



NEW JERSEY
HEALTH CARE
**QUALITY
INSTITUTE**

A BI-WEEKLY LOOK AT THE BUSINESS & POLITICS OF HEALTH CARE IN NEW JERSEY



PRESIDENT & CEO, LINDA SCHWIMMER

States Must Borrow, and Share, Best Practices to Fight COVID-19

Many of our members are reaching out to us at the Quality Institute to share their concerns as the spread of COVID-19 shows no sign of slowing. We're eager to learn about the issues you're facing; we can provide resources and also connect you to the experts and officials who can help.

We're hearing that our members want greater guidance to address the growing need for capacity in our hospitals — and on how to protect those most medically vulnerable. They also want greater latitude to respond to this public health emergency with flexible polices that are patient-centered and medically based. Members from multiple facilities cited the need for emergency orders and guidance.

[Read Full Story](#)

This week we hosted a webinar, *COVID-19 Best Practices for Your Medical Office*. A big **thank you** to our featured speaker, [New Jersey Doctor-Patient Alliance \(NJDPA\)](#) Board Chair, **Stavros Christoudias, MD, FACS**.

[View Our COVID-19 Webinar
Recording](#)

During the webinar we hosted this past Tuesday, we discussed [Executive Order 109](#) signed by Governor Murphy, which suspended elective surgeries and invasive procedures to preserve essential equipment and hospital capacity. It's important to know that many of our members, which provide essential services to their patients, are still open and are taking precautions to minimize the risk of exposure to COVID-19.

For example, [Planned Parenthood](#) health centers in New Jersey remain open. **Patients can call 1-800-230-PLAN to find their nearest health center** or visit [here](#) for an online list of local health centers. If you have further questions, please contact Planned Parenthood at info@ppactionnj.org.

The need for preventative care and the management of chronic conditions is critical to maintaining the long-term health of our population. If you are a provider still open and offering care to your patients please watch the recording of our webinar, *COVID-19 Best Practices for Your Medical Office*, to mitigate the risks to your staff and patients.

QUALITY INSTITUTE WEBINAR

Anxiety vs. Resiliency: How to Manage One While Building the Other During the COVID-19 Crisis



We invite you to join us on **Wednesday, April 1st from 12:00 p.m. - 1:00 p.m.** for this virtual Quality Institute event, *Anxiety vs. Resiliency: How to Manage One While Building the Other in a Crisis* We are honored to have **Tracey L. Post, LCSW, CST, CCTP, Founder and CEO of [TLP Consulting Group, LLC](#)**, as the expert speaker for this webinar, which will be moderated by our Senior Program Officer, [Kate Shamszad, MS, MPH](#).

By Participating in This Webinar, You Will Learn:

- **Stress 101:** How stress and anxiety affect the mind and body
- **Warning Signs:** Indicators of anxiety and stress overload
- **Coping:** Healthy techniques for yourself and for your colleagues
- **Skills Practice:** Quick and easy techniques for group and one-on-one conversations
- **Resources:** Online and other support tools

All Quality Institute members, as well as members of the public, are encouraged to attend this FREE webinar.

**Register
Now**

**Disclaimer: It is not the intent of this program, or its speakers, to provide clinical or legal advice.*

FEATURED SPEAKERS



Tracey L. Post, LCSW, CST, CCTP

Tracey L. Post, LCSW, CST, CCTP is founder and CEO of [TLP Consulting Group, LLC](#). Her firm provides clinical psychotherapeutic services, training, professional development, and consultation services for individuals as well as public and private organizations. Tracey is an AASECT certified sexuality therapist; an IATP certified trauma specialist, a New Jersey certified clinician and supervisor. TLP Counseling, LLC and the Princeton Center for MindBody Healing offers evidence-based treatment for individuals and couples experiencing trauma and/or sexuality concerns and difficulties.

Kate Shamszad, MS, MPH

As the Senior Program Officer with our [Medicaid Policy Center](#) (MPC), [Kate Shamszad](#) works to advance Medicaid policies that increase access and affordability to high-quality health care. Kate previously served as a Clinical Director of Child Life and Integrative Care at Cincinnati Children's Hospital Medical Center where she directed their Mindfulness/Meditation/Integrated Care program. Kate has a Bachelor of Science in biology from George Washington University, a Masters of Science in Child Life from Bank Street College of Education, and a Masters of Public Health degree from the University of West Florida.



NEW MEMBER



New Jersey Doctor-Patient Alliance (NJDP)

NJDP was formed to help unite patients and their doctors as an industry watchdog to ensure that healthcare decisions are made based upon the needs of the patient, instead of corporate profits.

RESCHEDULED EVENT DATE

Quality Institute's All Council Conference – Save the Date – December 1, 2020

Our All Council Conference has been **rescheduled from May 12th to December 1, 2020 at the Trenton Country Club** We look forward to seeing you at our conference and networking reception. *More details, including registration, to come for members and invited guests.*

[Learn More](#)



For information on how to join, please contact Virginia Tesser at vtesser@njhcqi.org.

To learn more about our current initiatives, please visit our website at www.njhcqi.org.

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