

## MESSAGE FROM **PRESIDENT**



Since the passage of the Affordable Care Act, the health care system has experienced rapid change and upheaval across the nation including New Jersey. The past year was a time of great uncertainty, as we all wondered which of the reforms would continue and in what form. It was a year that reminded us all that health care is, and always will be, a personal and local issue. Different parts of the country have

different cultural expectations and norms. Disruptive change is difficult to impose nationally --- especially when it comes to health care issues. The upheaval and debates reminded me of what I appreciate about living in New Jersey, a state with a long history of ensuring that one's health status will not prevent you from getting coverage. It also reinforced my joy in working with all of you, at the state policy-making level, to make health care more accessible and affordable to the residents of the Garden State.

This Impact Report looks back at the past year and our accomplishments working with you, our members and funders. It also peeks forward at what's underway in our next fiscal year and how we see our efforts advancing to improve quality in health care delivery and tackle costs.

From our delivery system workgroups, to our member conferences and quality improvement breakfasts, your contributions to our work and your collective voice is vital to everything we do. Thank you for sharing your expertise and perspective as we work together to make health care in New Jersey safer, person centered, and more affordable. You are the Quality Institute.

With an incoming Governor in early 2018 and on-going uncertainty at the federal level, the next year will continue to be one of great uncertainty. That is what makes the role of the Quality Institute all the more critical. I am inspired by all of you every day. I look forward to continuing our important work together throughout 2018.

With warm appreciation.

Linda J. Schwimmer, JD

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## **SPOTLIGHTS**

#### MEDICAID 2.0

### A Blueprint for the Future



With generous funding from The Nicholson Foundation, the Quality Institute launched the Medicaid 2.0 Project to identify existing challenges and provide solutions to improve the way the State delivers and pays

for care through Medicaid. Beginning in early 2016, we met with over 100 health care stakeholders, including providers, health plan executives, hospital leaders, government officials, union representatives, academics, and advocacy groups. We conducted focus groups with beneficiaries, concentrating on pregnant women and seniors, to obtain feedback on how well the system was working for them. We then consulted with innovators in other states and hosted two Medicaid summits to gather additional insights. This exhaustive research formed the basis in developing five Transformation

Teams comprised of more than 50 high level health care stakeholders to dive more deeply into the priority areas and propose actionable solutions to improve the Medicaid program. Our inclusive and focused approach culminated in the March 6, 2017 release of the Medicaid 2.0: Blueprint for the Future, a landmark plan to redesign and modernize New Jersey's Medicaid program. The Blueprint highlighted 24 consensusbased recommendations to improve the quality, and reduce the cost, of the Medicaid program.

The Blueprint received local and national attention. Because of our unique collaborative process, the recommendations have broad support. With additional funding from The Nicholson Foundation, the Quality Institute is now working to implement the recommendations.

# Mayors Wellness Campaign Celebrating its 10th Anniversary



Created 10 years ago in Mayors Wellness Campaign collaboration with the New Jersey State League of Municipalities,

> the Mayors Wellness Campaign (MWC) was formed in response to an Institute of Medicine report on rising rates of obesity. The initial theme, "Putting Our Community in Motion," inspired mayors, recognized by the Quality Institute as local champions of change, to increase opportunities for New Jersey residents to participate in daily physical activity. Today almost 70 percent of New Jersey's municipalities (387) have joined the MWC. The MWC provides local leaders with tools to champion healthy and active living, with the goal of improving the overall health of their communities. Twenty-one towns in the last decade have received

the MWC's prestigious Healthy Town designation for their commitment to improving wellness. MWC programming has expanded over the years to include health promoting activities geared to everyone from children to seniors, and to support higher-need communities through our Healthy Communities create Healthy Citizens project, generously funded by the United Health Foundation. In addition, through funding from the Horizon Foundation for New Jersey, the MWC launched an initiative called "Conversation of Your Life," which provides mayors with straightforward tools to develop and promote a community conversation around end-of-life care planning in a culturally sensitive and accessible way.

**Mission Statement:** To undertake initiatives that promote system changes that ensure quality, safety, accountability, and cost containment are all closely linked to the delivery of health care in New Jersey.

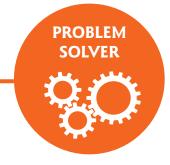
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## QUALITY INSTITUTE ROLE AND IMPACT

As a non-partisan, multi-stakeholder convener, the Quality Institute has accomplished the following over the past year:



- Developed 24 consensus-based recommendations for improving NJ Medicaid, captured in our Medicaid 2.0 Blueprint for the Future.
- Provided common sense prescriptions for health care's ailments via Linda Schwimmer's biweekly blog, **SchwimmerScript**.
- Led the 2016 Annual Innovation Showcase: Using Technology to Transform the Practice of Medicine with the New Jersey Innovation Institute, bringing together **over 250** providers, health care policy experts and technology vendors for the first time.
- Hosted two Quarterly Quality Breakfasts to share hospital safety best practices and alternative pain management methods to opioids and surgery.



- Selected 31 population health **metrics** to support alignment across payment and quality improvement programs as part of New Jersey's State Innovation Model design award.
- Issued recommendations to improve Medicaid provider network directories in partnership with the New Jersey Association for Health Plans.
- Connected **nearly 600 people** in Jersey City, Mercer County and Cumberland County to needed social services by supporting three custom Aunt Bertha social service websites.
- Revamped 30 tools in the MWC toolkit, enabling mayors in 387 municipalities to increase and enhance their health and wellness programming.



- Promoted conversations around end-of-life care planning to **nearly** 4,000 individuals through our expanded Conversation of Your Life program.
- Educated over 500 NJII Garden **Practice Transformation Network providers and Quality Institute members** on population health and clinical quality improvement.
- Informed policy debates around the use of telemedicine and urgent care, and the use of government funding to support Planned Parenthood services for low income women by conducting ongoing statewide polls with the Rutgers Eagleton Center for Public Interest Polling
- Graduated over 80 pharmaceutical executives through our Health Care Policy 360 program.

"The Quality Institute is my go-to organization for innovative solutions and forward-thinking ideas on complex health issues."

Senator Joseph F. Vitale

## QUALITY INSTITUTE BY THE NUMBERS

Linda Schwimmer was listed #17 on the NIBIZ Power 50 Health Care List



CME-accredited Garden **Practice Transformation** Network webinars



new Mayors Wellness Campaign tools



Members forming

the unique QI voice





Shared our policy expertise at



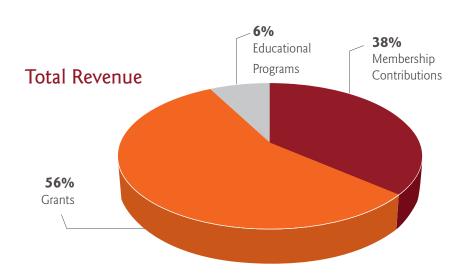




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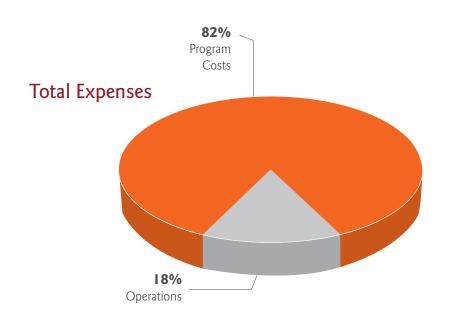
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## FINANCIALS AND GROWTH



### A Special Thanks to Our Grant Funders:

- The Horizon Foundation for New Jersey MWC's Conversation of Your Life
- The New Jersey Innovation Institute QI Collaborative's Practice Transformation work
- The Nicholson Foundation Medicaid 2.0
- The United Health Foundation MWC's Healthy Communities create Healthy Citizens project



"Because of the Quality
Institute's persistence and
leadership, New Jersey
hospitals are national
leaders in quality and safety
transparency."

Leah Binder, President and CEO, The Leapfrog Group

"The Quality Institute is a leader of state-based innovation and the organization's work, particularly in Medicaid, is widely reviewed and respected at the federal level."

Elizabeth Mitchell, President and CEO, Network for Regional Healthcare Improvement

"I'm proud to be the spokesperson for the Quality Institute's Mayors Wellness Campaign which successfully encourages all communities to eat better and be active."

Joetta Clark Diggs, Four-Time Olympic athlete

## QI BEYOND NJ



The Quality Institute leverages the knowledge and expertise of its members by actively engaging with national partners on quality and safety. Through these organizations, we can stay at the forefront of emerging health issues and make the connections we need with other thought-leaders in health care delivery, quality improvement, and payment reform.

# THELEAPFROGGROUP

Linda Schwimmer serves as a board member of The Leapfrog Group, a national nonprofit driving a movement for giant leaps forward in the quality and safety of American health care. The Quality Institute is the Regional Leader for The Leapfrog Group in New Jersey.



The Quality Institute is a member of the Network for Regional Healthcare Improvement (NRHI), a network of multi-stakeholder collaboratives dedicated to the Triple Aim. The Quality Institute serves as the Regional Health Improvement Collaborative (RHIC) for New Jersey and Linda Schwimmer serves on the NRHI Board of Directors.



Linda Schwimmer serves as Vice Chair of the Consensus Standards Approval Committee (CSAC) at the National Quality Forum (NQF). CSAC is the NQF advisory committee responsible for the review and approval of endorsements on quality measures.

## **LOOKING AHEAD TO 2018**



Expanding the **Conversation of Your Life** program to cover eight
New Jersey counties (Bergen,
Burlington, Camden, Gloucester,
Mercer, Middlesex, Monmouth,
Somerset).





Implementing recommendations from the Blueprint with a focus on improving mother and child care, making **Medicaid** cost and utilization data available to the public, and developing a patient centered medical home for children with complex medical needs.





Increasing **transparency** and **quality** in nonhospital settings of care.

Collaborating with health care stakeholders, legislators and the **new administration** to develop priorities on health care access, quality and affordability.



Partnering with Catalyst for Payment Reform to develop a **NJ Payment Reform Scorecard**.

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# New Jersey Health Care Quality Institute Membership

### Leadership Council

Continuum Health Alliance

Eagleton Center for Public Interest Polling

at Rutgers University

Horizon BlueCross BlueShield of NJ

Hospital Alliance of New Jersey

Medical Society of New Jersey

NI Innovation Institute

NI Manufacturers Insurance Company

NJ State Chamber of Commerce

NJ State League of Municipalities

NI State Nurses Association

Planned Parenthood of Northern,

Central & Southern NI

RWJBarnabas Health

VITAS Innovative Hospice Care

### Association Council

American Physical Therapy

Association of New Jersey

**Employers Association of New Jersey** 

Health Care Association of New Jersey

New Jersey Academy of Family Physicians

New Jersey Chapter of the National

Association of Hispanic Nurses

NJ Association for Justice

NJ Association of Community Providers

NJ Association of Health Plans

NJ Association of Mental Health and

Addiction Agencies

NI Association of Nurse Anesthetists

NJ Business & Industry Association

NJ Education Association

NJ Family Planning League

State and Local Government

Benefits Association

### ACO Council

Camden Coalition of Healthcare Providers Healthy Greater Newark ACO

Trenton Health Team

### Consumer Council

AARP of New Jersey

American Cancer Society

American Heart Association

March of Dimes

Medina Community Clinic

Mental Health Association in NI

NJ YMCA State Alliance

Robert Wood Johnson Foundation

Seton Services, LLC

The Nicholson Foundation

### **Education Council**

Rutgers Robert Wood Johnson

Medical School

Rutgers University School of Nursing

### Plan Council

Aetna

**AmeriGroup** 

AmeriHealth New Jersey

Community Care Behavioral Health

UnitedHealth Employer and Individual

WellCare

### Professional &

### Technology Council

Applied Medical Software

**EMET Realty** 

Fox Rothschild LLP

JR Market Strategies, LLC

MD Advantage

Teladoc

Venn Health Partners

ZeOmega

### Provider Council

AtlantiCare Health Solutions

Cancer Treatment Centers of America

Capital Health System

CarePlus NJ

CarePoint Health

Carrier Clinic

Cooper University Hospital Medical Center

Deborah Heart and Lung Center

Hackensack University Medical Center

Henry J. Austin Health Center, Inc.

Holy Name Medical Center

Hunterdon Healthcare

Inspira Health Network

Jefferson Health

JFK Health

Morristown Medical Center -

Atlantic Health

Our Lady of Lourdes Medical Center

Regional Cancer Care Associates LLC

Rutgers Behavioral Health Care

St. Clare's Health System

St. Francis Medical Center

St. Joseph's Regional Medical Center

Samaritan Healthcare & Hospice

Summit Medical Group

Trinitas Regional Medical Center

Valley Health System

Virtua Health System

**VNA** Health Group

Woods Services

### Purchaser Council

Health Professionals & Allied Employees

Northeast Carpenters Funds

Tabula Rasa Healthcare

Unite Here Health

USI Insurance Services, LLC

### Wellness Council

Astellas Pharma US

Genentech

Pfizer

Sanofi

As of October 1, 2017