

**SAMPLE COUNCIL RESOLUTION**

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**RESOLUTION #000  
of [*Municipality*], New Jersey**

**A Resolution Supporting the Mayors Wellness Campaign**

**Date**

- Whereas, Across New Jersey, communities are facing a rise in health care costs, and
- Whereas, Physical activity levels have been decreasing and obesity rates increasing, and
- Whereas, Local leaders are looking for ways to promote active living, healthy eating, and overall wellness in their communities, and
- Whereas, The Mayors Wellness Campaign works with Mayors and key leaders to shape healthier lifestyles for the men, women and children in their communities, and
- Whereas, Communities can work towards the goal of healthier citizens and lower health care costs by championing practices and programs that promote active living, and
- Whereas, The Mayors Wellness Campaign will work to implement a comprehensive program of outreach, education and technical assistance activities to promote health and wellness for [*Municipality*], now therefore be it
- Resolved, by the Council of the municipality of [*name*], New Jersey, ask that all residents of this community join us in supporting the Mayors Wellness Campaign, and be it further
- Resolved, That we encourage the residents of [*Municipality*] to participate in Mayors Wellness Campaign activities to promote physical activity, healthy eating, and living healthier and better lives.