

Healthy Corners

Accessibility to healthy food is key to the health of a community. In areas that lack supermarkets, residents may need to travel far in order to find nutritious food choices. Those who are unable to do so, often rely on corner stores or convenience stores as their food source. These stores, however, do not always have healthy options available, making it difficult for people to shop and eat healthy.

Help your town by increasing the availability of healthy and affordable foods. Help local corner stores sell fresh fruits and vegetables to area residents.

Agree to Sell Healthy Foods – Work with local corner stores and encourage them to sell fruits and vegetables. When possible have the healthy choice easy to locate and available at a reasonable cost.

Create a Healthy Store Environment – The corner stores should display healthy foods on a “Healthy Corner Shelf or Healthy Display Area”, respond to customer requests, and keep food fresh and food displays clean.

Advertise – Hang up and present flyers or stickers that show which corner stores have healthy options. This will allow the people in your town to know who is participating in your Healthy Corners initiative.

Resources –

[Healthy Corner Stores Network](#)

[Community Toolkit](#)

[Shop Healthy NYC](#)

[The Food Trust](#)

[Report: Making Good Nutrition More Accessible](#)

[Snacking in Children: The Role of Urban Corner Stores](#)

MWC Success Stories:

Be the first success story!

