



COYL in the Community

Tacy Silverberg-Urian RN BSN CHPN
End of Life Specialist
Founder, [AdvanceChoices.org](https://www.advancechoices.org)

Advance CHOICES

Talking creates peaceful decisions at the end.

Objectives



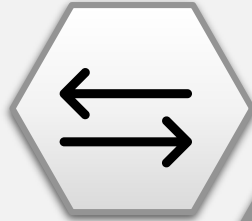
List two reasons for the gap between the number of people who say talking to their loved ones about end of life care is important with the number that actually does.



Name two tools or resources one can use to learn how to begin end of life conversations with a loved one?



GAP



92% of people say that talking with their loved ones about end-of-life care is important

32% have actually done so

How Did We Get Here?



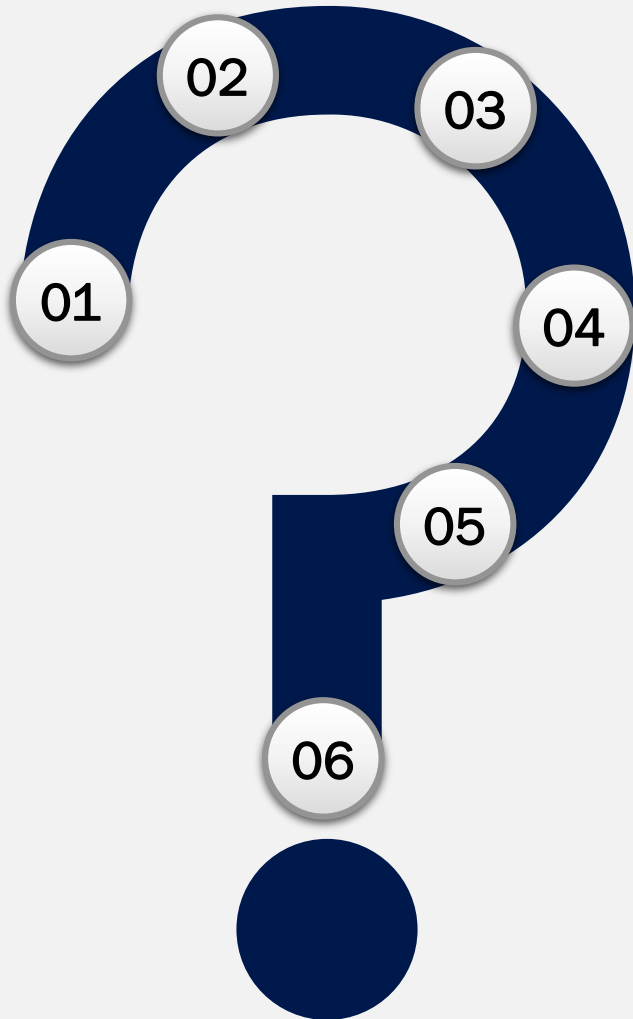
REASONS

21% of people say they haven't had the conversations because they don't want to upset their loved ones

53% say they'd be relieved if a loved one started the conversation

Source: *The Conversation Project National Survey (2018)*

Questions from the Community



- 01 How do I prepare for these conversations?
- 02 Whenever I've tried to talk to my adult children about it they don't want to talk about it.
- 03 What are some good conversation starters?
- 04 There are so many different forms, I'm confused?
- 05 Where can I get advance directive forms?
- 06 What is the difference between an advance directive and a living will?

My Toolbox



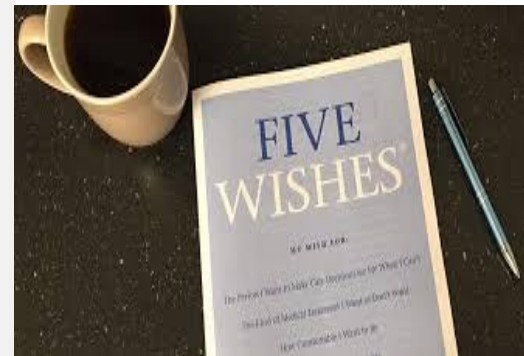
Your Conversation Starter Kit

When it comes to end-of-life care, talking matters.

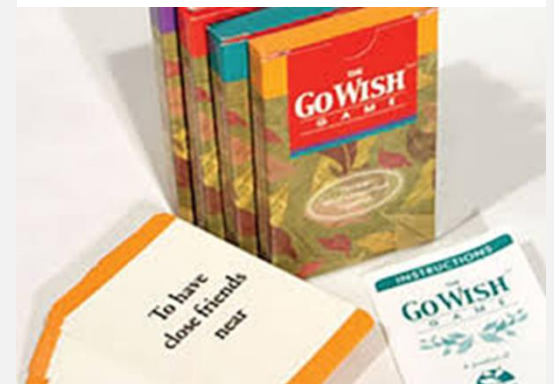
theconversationproject.org



deathoverdinner.org



fivewishes.org



Gowish.org

National Healthcare Decisions Day

Advance Choices and Beval.com present
a National Healthcare Decisions Day webinar event

Five Wishes Made Easy

Please join COYL task force members for a special Zoom webinar presentation. Attendees will learn how to fill out their Advance Directive and talk to family members about it. Q&A to follow.

Webinar dates

April 21 - 1pm

April 23 - 8pm

April 28 - 1pm

April 29 - 8pm

Registration required:

bit.ly/5WishesInvite

Hosts will send registrants Zoom invitation and link to download their free *Aging with Dignity Five Wishes* brochure to follow along during the webinar.

Registration link:

[Bit.ly/5WishesInvite](https://bit.ly/5WishesInvite)

Resources

- New Jersey Healthcare Quality Institute, Conversations of Your Life: www.njhcqi.org/COYL
- NJ Coalition on Goals of Care : www.goalsofcare.org
- New Jersey Department of Health – Advance Directive: www.state.nj.us/health/advancedirective/

My favorite tools:

- The Conversation Project : theconversationproject.org/
- Death Over Dinner : www.deathoverdinner.org
- Aging With Dignity, the Five Wishes: www.fivewishes.org
- Go Wish : www.gowish.org