settings

> Julie Blumenfeld, DNP, CNM Program Director, Midwifery Program Rutgers University

Anti-Racist Midwifery Training & Practice

- How is anti-racist and culturally congruent practice being incorporated into health care education and training?
- What shifts in curriculum and practice have you seen that are meaningful and impactful in shifting practice to be more equitable?
- Over time, how will this work help to recruit, train, and retain a more diverse workforce to serve MIH clients?

From Listening to Action: Impact of Racism Within Midwifery Education

SOURCES

- ACNM Midwives of Color (MOC) Survey, May 2020
- "How does racism in midwifery education negatively impact diversity within midwifery and disparities in maternal and child health" conference presentation at the 2019 ACNM Annual Meeting; May 18-22, 2019; Washington, DC
- ACNM CEO listening session with students and faculty at the University of California San Francisco, 2019
- "Women of color entering midwifery: an assessment of unmet needs" by Nancy Anderson, MD, MPH; National Association of Professional Nurse-Midwives (NACPM) webinar, March 2017
- Into the Light of Day: Reflections on the History of Midwives of Color Within the American College of Nurse-Midwives; ACNM; 20126

From Listening to Action: Impact of Racism Within Midwifery Education



- Isolation/belongingness
- Aggressions macro and micro
- Lack of faculty, preceptors, and students of color
- Exclusion of BIPOC midwives from midwifery history/celebration of racist midwives in organizational history
- Repeatedly seeing race, rather than racism, listed as a risk factor for health inequities
- Programs wanting BIPOC graduates and not having structures in place to support this
- Biases in clinical settings: harder time getting placement
- More financial and social responsibilities than white classmates
- Learning in the context of currently living with racism and racial violence and learning in/from a racist institution
- Experience as child/parent/doula informing the choice to become a midwife
- Determination to achieve educational goals
- Preference for distance education

From Listening to Action: Impact of Racism Within Midwifery Education

RECOMMENDATIONS

- Increase scholarships, financial assistance & endowments
- Increase peer support & networking spaces specifically for BIPOC midwives and students
- Support mentorship opportunities
- Highlight the scholarly work and contributions of BIPOC midwives
- Increase program transparency regarding cost
- Commit to hiring and increasing BIPOC faculty and staff and hire a DEI officer
- Adapt testing and teaching to be inclusive of various learning styles
- Eliminate harmful and traumatic course content Incorporate the history of BIPOC midwives including Into the Light of Day
- Include the impact of racism and social determinants of health (SDOH) into curricula and core competencies
- Acknowledge the role of historical trauma, the related need to stay safe, and the need to facilitate avenues for increased safety



Addressing Racism and Advancing Equity in Midwifery Education: A PROGRAM CONTENT TOOLKIT FOR ACTION



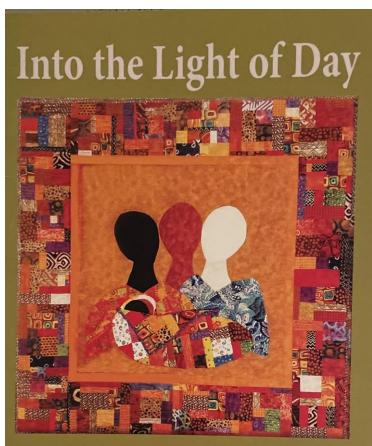
American College of Nurse-Midwives Racism in Midwifery Education Task Force

Toolkit Goals:

- Help midwifery educators reflect on their own racism
- Recognize how racism is present in midwifery education
- Offer tools to address racism and build antiracist programs.

Tools for Assessing Program Content for Racism

- Curriculum assessment
- Program content evaluation
 - Didactic
 - Practicum
- Assignment suggestions
 - Scripting



Reflections on the History of Midwives of Color Within the American College of Nurse-Midwives

Linda Janet Holmes, M.P.A.

Recruitment & Training



In June, New Jersey Gov. Phil Murphy signed into law the 2023 state budget, which included **\$1 million** to increase opportunities for midwifery education - the first time that state funds have been earmarked for these services.

HRSA Scholarships for Disadvantaged Students

- 2020 first time set-aside funding for midwifery programs
- 5-year grant: \$3.25 million dollars
- Scholarships for students from economically or educationally disadvantaged backgrounds
- 100% to student scholarships to pay for their tuition, books & fees, living expenses and travel to campus

Funding to:

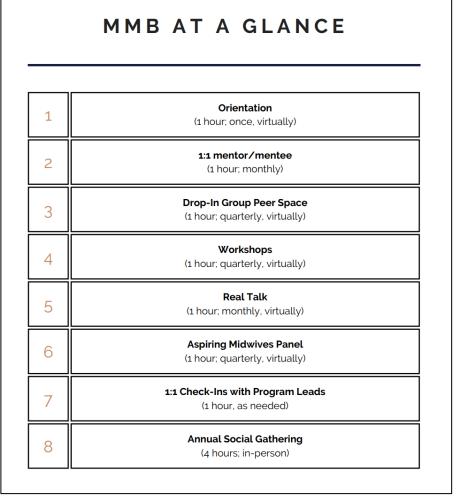
- CSU Fullerton
- State University of New York
- University of Washington
- Bastyr University

Case Example

• 3-year period, 45 scholarships given

Midwifery Mentoring & Belonging





Rutgers Midwifery

The Road to Creating a Diversity, Equity, and Inclusion Plan

Staying true to our motto of embodying Excellence in Action, Rutgers School of Nursing was among the first Rutgers' schools to take several initial steps to actively work against racism and bias, while intentionally cultivating a community of diversity and inclusion at the school.

In July 2020, Rutgers School of Nursing Dean Linda Flynn launched a three-part approach to actively combatting racism and bias at School of Nursing. This initial tripartite initiative included:

- 1 The formation of the Dean's Committee on Anti-Racism and Anti-Bias
- 2 The implementation of "Impact Dialogue Circles"—a series of listening sessions with faculty, staff, and students designed to listen to the community and implement action based on feedback
- 3 The development of an <u>anonymous digital hotline</u> to report incidences of racism and bias directly to the dean.

In January 2021, President Jonathan Holloway announced five priorities that encapsulated areas where Rutgers University needed to make progress to further the University's institutional commitment to Diversity, Equity, and Inclusion (DEI). Those priorities include:

- 1 Recruit, Retain and Develop a Diverse Community
- 2 Promote Inclusive Scholarship and Teaching
- 3 Define Sustainable and Substantive Community Engagement
- 4 Build the Capacity of Leaders to Create Inclusive Climates
- 5 Develop an Institutional Infrastructure to Drive Change

Diversity Strategic Planning & Implementation Process

The newly formed Diversity Strategic Planning Implementation and Assessment Committee (SPIAC) will implement the strategic plan and support the forward movement at RBHS.

Strategic Planning Implementation and Assessment Committee (SPIAC) Members

Sangeeta Lamba, MD, MS-HPEd

Vice President for Faculty Development and Diversity, Rutgers University Vice Chancellor for Diversity and Inclusion Rutgers Biomedical and Health Sciences

Kyle D. Warren, PhD, MAE Senior Vice Dean, Administration and Student Services Rutgers School of Nursing

Teri E. Lassiter, PhD, MPH Assistant Dean for Diversity, Equity and Inclusion RBHS Diversity Leadership Council Assistant Professor, Department of Urban-Global Public Health Rutgers School of Public Health

Ravi Maharajh, EdS. LPC, ACS Director, Marketing and Communications RBHS Diversity Leadership Council Co-Chair, UBHC Diversity, Equity, & Inclusion Rutgers University Behavioral Health Care

Humberto Jimenez, Pharm.D Director of Diverse Scholar Engagement and Advancement and Assistant Professor RBHS Anti-Racism Task Force Ernest Mario School of Pharmacy

Abigail Armstrong, PhD Postdoctoral Fellow Center for Advanced Biotechnology and Medicine

Pamela Valera, PhD Director, Doctoral Studies and Assistant Professor Rutgers School of Public Health Gwendolyn M. Mahon, MSc, PhD Dean Interim Chair, Clinical Laboratory and Medical Imaging Sciences Rutgers School of Health Professions

Linda R. Flynn, PhD, RN, FAAN Dean and Professor Rutgers School of Nursing

Patricia N. Whitley-Williams, MD Professor of Pediatrics RBHS Diversity Leadership Council Associate Dean for Inclusion and Diversity Rutgers Robert Wood Johnson Medical School

Herminio Perez, DMD, MBA Assistant Dean, Student Affairs, Diversity and Inclusion RBHS Diversity Leadership Council Rutgers School of Dental Medicine

Robin Eubanks, PhD Associate Professor RBHS Anti-Racism Task Force Rutgers School of Health Professions

Adrienne Ettinger, ScD Chief of Staff for Research Rutgers Biomedical and Health Sciences

Maria Soto-Greene, MD, MS-HPEd, FACP Executive Vice Dean and Professor Rutgers New Jersey Medical School

School of Nursing Diversity, Equity, and Inclusion Unit Goals and Action Plan

Submitted by: Dean's Committee on Anti-Racism and Anti-Bias

Charlotte Thomas-Hawkins, PhD, RN, FAAN, Co-Chairperson Mehtap Ferrazzano, MSW, Co-Chairperson

Faculty Members: Thomas Loveless, PhD, MSN, CRNP John Nelson, PhD, CPNP Mamilda Robinson, DNP, APM, PMHNP-BC Constance Sensor, PhD, RN, CTN-A, NJ-CSN Kyeongra Yang, PhD, MPH, RN, CNE

Staff Members: Steven Glogocheski, EdD Gregory Hughes

Student Members: Candace Elam, DNP student Aditi Mahapatra, Second-degree student Leslie Wright-Brown, PhD student

Alumnus member: Shanda Johnson, PhD, RN



