

# New Jersey Health Care Quality Institute Conversation of Your Life (COYL) Breakfast June 12, 2018

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QUALITY  
INSTITUTE



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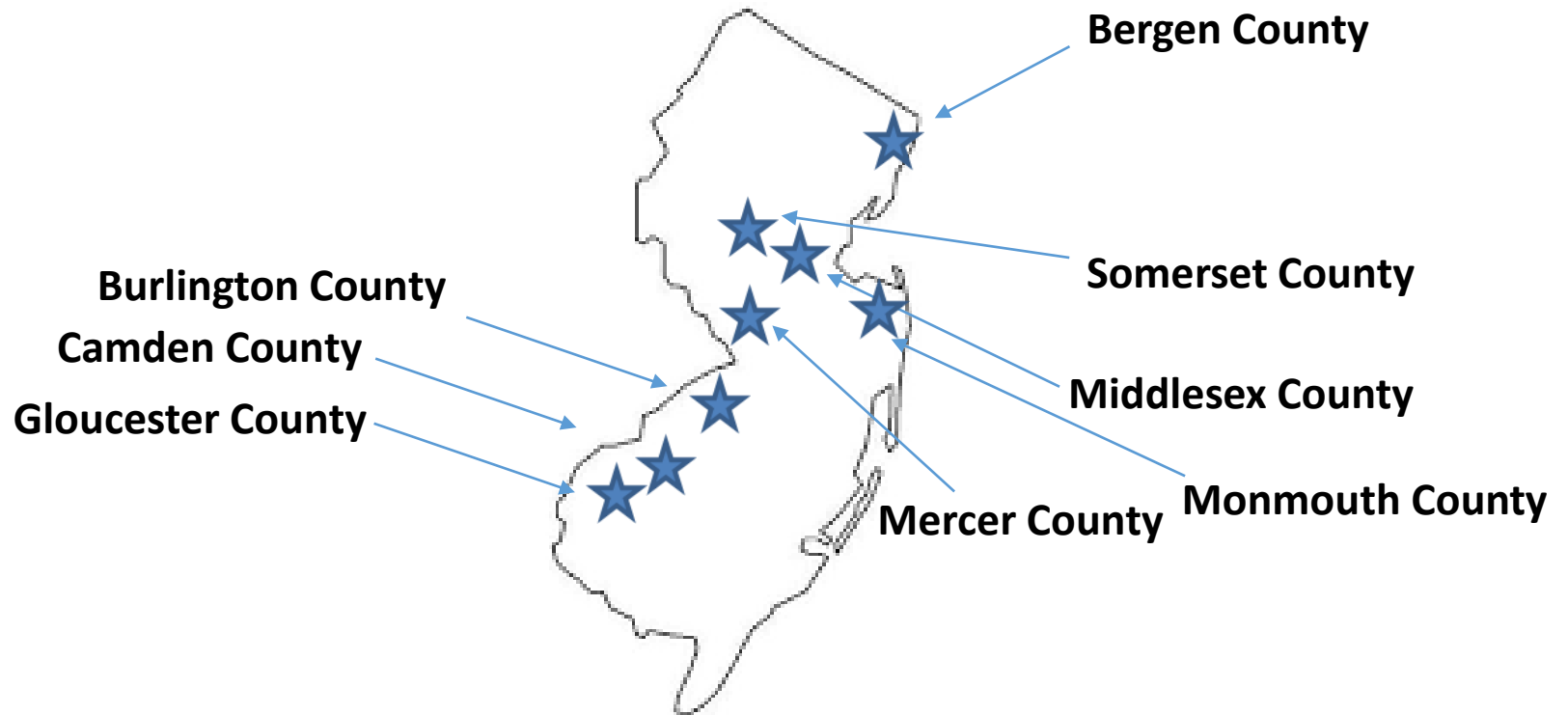


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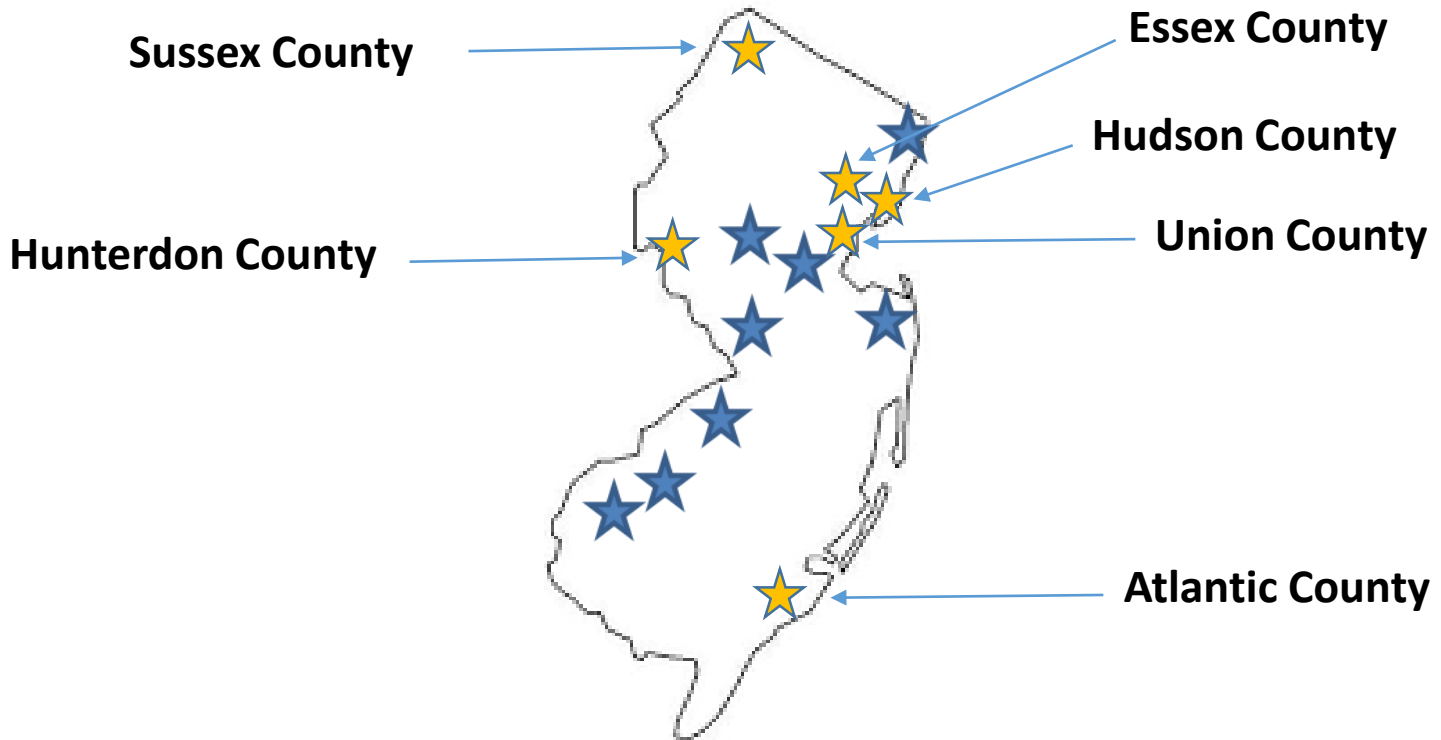
#COYLBreakfast  
#AdvanceCarePlanning  
#TalkingMatters  
#EndOfLife

@paulinechen  
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# *COYL Counties*



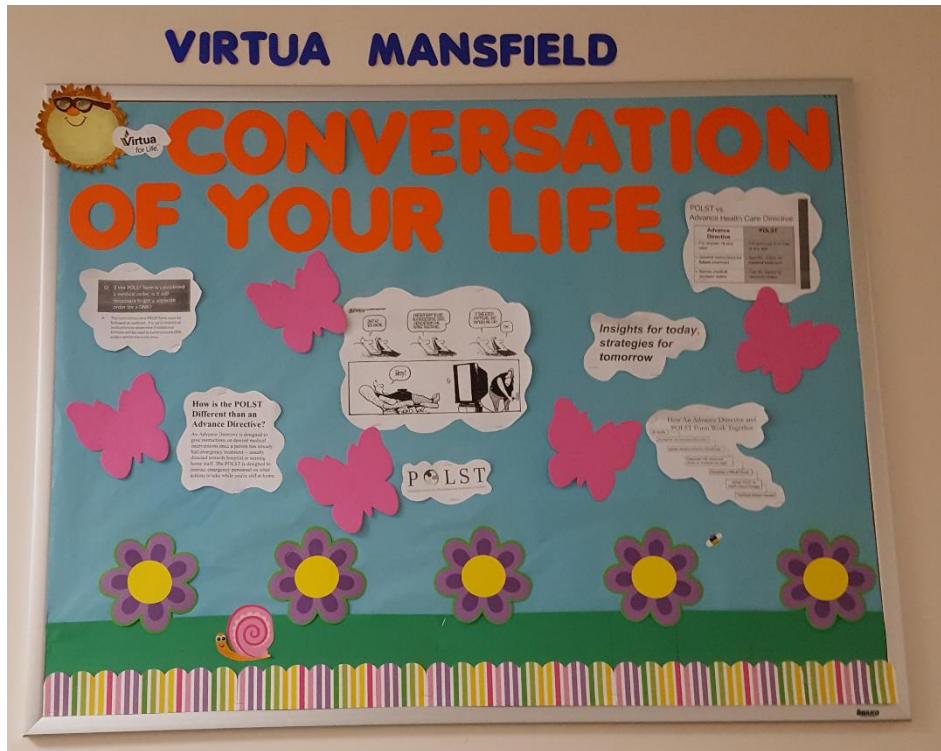
# *COYL Expansion Counties...*



# *Bergen County COYL Highlight*



# Burlington County COYL Highlight





# Camden County COYL Highlight



# *Gloucester County COYL Highlight*

## National Health Care Decision Day Event

**April 14, 2018 9 a.m. to 11 a.m.**

Inspira Medical Center Woodbury Cafeteria (1st Floor)

Start the Conversation  
About your Preferences for end-of-Life Care





# *Mercer County COYL Highlight*





# *Middlesex County COYL Highlight*



# Monmouth County COYL Highlight

## Free Film Screening and Panel Discussion



### New Jersey NURSES

Advertising Feature

## Safety in patient handling and mobility



Convening in-classes are, from left, stand **Sileen Cortez-Spencer**, **Jan Madsen**, **Shane and**, bottom row, **Iris Senozogri**.

**References**  
 • Bureau of Labor Statistics (BLS). (2012). *Wages, hours, and turnover in the industry*. Retrieved from <http://www.bls.gov/iif/oshwc/osh/industry/>  
 • Gattuso, E., Blythe, P. & Pearson, M. (2012). *Safe patient handling: A year's journey for a Culture Change? Nursing Management*, 18(12)



"Hope is not a plan"  
 - Atul Gawande

Presents

# Being Mortal

Medicine and What Matters in the End

The purpose of this program is to help medical professionals facilitate communication about end-of-life decisions with patients. The PBS FRONTLINE documentary, *Being Mortal* (Dr. Atul Gawande), explores the hopes of patients and families facing

Thursday, June 14, 2018  
 6:15pm – 9:00 pm  
 Refreshments served 6:15  
 Screening starts promptly at 6:45pm

— By Diane Hassa, MSW, RN

## Nurse volunteers advance community wellness

Andie Press, RN, MSW, does not stop being a nurse when she leaves Princeton Medical Center, the first care hospital where she works with heart patients.

Press believes the nursing profession also calls for to promote wellness in the communities around her. "There is a unique aspect to wellness initiatives. We have a wealth of experience and knowledge that can make a difference in our homes and cities," she said.

The New Jersey Action Coalition (NJAC) has a number of reaching volunteer nurses such as Press with community organizations in New Jersey. A strong example is NJAC joining forces with the New Jersey Healthcare Quality Institute's Mayors Wellness Campaign (MWC).

Over the last 10 years, the number of nurses has increased

Medical Center, the Institute that nurses hold in American society gives them unique opportunities to improve wellness in their communities. He has established in his hometown of Bergenfield, a team active in MWC, walks and runs and other wellness events. This was based on a project he piloted as part of his Nursing Leadership program at Rutgers School of Nursing.

"Nurses have the opportunity to expand their expertise and advocacy beyond the bedside," Gattuso said. "Lending our voice to our communities can help expand health initiatives and wellness programs."

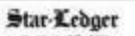
Gattuso has volunteered with NJAC, and his regular 100-mile in a year was earlier this year. "My mother was diagnosed with a mass in her liver," Gattuso said. His mother's wish to die at home was respected by her children, and she died on Feb. 16.

"She was at home and we granted her wishes," Gattuso said. "She, all her family and we had the best

Conversations of Your Life (COYL), a program that caters to community discussion and end-of-life care issues, such as advance care planning. Recently, Press spoke at a COYL community meeting at the Lawrenceville Library, a gathering that began with a screening of "The Bucket List," a movie about two cancer-stricken elderly men and their approach to serious illness.

"After the movie, people asked me specific questions: 'What's the difference between hospice and palliative care?'" Press is an advance director herself from a Practitioner Order for Life Sustaining Treatment (POLST) document," she said. Press, 31, received her BSN from Monmouth University and now is working in the Nursing Leadership program at Rutgers School of Nursing.

Julie Anderson, RN, MSW, said nurses' insider look





# Somerset County COYL Highlight



## April is National Healthcare Decisions Month

### Have You Had The Conversation?

Through Conversation of Your Life, the Franklin Township Library will be hosting a series of events to help you begin The Conversation in fun and engaging ways.

#### Advanced Directive Panel Discussion

Wednesday, April 11 7PM

What is advance care planning and why is it important? Expert panelists will provide an informative overview of advance care planning. The panel will include a nurse, a member of the clergy, and a lawyer. Come with your questions!

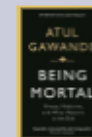


#### Second Saturday Book Club:

*Being Mortal* by Atul Gawande

Saturday, April 14 11AM

Join us for a discussion of this influential book. Limited number of copies are available at the Reference Desk.



#### Estate Planning

Monday, April 23 7PM

Learn everything you need to know about estate planning from nationally-recognized estate planning and elder law attorney, Victor J. Medina



#### Go Wish—Cards and Conversation

Wednesday, April 25 3-4PM

Come play the card game "Go Wish," a game that helps participants prioritize their end-of-life wishes. Tracy Grafton, Counselor at JFK Haven Hospice, will be on hand to facilitate. Light refreshments will be served.



The New Jersey Health Care Quality Institute's Mayors Wellness Campaign runs a program called Conversation of Your Life in Bergen, Burlington, Camden, Gloucester, Mercer, Middlesex, Monmouth, and Somerset Counties. The goal of Conversation of Your Life is to encourage more individuals in New Jersey to engage in fruitful dialogue – the Conversation of Your Life – to let individuals' friends, family, or doctors understand and respect their end-of-life wishes through advance care planning. Conversation of Your Life is generously supported by The Horizon Foundation for New Jersey. To learn more visit: [www.willtalknj.org](http://www.willtalknj.org).



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732-873-8700





# Keynote Speaker

## Dr. Pauline Chen



@paulinechen

# Dr. Shereef Elnahal, New Jersey Commissioner of Health



**@ShereefElnahal, NJDeptofHealth**

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