



UNITED HEALTH FOUNDATION™

# DRIVING TOWARD BETTER HEALTH



## ACCESS TO HEALTH SERVICES

- Mobile health clinics— in vans, under tents or at tables— reach underserved populations by reducing barriers to care like where patients live and lack of transportation, time, or money.
- Staffed by local health care providers or public health nurses, mobile health clinics can be a cost-effective tool to fill gaps in critical primary care services.
- Mobile health clinics can provide patients with access to primary care providers or a way to sign up for health insurance. They are one way to reach populations that might otherwise fall through the cracks.
- In turn, mobile health clinics give health care providers data about:
  - Patient attendance indicating scope of reach.
  - Health screenings performed.
  - Surveys measuring patient access to primary care.



## ACTION STEPS

### Get Started

- Contact interested partners to create and staff the mobile clinic.
- Decide on the most appropriate location and the type of clinic, depending on available resources and most needed services.
- Get the word out through local media and partners.
- Set up the mobile health clinic and deliver care.

### Offer Services Including:

- Blood pressure screenings;
- Body mass index screenings;
- Blood glucose screenings;
- Health education materials;
- General and specialized health assessments; and
- Referrals to health services and other social services.

### Place Your Mobile Health Clinic at Events

- Health fairs, 5k runs/walks, farmers markets and other community events provide great opportunities to reach the community.

### FOLLOW THEIR LEAD!

With over 50 partner organizations, the Trenton Health Team created the *Wheels to Wellness* mobile health clinic to close the gaps in access to health care. The clinic provides free-of-charge preventive care to Trenton residents at community events who otherwise would not have access to it.



## MORE RESOURCES

[\*\*Trenton Health Team "Wheels to Wellness" Mobile Health Clinic\*\*](#)

[\*\*Start A Mobile Health Clinic: Tips & Tools\*\*](#)

[\*\*The Scope & Impact of Mobile Health Clinics\*\*](#)

[\*\*Mobile Health Units: Review of the Literature\*\*](#)

For more information, contact the New Jersey Health Care Quality Institute's Mayor's Wellness Campaign at 609-452-5980 or [info@njhcqi.org](mailto:info@njhcqi.org)