

Education program helps those living with Alzheimer's disease

When someone is diagnosed with Alzheimer's, friends and family have many questions. What does the diagnosis mean? What kinds of plans need to be made? What resources are available to help? As the disease progresses, new questions reflect growing needs for skills, programs and services.

Living With Alzheimer's for Caregivers is a series of education programs that provide answers to the questions that arise in the early, middle and late stages of the disease. Hear from those directly affected and learn what you need to know, what you need to plan and what you can do at each point along the way.

This program will cover information for caregivers of people with:

- Early-stage Alzheimer's disease
- Middle-stage Alzheimer's disease
- Late-stage Alzheimer's disease

Topics covered will include:

- Developing a care team
- Legal and financial planning
- Coping strategies
- Care and treatment options
- Communicating and connecting
- Maximizing independence

For more information on **Living With Alzheimer's for Caregivers**, contact the Alzheimer's Association at info@alz.org or call 800.272.3900.

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