



# NEW JERSEY HEALTH CARE QUALITY INSTITUTE

A BI-WEEKLY LOOK AT THE BUSINESS & POLITICS OF HEALTH CARE IN NEW JERSEY



## **PRESIDENT & CEO, LINDA SCHWIMMER**

### **Our New Work Group Will Support Mental Health in New Jersey Communities**

The months of fear, isolation, and deaths associated with the COVID-19 pandemic have created a mental health emergency in our towns and cities. The trauma of the pandemic — along with economic uncertainty, social unrest, and environmental catastrophes — is affecting our emotional well-being.

That is why we're starting the Mayors Wellness Campaign Mental Health Work Group, and **we're seeking input from you, our members. We need your leadership, expertise, and commitment.** The goals of our Work Group will be to:

- Identify strategies for community leaders to address the mental health needs in their communities.
- Identify existing resources for residents to access mental health support and services.
- Strengthen relationships between community leaders and providers of physical and mental health and social services.
- Share and create resources to address residents' mental health needs.
- Amplify community conversations on mental health and reduce stigma.

Please [reach out to me](#) if you are interested in joining, or learning more about, our Mayors Wellness Campaign Mental Health Work Group. **Right now, we need to support each other and our communities.**



**DANIEL FINCH, MD, PMH-C**

**CHIEF MEDICAL OFFICER,  
CAREPLUSNJ**



## TAKE FIVE INTERVIEW

### Interviews with members, influencers, and noteworthy people

Daniel Finch, MD, PMH-C, is Chief Medical Officer at CarePlus NJ, a member of the Quality Institute's Provider Council. The non-profit organization provides recovery-focused integrated primary care, mental health care, and substance abuse rehabilitation services.

**Interview Sneak Peek:** *Your new program, the Maternal and Family Center, provides mental health services before, during, and after pregnancy. Why is it so important to prioritize mental health for new moms and their families?*

We have a two-month-old son and a 22-month-old daughter. So when I say that I am passionate about this issue...that's an understatement. At the recommendations of our doctors, we were extremely cautious with regards to social distancing, including childcare, while both of us continued to work from home, which was very difficult. I really don't think there's a word in the English language that adequately describes the level of stress and anxiety that pregnant women and families with children experience during COVID-19.

[Read Full Interview](#)

*Register Now*

**COVID-19 AND THE FLU - VACCINE PRODUCTION, ACCESS, AND ADHERENCE**

*Join us on 9/30 at 12pm for this Member Exclusive Webinar*

NEW JERSEY HEALTH CARE | QUALITY INSTITUTE

Quality Institute Members - Join us for the first webinar in our Fall and Winter member-exclusive webinar series, *Stronger Together: Improving the Safety, Quality, and Affordability of Health Care for Everyone*, which will explore timely and critical topics from vaccines and health care coverage to the 2020 election results.

*Adherence*, participants will learn the role of public health in flu vaccine campaigns and administration, as well as creative ways that health providers and health systems are approaching access and administration during the Coronavirus. We are excited to announce the accomplished speakers at this event, which will be moderated by our Senior Program Officer, [Kate Shamszad](#).

**Featured Experts Speaking in this Virtual Event:**

- [Mary Campagnolo](#), Medical Director, [Virtua Health](#) and Quality Institute Board Member
- [Shereef Elnahal](#), President & CEO of [University Hospital](#) and Quality Institute Board Member
- [Saira Jan](#), Vice-President & Chief Pharmacy Officer of [Horizon Blue Cross Blue Shield of New Jersey](#).
- [Dr. Leonard Friedland](#), Vice President, Director Scientific Affairs and Public Health, Vaccines North America at [GlaxoSmithKline](#)

Register Now

The banner features a blue background with a white text box in the center. The text reads: "Register Now" in a white script font at the top left. Below it, in bold black uppercase letters, is "HEALTH INSURANCE COVERAGE AND THE NEW STATE-BASED EXCHANGE". Underneath that, in blue italicized font, is "Join us on 10/14 at 12pm for this Member Exclusive Webinar". At the bottom right, there is a logo for "NEW JERSEY HEALTH CARE QUALITY INSTITUTE" with a blue 'Q' icon.

Quality Institute Members - Join us for the second webinar in our *Stronger Together* webinar series, where participants will learn about strategies to support open enrollment from state and industry experts. This event will be moderated by our [President & CEO Linda Schwimmer](#) and we will announce the featured speakers soon.

Register Now



For information on how to join, please contact Virginia Tesser at [vtesser@njhcqi.org](mailto:vtesser@njhcqi.org).

To learn more about our current initiatives, please visit our website at [www.njhcqi.org](http://www.njhcqi.org).

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