

New Jersey Health Care Quality Institute
Conversation of Your Life (COYL)
Breakfast
June 12, 2018

NEW JERSEY
HEALTH CARE
QUALITY
INSTITUTE



*Quality
powered.*

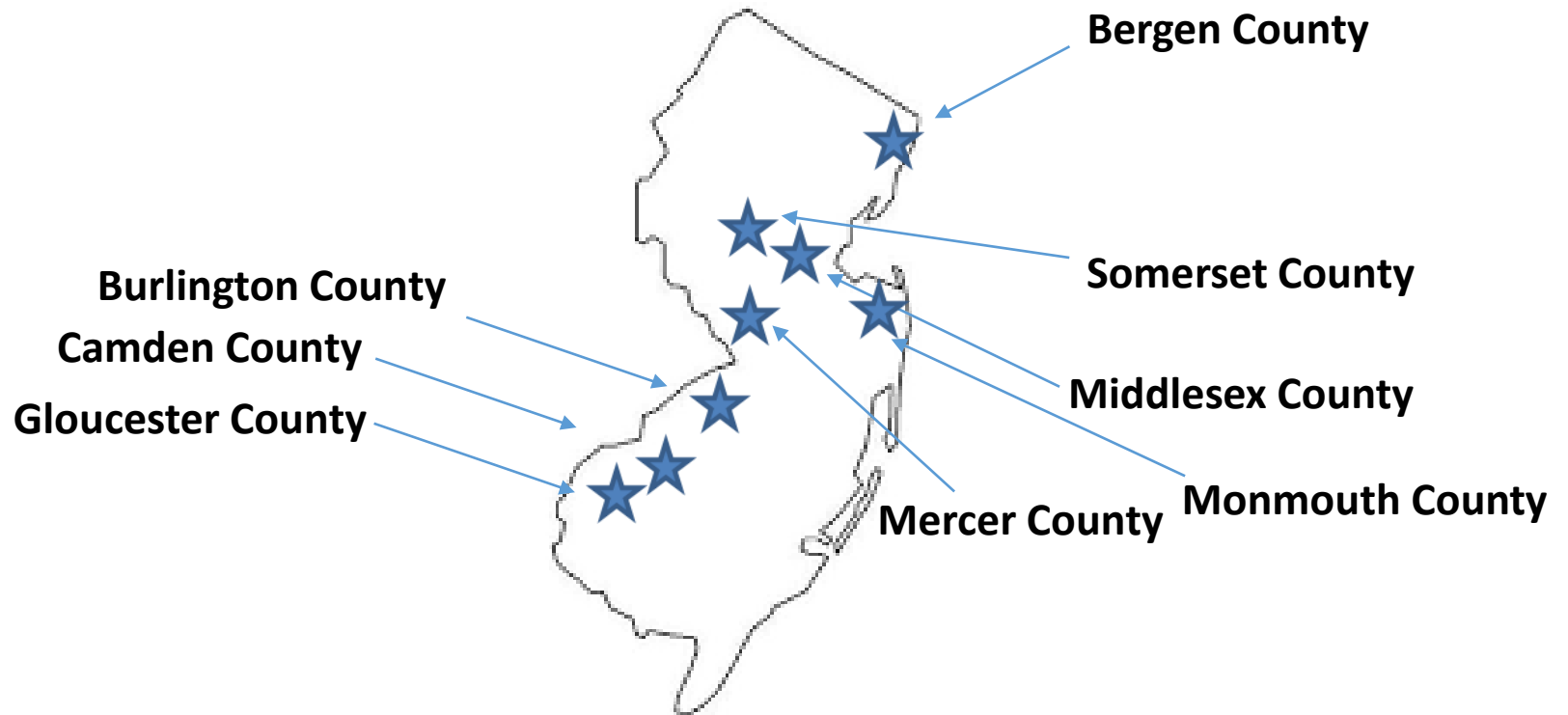


@NJHCQI
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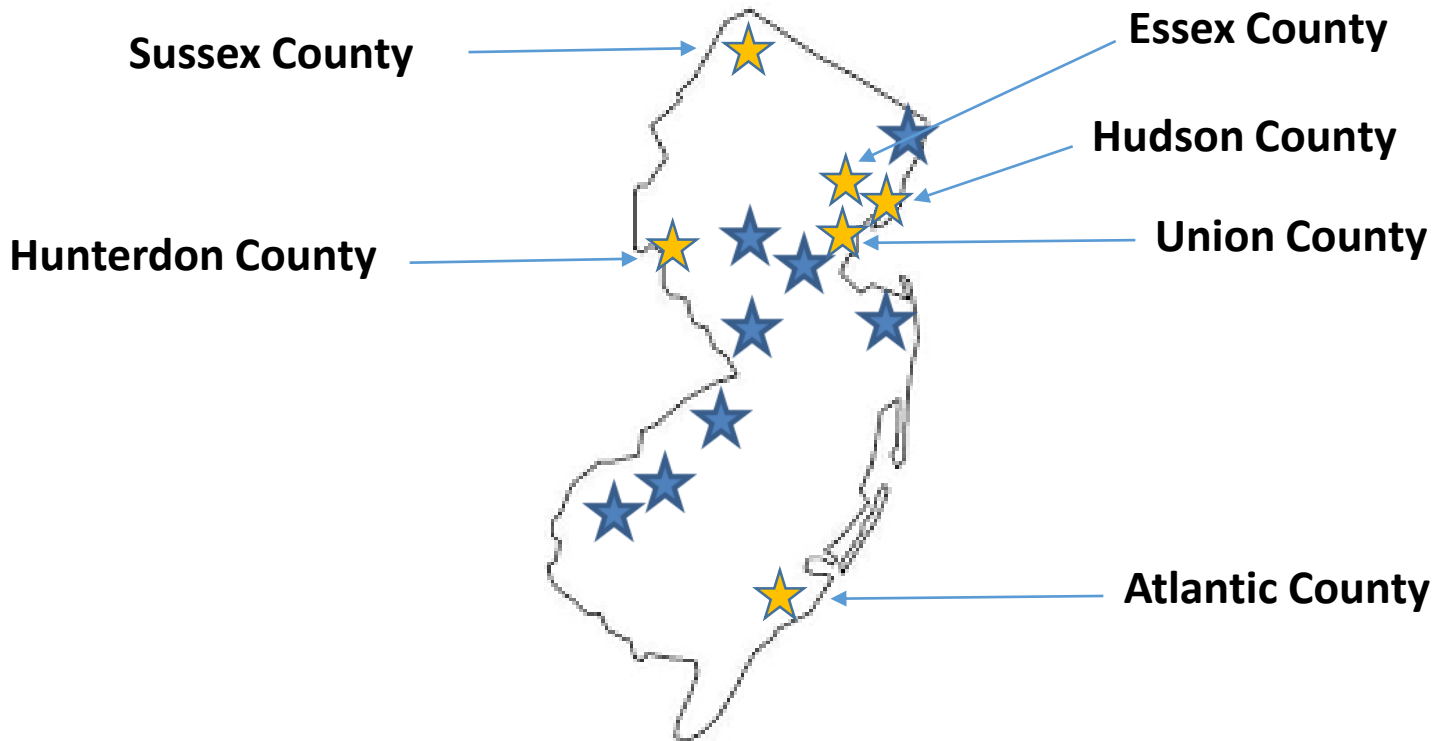
#COYLBreakfast
#AdvanceCarePlanning
#TalkingMatters
#EndOfLife

@paulinechen
@ShereefElnahal
@NJDeptofHealth

COYL Counties



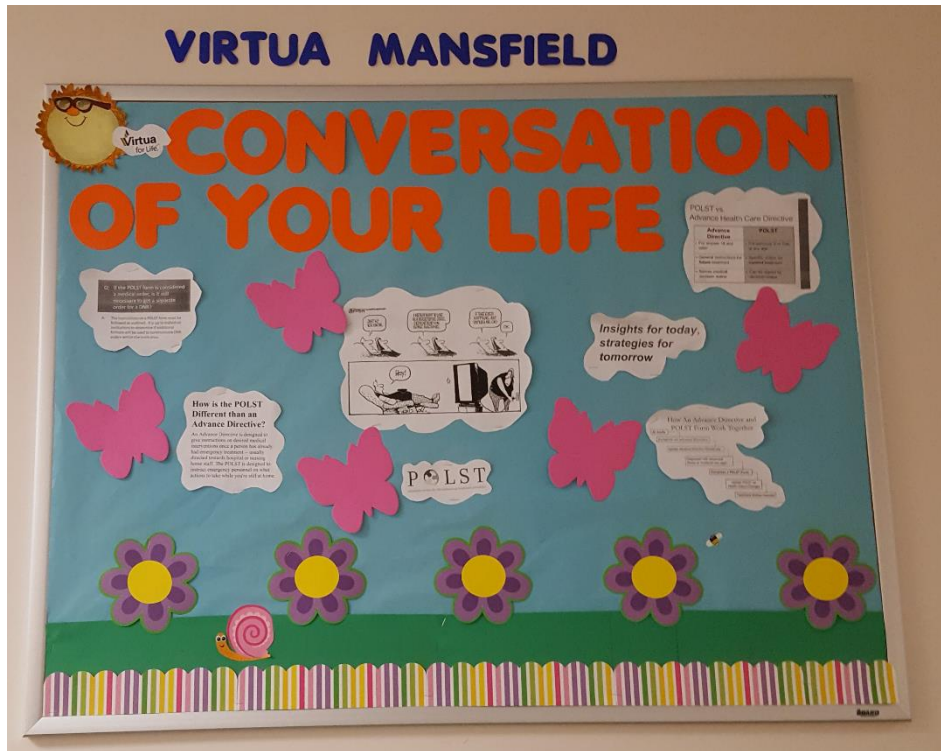
COYL Expansion Counties...



Bergen County COYL Highlight



Burlington County COYL Highlight



Camden County COYL Highlight



Gloucester County COYL Highlight

National Health Care Decision Day Event

April 14, 2018 9 a.m. to 11 a.m.

Inspira Medical Center Woodbury Cafeteria (1st Floor)

Start the Conversation
About your Preferences for end-of-Life Care



Mercer County COYL Highlight



Middlesex County COYL Highlight



Monmouth County COYL Highlight

Free Film Screening and Panel Discussion



New Jersey NURSES

Advertising Feature

Safety in patient handling and mobility



Convening in-obscuris are, from left, stand Ellen Cortez-Spencer, Jan Madsen, Diane and, bottom row, from Senozogri.

References
 • Bureau of Labor Statistics (BLS). (2012). *Wages, hours, and turnover in the industry*. Retrieved from <http://www.bls.gov/iif/oshwc/osh/industry/>
 • Cahoon, E., Blythe, P. & Pearson, M. (2012). *Safe patient handling: A year's journey for a Culture Change?* *Nursing Management*, 18(12)



"Hope is not a plan"
 - Atul Gawande

Presents

Being Mortal

Medicine and What Matters in the End

The purpose of this program is to help medical professionals facilitate communication about end-of-life decisions with patients. The PBS FRONTLINE documentary, *Being Mortal* (Dr. Atul Gawande), explores the hopes of patients and families facing

Thursday, June 14, 2018
 6:15pm – 9:00 pm
 Refreshments served 6:15
 Screening starts promptly at 6:45pm

— By Diane Hassa, MSW, RN

Nurse volunteers advance community wellness

Andie Press, RN, MSW, does not stop being a nurse when she leaves Princeton Medical Center, the first care hospital where she works with heart patients.

Press believes the nursing profession also calls for to promote wellness in the communities around her. "There is a unique aspect to wellness initiatives. We have a wealth of experience and knowledge that can make a difference in our homes and cities," she said.

The New Jersey Action Coalition (NJAC) has a number of reaching volunteer nurses such as Press with community organizations in New Jersey. A strong example is NJAC joining forces with the New Jersey Healthcare Quality Institute's Mayors Wellness Campaign (MWC).

Over the last 10 years, the number of nurses has increased

Medical Center, the Institute that nurses hold in American society gives them unique opportunities to improve wellness in their communities. He has established in his hometown of Bergenfield, a team active in MWC, walks and runs and other wellness events. This was based on a project he piloted as part of his Nursing Leadership program at Rutgers School of Nursing.

"Nurses have the opportunity to expand their expertise and advocacy beyond the bedside," Gabrany said. "Lending our voice to our communities can help expand health initiatives and wellness programs."

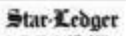
Gabrany has volunteered with NJAC, and his regular 100-mile in a year was earlier this year. "My mother was diagnosed with a mass in her liver," Gabrany said. His mother's wish to die at home was respected by her children, and she died on Feb. 16.

"She was at home and we granted her wishes," Gabrany said. "She still has a note on the wall for the

undertake projects and promote system changes that ensure that quality, safety, accountability and cost-containment are closely linked to the delivery of health care services in New Jersey. Learn more at www.njhc.org.

The New Jersey Health Care Quality Institute's **Mayors Wellness Campaign** is a program called "Conversation of Your Life" in Bergen, Burlington, Camden, Gloucester, Mercer, Middlesex, Monmouth and Somerset counties. Learn more at njac.org.

The **New Jersey Action Coalition** is one of 51 action coalitions across the country under the umbrella of Campaign for Action. Learn more at njactioncoalition.org.



Somerset County COYL Highlight



April is National Healthcare Decisions Month

Have You Had The Conversation?

Through Conversation of Your Life, the Franklin Township Library will be hosting a series of events to help you begin The Conversation in fun and engaging ways.

Advanced Directive Panel Discussion

Wednesday, April 11 7PM

What is advance care planning and why is it important? Expert panelists will provide an informative overview of advance care planning. The panel will include a nurse, a member of the clergy, and a lawyer. Come with your questions!

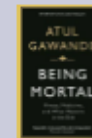


Second Saturday Book Club:

Being Mortal by Atul Gawande

Saturday, April 14 11AM

Join us for a discussion of this influential book. Limited number of copies are available at the Reference Desk.



Estate Planning

Monday, April 23 7PM

Learn everything you need to know about estate planning from nationally-recognized estate planning and elder law attorney, Victor J. Medina



Go Wish—Cards and Conversation

Wednesday, April 25 3-4PM

Come play the card game "Go Wish," a game that helps participants prioritize their end-of-life wishes. Tracy Grafton, Counselor at JFK Haven Hospice, will be on hand to facilitate. Light refreshments will be served.



The New Jersey Health Care Quality Institute's Mayors Wellness Campaign runs a program called Conversation of Your Life in Bergen, Burlington, Camden, Gloucester, Mercer, Middlesex, Monmouth, and Somerset Counties. The goal of Conversation of Your Life is to encourage more individuals in New Jersey to engage in fruitful dialogue – the Conversation of Your Life – to let individuals' friends, family, or doctors understand and respect their end-of-life wishes through advance care planning. Conversation of Your Life is generously supported by The Horizon Foundation for New Jersey. To learn more visit: www.willtalknj.org.



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Keynote Speaker

Dr. Pauline Chen



@paulinechen

Dr. Shereef Elnahal, New Jersey Commissioner of Health



@ShereefElnahal, NJDeptofHealth



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